	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Chels	ugust 20 sey Park Long Terroor Recreation Ca	m Care	12:30 Afternoon Check-in 2:00 Calendar Visits 2:30 Town Hall Meeting 2:20 Health Club Swim 3:15 Garden Walks 6:00 TV Classics 6:30 Planning Evening	9:00 Breakfast Chats 10:00 Lunch Outing To Mackies 10:15 Music Makers (AR) 1:30 Physio Exercises 2:15 Sing with June&Terry 7:00 Bingo Night (AR)	9:00 Breakfast Chats 10:15 What's Cooking (AR) 10:15 Multi Sensory Visits 10:30 Manicures 2:15 Beer fest (AR) 3:15 Individual Programs	10:15 Drum Circle (AR) 1:30 Physio Exercises 2:15 Cell Ensemble (AR) 5:30 Supper Time Visits 7:00 Ballroom Dancing with Joel Horvath (AR)
9:45 10:15 11:00 2:15	Visits Chapel Service with Chris (AR) Physio Exercises	10:00 Civic HOLIDAY 10:00 Civic Holiday Coffee In The Garden 2:00 Treats On The Balcony 3:30 Chat Abouts Karli Is cleaning this evening 7:00 Artist at Work (AR)	7 10:15 Hymn Sing 11:00 Physio Exercises 12:30 Afternoon Check-in 2:00 Chaplain Visits 2:15 Sing-a-long 3:15 I Pad Visits 5:30 Supper Time Visits 6:30 Planning Evening	12:30 Afternoon Check-in 2:15 Rec Cleaning Afternoon 2:20 Health Club Swim 5:00 Sensory Dinner 6:00 Jean's Movie Night 7:00 Karaoke (AR)	10:15 Music Makers (AR) 11:15 Individual Programs 12:00 Recreation Staff Meeting 1:30 Physio Exercises 1:00 Staff Meeting 7:00 Bingo Night (AR)	9:00 Breakfast Chats 10:15 What's Cooking (AR) 10:15 Multi Sensory Visits 10:30 Manicures 2:00 Afternoon Drive	10:15 Coffee Corner On The Balcony 11:15 Individual Visits 1:30 Physio Exercises 2:15 Rowan And Martin's Laugh In
9:45 10:15 11:00 2:15	Visits Chapel Service with David Elliott (AR) Physio Exercises	12:30 Afternoon Check-in 2:15 Music on the Balcony 3:15 Individual Visits 5:30 Supper Time Visits 6:00 TV Classics 6:30 Planning Evening 7:00 Artist at Work (AR) 7:00 Poetry & Tea (AR)	14 10:00 Multi Sensory Visits 10:15 Hymn Sing 10:30 Manicures 11:00 Physio Exercises 11:00 Individual Programs 2:00 Catholic Mass (AC) 2:00 Chaplain Visits 2:15 Sing-a-long with Katie 3:15 I Pad Visits	Spicing up August in India 2:15 Travelogue and Taste Testing in India 2:30 Taste Testing Indian Food 2:30 Individual Visits 2:20 Health Club Swim 3:15 Garden Visits 5:00 Sensory Dinner 7:00 Colors of India	9:00 Breakfast Chats 10:15 Music Makers (AR) 11:15 Walks 1:30 Physio Exercises 2:15 Caribbean Social (AR) 3:15 Visits 7:00 Bingo Night (AR)	9:00 Breakfast Chats 10:15 What's Cooking (AR) 10:15 Multi Sensory Visits 10:30 Manicures 2:00 Afternoon Drive	10:15 Drum Circle – Serenity Garden 1:30 Physio Exercises 2:15 All Request Hour In The Serenity Garden Walks with Katie 6:15 Movie Night
9:45 10:15 11:00 2:15	Visits Chapel Service with Chris (AR) Physio Exercises	12:30 Afternoon Check-in 2:15 Watercolor Painting(AR 3:15 Walks 5:30 Supper Time Visits 6:00 TV Classics 7:00 Individual Visits 7:00 Artist at Work (AR)	10:15 Hymn Sing	12:30 Afternoon Check-in 2:15 1:1 Reading 2:20 Health Club Swim 3:15 Garden Visits 5:30 Supper Time Visits 6:00 Jean's Movie Night 7:00 Karaoke (AR)	10:15 Drum Circle 10:15 Music Makers (AR) 11:15 Mens Lunch Outing 1:30 Physio Exercises 2:00 Chaplain Visits 3:00 Balcony Visits 3:15 I Pad Visits 7:00 Bingo Night (AR)	9:00 Breakfast Chats 10:15 What's Cooking (AR) 10:15 Multi Sensory Visits 10:30 Manicures 2:15 1:1 Reading 3:15 Walks Through the Garden	10:15 Summer Poems on the Balcony 11:15 Individual Visits 1:30 Physio Exercises 2:15 August Birthday Party with David John Kirby (AR)
9:45 10:15 11:00 2:15	Visits Chapel Service with Steve Males (AR) Physio Exercises Sunday Social with Joel Horvath (AR)	12:30 Afternoon Check-in 2:15 Individual Visits 3:15 Balcony Visits 5:30 Supper Time Visits 6:00 TV Classics 5:00 Take—Out Dinner 7:00 Artist at Work (AR)	7 10:00 Multi Sensory Visits 10:30 Manicures 11:00 Physio Exercises 11:15 Individual Programs 2:15 Resident Council (AR) 2:30 Sing-a-long with Katie 3:30 I pad Visits	12:30 Afternoon Check-in 2:15 Wings and Beer Social (RH) 2:20 Health Club Swim 3:15 Individual Visits 5:30 Supper Time Visits 6:00 Jeans Movie Night 7:00 1:1 Reading	10:15 Music Makers (AR) 11:15 Walks 1:30 Physio Exercises 2:15 Balcony Visits 3:15 Individual Visits 7:00 Bingo Night (AR)	9:00 Breakfast Chats 10:15 What's Cooking (AR) 10:15 Multi Sensory Visits 10:30 Manicures 2:15 Hippy Social (AR)	(AR)= ACTIVITY ROOM

For more information please contact Karli in the Recreation Office at ext.224