

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# August 2018

## Chelsey Park Long Term Care 4th Floor Recreation Calendar

			<b>Penny Working 12:30-8:30</b> 10:15 Hope & Reflection 11:00 Chaplain Visits 1:15 Body Balance 1:15 Town Hall Meeting 1:30 Individual Programing 2:20 Health Club Swim 2:30 Individual Programing 3:00 Room to Visits 5:00 Penny's Planning	9:00 Breakfast Chats <b>2</b> 10:00 Music Makers 1:15 Movement Matters 2:15 Sing with June (AR) 3:15 Individual Programs 7:00 Bingo Night (AR)	9:00 Breakfast Chats <b>3</b> 10:00 Manicures and Jokes 10:15 What's Cooking (AR) 11:15 Garden Club Manicures 2:15 Pump It Up 2:15 Beer Fest (AR) 3:00 Individual Programing	10:15 Drum Circle – (AR) <b>4</b> 10:15 Individual Programing 11:00 Parlor Games 2:15 Cello Ensemble Band 7:00 Ballroom Dancing
10:00 Catholic Eucharistic Visits <b>5</b> 10:15 Church Service With Chris (AR) 2:15 Sunday Social with Derek Byrne (AR)	 10:15 Civic Holiday Coffee In The Garden 2:15 Sing-a-long with Katie 3:15 Afternoon Visits Cleaning Evening	9:00 Breakfast Chats <b>7</b> 10:00 Bingo 10:30 Guinness World Records 11:00 Bible Study 11:15 Room Visits 2:15 Hand Massages 3:15 Individual Programs	9:00 Breakfast Chats <b>8</b> 10:00 Serenity Garden Visits 11:00 Room Visits 2:15 Rec Cleaning Afternoon 1:15 Body Balance 6:30 Garden Time 7:00 Karaoke (AR)	9:00 Breakfast Chats <b>9</b> 10:00 Music Makers 10:00 Fit For You walks 11:00 Room Visits 12:00 Recreation Staff Meeting 1:15 Movement Matters 7:00 Bingo Night (AR)	<b>Going Bananas Day!!!</b> <b>10</b> 9:00 Breakfast Chats 10:00 Manicures and Banana Fun Facts, 1:15 Banana Word Game With Prizes 2:15 Pump It Up 2:30 Individual Programing	2:15 Rowan And Martin's Laugh In <b>11</b> 4:45 Multi-Sensory Visits
10:00 Catholic Eucharistic Visits <b>12</b> 10:15 Church Service With David Elliott (AR) 2:15 Sunday Social with Ken Lighthouse (AR) 	9:00 Breakfast Chats <b>13</b> 10:00 Individual Programing 11:00 Room Visits 1:15 Movement Matters 1:15 Summer Craft Afternoon 2:15 Summer Music Request 3:15 Individual Programing 7:00 Artist At Work (AR) 7:00 Poetry and Tea (AR)	9:00 Breakfast Chats <b>14</b> 10:00 Bingo 10:30 Dog Days Of Summer Fun Facts 11:00 Bible Study 11:00 Fit for You walks 1:15 Individual Programing 2:00 Roman Catholic Mass 2:15 Adult Coloring 2:15 Pump It Up 3:15 Individual Programs	<b>Penny Working 12:30-8:30</b> <b>15</b> 10:15 Perspectives 11:00 Chaplain Visits 1:15 Body Balance 1:30 Garden Visits 2:20 Health Club Swim 4:00 Outdoor Walks 5:00 Sensory dinner 6:30 Individual Programing In The Serenity Garden	<b>16</b> 9:00 Breakfast Chats 10:00 Music Makers 1:15 Movement Matters 2:15 Caribbean Social (AR) 3:30 1:1 visits 6:00 Supper Time visits 7:00 Bingo Night (AR)	<b>17</b> 9:00 Breakfast Chats 10:00 Manicures in The Garden 10:15 What's Cooking (AR) 2:15 Pump It Up 2:30 Room Visits and Individual Programing	<b>18</b> 10:15 Drum Circle – Garden 10:15 Individual Programing 2:15 Music Request Hour in the Garden
9:45 Salvation Army Citadel Band <b>19</b> 9:45 Catholic Eucharist Visits 10:15 Chapel Service With Chris (AR) 2:15 Sunday Social with (AR) 	 1:30 Movement Matters 2:15 Watercolor Painting (AR) 3:30 1:1 Visits 7:00 Games Evening 7:00 Artist At Work (AR)	9:00 Breakfast Chats <b>21</b> 10:00 Bingo 10:30 Outrageous stories 11:00 Bible Study 11:15 Individual Programs 2:15 Food Advisory/ Resident's Council 2:30 Sing-a-long with Katie 3:30 I Pad Visits	9:00 Breakfast Chats <b>22</b> 10:00 Penny's Planning 10:15 Perspectives 11:00 Chaplain Visits 1:15 Body Balance 1:15 Drinks and Music in the Garden 3:00 Fit for You Walks 7:00 Karaoke (AR)	<b>A&amp;W Root Beer Day</b> <b>23</b> 10:00 Music Makers 10:00 All about A&W root Beer 11:00 Room Visits and Walks 11:15 Individual Programing 11:30 Men's Lunch Outing 1:15 Movement Matters 1:15 Root Beer Floats in the 3:15 Individual Programs 7:00 Bingo Night (AR)	<b>Have A Peachy Day!!!</b> <b>24</b> 9:00 Breakfast Chats 10:00 Peachy Fun Facts and Manicures 2:15 Pump It Up 2:30 Peach Social 	<b>25</b> 2:15 August Birthday Party With David John Kirby
9:45 Catholic Eucharist Visits <b>26</b> 10:15 Chapel Service With Steve Males (AR) 2:15 Sunday Social with Joe Horvath (AR)	9:00 Breakfast Chats <b>27</b> 10:00 Individual Programing 11:00 Room Visits 1:15 Movement Matters 1:15 Adult Coloring Afternoon 2:15 Summer Music Request 3:15 Individual Programing 7:00 Artist At Work (AR) 7:00 Poetry and Tea (AR)	9:00 Breakfast Chats <b>28</b> 10:00 Bingo 10:30 Bible Study 10:45 Individual Visits 1:15 Serenity Garden 2:15 Individual Programing 3:00 Movement Matters 3:15 Individual Programing	<b>Penny Working 12:30-8:30</b> <b>29</b> 10:15 Perspectives 11:00 Chaplain Visits 1:15 Body Balance 1:30 Garden Visits 2:15 Wings and Beer Social (RH) 4:00 Outdoor Walks 5:00 Sensory dinner 6:30 Individual Programing In The Serenity Garden	<b>30</b> 9:00 Breakfast Chats 10:00 Music Makers (AR) 10:45 Body Balance 2:15 Manicures 3:15 Hand Massages 7:00 Bingo Night (AR)	<b>31</b> 9:00 Breakfast Chats 10:15 What's Cooking (AR) 10:15 Summertime Manicure 11:00 Individual Visits 2:15 Afternoon Drive 3:30 Get Energized 3:15 Individual Programing	 (AR) = ACTIVITY ROOM

For more information please contact Penny in the Recreation Office at ext.224