

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday




Saturday



# September 2018



## Chelsey Park Long Term Care 5th Floor Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> 10:15 Drum Circle – Garden 10:15 Calendar Visits 2:15 Afternoon Games 7:00 Ballroom Dancing
<b>2</b> 9:45 Catholic Eucharistic Visits 10:15 Chapel Service With Chris (AR) 2:15 Sunday Social With Double Take	<b>3</b> Labor Day 9:00 Breakfast Chats 10:15- Name Tag Making (for walkers/wheelchairs) 11:00 Laugh out loud Labor day Jokes 2:15- Labor Day Social (AR) Labor Day	<b>4</b> Back To School 9:00 Breakfast Chats 1:30 Town Hall Meeting 3:00 Movement matters 5:30 Back to School Board Games 6:30 Movie Night	<b>5</b> <u>Food Show</u> 11-12:30 9:00 Breakfast Chats 10:15 Hope & Reflection 11:00 Chaplain Visits 2:15 BINGO (WL) 3:00 Pump it Up	<b>6</b> 10:00 Music Makers 10:45 Body Balance 11:15 Walmart Shopping Trip 2:30 TV Classics 7:00 Bingo Night (AR)	<b>7</b> 10:15 What's Cooking? (AR) 10:15 Hope & Reflection 11:00 Chaplain Visits 11:00 Sparkling Specs & Manicures 2:15 Sing with Richard (AR)	<b>8</b> Western Serves Day 12:00 Photo Booth with Students 
<b>9</b> 9:45 Catholic Eucharistic Visits 10:15 Chapel Service With Steve Males (AR) 2:15 Sunday Social With Grandparents Day	<b>10</b> 9:00 Breakfast Chats 10:15 Music and Bubbles in the Garden 1:30 Board Games afternoon 3:00 TV Classics 7:00 Poet- tree with Chris 7:00 Artist at work (AR) Rosh Hashanah	<b>11</b> WESTERN FAIR DAY 9:00 Breakfast Chats 12:30 Afternoon Check-in 2:00 Western Fair Trip 	<b>12</b> <u>Frankly Scarlet (1-4) (AR)</u> 9:00 Breakfast Chats 10:15 Balloon Toss 11:00 Pond Visits 2:15 BINGO (WL) 3:00 Pump it up 3:15 Garden Visits 7:00 Karaoke (AR)	<b>13</b> 10:00 Music Makers (AR) 10:45 Body Balance 11:00 Science for Seniors 1:15 Nail Spa Afternoon 2:15 Sing with June (AR) 7:00 BINGO Night	<b>14</b> 10:15 What's Cooking? (AR) 10:15 Perspectives 11:15 Morning Walks 2:00 Chaplain Visits 2:15 Sing A Long with Katie 3:30 Individual Programming 3:30 Get Energized	<b>15</b> 10:15 Drum Circle (AR) 10:15 Spa Morning in the Garden with Tea 1:15 Dominos & UNO 2:15 Jack Gaither Gospel 3:00 TV Classics
<b>16</b> 9:45 Catholic Eucharistic Visits 10:15 Chapel Service With Chris (AR) 2:15 Sunday Social With Marilyn Smith	<b>17</b> 9:00 Breakfast Chats 10:15 Talbot Ville Berry Farm Outing 2:15 TV Classics 7:00 Artist at work (AR)	<b>18</b> <u>Terrific Television Tuesday</u> 10:15 TV Trivia 10:45 I Love Lucy Crossword 2:00 Resident Council/Food Advisory Meeting (AR) 2:15 Name that TV Tune 2:15 Watercolours (AR) 3:00 Movement Matters 5:00 Dinner & Matinee (AR)	<b>19</b> 9:00 Breakfast Chats 10:15 Inspire 2:00 Chaplain Visits 2:15 BINGO 3:00 Pump it up Yom Kippur	<b>20</b> 10:00 Music Makers (AR) 10:45 Body Balance 11:15 Morning Manicures & Hand Massages 2:15 Ring Toss (WL) 2:15 Making Lip Balm (AR) 7:00 BINGO Night	<b>21</b> <u>CHOCOLATE CHIP DAY</u> 10:15 What's Cooking (Chocolate chip cookies) 11:15- Chocolate Trivia 1:15 Chocolate Cookies in the Garden 2:15 Sing with Rich (AR) 3:15 Individual Programming	<b>22</b> 2:15 Apple Social with Peter Mennie 7:00 Paint Nite Autumn Begins Oktoberfest Begins
<b>23</b> 9:45 Catholic Eucharistic Visits 10:15 Chapel Service With David Elliott (AR) 2:15 Sunday Social With Walt Lonc	<b>24</b> 9:00 Breakfast Chats 10:15 End of Summer Walks & Refreshments in the Garden 2:15 Lets Play Board Games 3:15 Movie Classics 7:00 Artist at work (AR) 7:00 Celebration of Life Sukkot	<b>25</b> 9:00 Breakfast Chats 10:15 Lets Sing! Karaoke 11:15 IPAD & Dog/Cat Visits 1:30 RC Mass 1:45 Resident Council 2:15 Memory Box (WL)	<b>26</b> <u>WELCOME FALL</u> 10:15 Random Facts/Trivia about Autumn 10:45 Fall Leaf Craft 11:15 Fall out of your chair laughing Jokes 2:00 BINGO 3:00 Pump it up 7:00 Karaoke (AR)	<b>27</b> 10:00 Music Makers (AR) 10:45 Body Balance 11:15: Sparkling Specs & Individual Programming 2:15 Sing with June: Tribute to the 50's & 60's (AR) 7:00 BINGO Night	<b>28</b> <u>Brescia Students Visit</u> 10:00 Making Turkey Craft 11:30 Morning Visits  2:00 Chaplain Visits 2:00 Afternoon Drive	<b>29</b> 10:15 Drum Circle (AR) 11:15 Individual Programming 2:15 September Birthday Party With Bob Finlay
<b>30</b> Salvation Army Citadel Out Front Of 310 9:45 Catholic Eucharistic Visits 10:15 Chapel Service With Chris (AR) 2:15 Sunday Social With Gary McGill	Keep an eye out for weekly volunteer pet visits, walks, Catholic Eucharistic Visits and manicures!					

For more information please contact Jada in the Recreation Office at ext.224

(AR)- Activity Room (WL)- WINDOW Lounge (5<sup>th</sup>)