

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



4th Floor

<p>1 10:15 Coffee and Treats (AR) 7:00 Ballroom Dancing (AR)</p>					
<p>2 9:00 Breakfast Chats 10:00 Catholic Eucharistic Visits 10:15 Church Service with Steve Males 1:30 Exercises 2:15 Sunday Social with Leann Mayer (AR)</p>	<p>3 10:15 Word Games 11:15 Friendly Visits 1:30 Movement Matters 2:15 Games Afternoon 7:00 Poet Tree (AR) First Day of Hanukkah</p>	<p>4 10:15 Town Hall Meeting 10:45 Trivia and Fun Facts 2:15 Travelogue 3:15 Montessori Visits</p>	<p>5 <u>Frankly Scarlet 1-4pm</u> 10:15 Hope & Reflection 1:30 Body Balance 2:15 Word Games 3:15 Walks 7:00 Christmas Karaoke (AR)</p>	<p>6 10:00 Music Makers (AR) 2:15 Bowling (AR) 7:00 Bingo Night (AR)</p>	<p>7 10:15 What's Cooking (AR) 1:30 Pump It Up 2:15 Musical Ball Toss 3:15 Friendly Visits</p>
<p>9 9:00 Breakfast Chats 10:00 Catholic Eucharistic Visits 10:15 Church Service with Chris 11:00 Exercises 2:15 Sunday Social with Jim Ashby (AR)</p>	<p>10 1:30 Movement Matters 2:15 Lobster Trivia 3:15 Visits 7:00 Games Evening</p>	<p>11 9:00 Breakfast Chats 10:00 Christmas Bingo 10:45 Christmas videos 2:00 Pump It Up 2:00 Roman Catholic Communion (AR) 2:00 Adult Coloring</p>	<p>12 1:30 Body Balance 2:15 Manicures 3:15 Walks 7:00 TV Classics</p>	<p>13 10:00 Music Makers (AR) 2:15 Bowling (AR) 7:00 Bingo Night (AR)</p>	<p>14 10:15 What's Cooking (AR) 10:15 Word Games 11:15 iPad Visits 1:30 Pump It Up 2:15 Student Christmas Carols (AR)</p>
<p>16 9:00 Breakfast Chats 10:00 Catholic Eucharistic Visits 10:15 Church Service with David Elliott (AR) 1:30 Exercises 2:15 Sunday Social with David John Kirby (AR)</p>	<p>17 10:15 Word Games 11:15 Friendly Visits 1:30 Movement Matters 2:15 Games Afternoon 5:00 Lobster Dinner (AR) 7:00 You Tube Inspire Video & Discussion (AR)</p>	<p>18 10:00 Christmas Bingo 11:15 Montessori Visits 2:15 Eagle Heights Christmas Social (AR) 7:00 Resident Council/ Food Advisory Meeting</p>	<p>19 10:15 Perspectives 1:30 Body Balance 2:00 Chaplain Visits 2:15 Manicures 3:15 Walks 4:00 Lights Tour</p>	<p>20 10:00 Music Makers (AR) 2:15 Bowling (AR) 7:00 Bingo Night (AR)</p>	<p>21 10:15 What's Cooking (AR) 10:15 Word Games 1:30 Pump It Up 2:15 Christmas Movie Matinee Winter Begins</p>
<p>23 9:00 Breakfast Chats 10:00 Catholic Eucharistic Visits 10:15 Christmas Candlelight Service with Chris 1:30 Exercises 2:15 Sunday Social with Ken Lighthouse (AR)</p>	<p>24 1:30 Movement Matters 10:15 Past Christmas Traditions 11:15 Visits 2:15 Cozy Christmas Sing-Along (AR)</p>	<p>25 CHRISTMAS DAY MERRY CHRISTMAS Watch for Santa and his Elves this morning! 12:00 Christmas Brunch Christmas Day</p>	<p>26 1:30 Body Balance 2:15 Movie Afternoon (AR) 7:00 Hot Chocolate and Music Kwanzaa Begins</p>	<p>27 10:00 Music Makers (AR) 2:15 Bowling (AR) 7:00 Bingo Night (AR)</p>	<p>28 10:15 What's Cooking (AR) 1:30 Pump It Up 2:15 Manicures</p>
<p>30 9:00 Breakfast Chats 10:00 Catholic Eucharistic Visits 10:15 Church Service 1:30 Exercises 2:15 Sunday Social with Joel Horvath (AR)</p>	<p>31 10:15 Music with Emily 11:15 New Years Trivia 1:30 Movement Matters 2:15 New Years Eve Social New Year's Eve</p>	<p>Keep an eye out for weekly volunteer pet visits, Catholic Eucharistic Visits and manicures!</p>			

For more information please contact Karli or Tyler in the Recreation Office at ext. 224

