

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>January 2019</i>  <b>Chelsey Park Long Term Care</b>  <b>Recreation Calendar: 3<sup>rd</sup></b></p>		<p><b><u>New Years Day!</u></b> 1  10:15 New Years Trivia  And Hot Chocolate (AR)  11:00 Exercises  12:30 Lunch Visits  1:30 Sing in the New Year (NL)  2:15 Beach Volleyball (NL)</p> <p style="text-align: center;">New Year's Day</p>	<p>2  10:15 TV Classics  12:30 Lunch Visits  2:15 Word Games  3:00 iPad Visits  2:20 Health Club Swim  5:00 Supper Time Visits  7:00 Travelogue</p>	<p>3  12:30 Lunch Visits  1:30 Exercises  2:15 Indoor Bowling (AR)  7:00 Bingo Night (AR)</p>	<p>4  10:15 What's Cooking (AR)  10:15 Multi-Sensory Visits  10:30 Music &amp; Manicures  12:30 Lunch Visits  2:15 Sing With Rich (AR)</p>	<p>5  10:15 Drum Circle (AR)  1:30 Exercises  2:15 Winter Bingo (AR)  7:00 Ballroom Dancing (AR)</p> 
<p>6  9:00 Breakfast Chats  10:00 Catholic Eucharistic Visits  10:15 Church Service with Chris (AR)  11:00 Exercises  2:15 Sunday Social with Bob Findlay(AR)</p>	<p>7  10:15 In the News (NL)  10:45 Trivia and Fun Facts  12:30 Lunch Visits  2:15 Heartbeats Club  3:00 Town Hall Meeting  5:00 Supper Time Visits  7:00 Multi-Sensory Visits</p>	<p>8  <b><u>Elvis Lives Day</u></b>  10:15 Hymn Sing  11:00 Exercises  12:30 Lunch Visits  2:15 Catholic Mass (AR)  2:15 Name that Elvis Song  5:00 Popeye's and Elvis Movie (AR)</p>	<p>9  12:30 Lunch Visits  2:15 Word Games  2:20 Health Club Swim  3:00 Sing Along (NL)  5:00 Supper Time Visits  7:00 iPad Visits</p>	<p>10  10:15 Music Makers (AR)  10:15 Friendly Visits  12:30 Lunch Visits  1:30 Exercises  2:15 Indoor Bowling (AR)  7:00 Bingo Night (AR)</p>	<p>11  10:15 What's Cooking (AR)  12:30 Lunch Visits  2:15 Multi-Sensory Visits  3:00 TV Classics</p>	<p>12  10:15 Heartbeats Club (AR)  1:30 Exercises  2:15 Multi-Sensory Visits  2:30 Manicures</p>
<p>13  9:00 Breakfast Chats  10:00 Catholic Eucharistic Visits  10:15 Church Service with Steve Males (AR)  11:00 Exercises  2:15 Sunday Social with Mike Griffin(AR)</p>	<p>14  <b><u>Diva Club Spa Day</u></b>  8:15 Women's Diva Breakfast  12:30 Lunch Visits  2:15 Diva Spa Afternoon (AR)  5:00 Supper Time Visits  7:00 Poet Tree (AR)</p>	<p>15  10:15 Hymn Sing  11:00 Exercises  12:30 Lunch Visits  1:30 Sing with June  2:15 Beach Volleyball (NL)  5:00 Supper Time Visits  7:00 Musical Bingo (NL)</p>	<p>16  10:15 Get Crafty  11:00 Walk and Talk  12:30 Lunch Visits  2:15 Word Games  2:20 Health Club Swim  5:00 Supper Time Visits  7:00 Sing Along</p>	<p>17  10:15 Music Makers (AR)  10:15 Funny Animal Videos  12:30 Lunch Visits  1:30 Exercises  2:15 Indoor Bowling (AR)  7:00 Bingo Night (AR)</p>	<p>18  10:15 What's Cooking (AR)  10:15 Multi-Sensory Visits  10:30 Music &amp; Manicures  12:30 Lunch Visits  2:00 Giant Tiger Shopping Trip</p>	<p>19  10:15 Drum Circle (AR)  1:30 Exercises  2:15 Coffee, Donuts and Comedy Hour (AR)</p>
<p>20  9:00 Breakfast Chats  10:00 Catholic Eucharistic Visits  10:15 Church Service with Chris (AR)  11:00 Exercises  2:15 Sunday Social with Jim Ashby AR)  2:30 Sing-Along</p>	<p>21  10:15 In the News  10:45 Trivia and Fun Facts  12:30 Lunch Visits  2:15 Heartbeats Club  3:00 Finish the Line  5:00 Supper Time Visits  7:00 Relaxation Group</p> <p style="text-align: center;">Martin Luther King Day Tu B'Shevat</p>	<p>22  10:15 Hymn Sing  11:00 Exercises  12:30 Lunch Visits  2:15 Men's Club (AR)  3:30 Walk and Talk  5:00 Supper Time Visits  7:00 Karaoke (AR)</p>	<p>23  12:30 Lunch Visits  2:15 Education 101  2:20 Health Club Swim  3:00 Travelogue  5:00 Supper Time Visits  7:00 Word Games</p>	<p>24  10:15 Music Makers (AR)  10:15 Drum Circle  12:30 Lunch Visits  1:30 Exercises  2:15 Indoor Bowling (AR)  7:00 Bingo Night (AR)</p>	<p>25  <b><u>Robbie Burns Day</u></b>  10:15 What's Cooking (AR)  10:00 Fun Facts about Robbie  10:30 Music &amp; Manicures  12:30 Lunch Visits  2:15 Family Feud (AR)</p>	<p>26  10:15 Multi-Sensory Visits  10:30 Manicures  1:30 Exercises  2:15 January Birthday Party With Greg Lirette (AR)</p>
<p>27  9:00 Breakfast Chats  10:00 Catholic Eucharistic Visits  10:15 Church Service with David Elliott  11:00 Exercises  2:15 Sunday Social with Joel Horvath AR)</p>	<p>28  12:30 Lunch Visits  2:15 Heartbeats Club  3:00 Learn Something New  7:00 Celebration of Life (AR)</p> <p style="text-align: center;">Australia Day (observed)</p>	<p>29  10:15 Hymn Sing  11:00 Exercises  12:30 Lunch Visits  2:15 Beach Volleyball (NL)  5:00 Candlelight Dinner (AR)  *Reservations Only*  7:00 Musical Bingo</p>	<p>30  <b><u>Multi- Cultural Day</u></b>  12:30 Lunch Visits  2:15 Multi Cultural Day Social (AR)  2:20 Health Club Swim  5:00 Supper Time Visits  7:00 Games Night</p>	<p>31  10:15 Music Makers (AR)  10:15 Sing Along (NL)  12:30 Lunch Visits  1:30 Exercises  2:15 Indoor Bowling (AR)  7:00 Bingo Night (AR)</p>	<p>Keep an eye out for weekly Volunteer Pet Visits, Catholic Eucharistic Visits and Manicures!</p>	

For more information contact Emily in the Recreation office at ext. 228