

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p align="center"><i>January 2019</i> <b>Chelsey Park Long Term Care Recreation Calendar: 5<sup>th</sup> Floor</b></p>	<p align="center"><b>HAPPY NEW YEAR</b> <u>New Years Day</u> 10:15 New Years Hot Chocolate Social (AR) 1:15 Movement Matters 2:15 New Years Fun Facts and Trivia <small>New Year's Day</small></p>	<p>8:30 Morning Chats 10:30 BINGO 11:30 Sparkling Specs 2:15 Town Hall Meeting 2:15 Health Club Swim 3:00 Calendar Visits 3:00 Pump it Up</p>	<p>8:30 Morning Chats 10:30 Manicures &amp; Sparkling Specs 11:00 Body Balance 2:15 Bowling League (AR) 7:00 Bingo Night (AR)</p>	<p>8:30 Morning Chats 10:00 Perspectives 10:15 What's Cooking?(AR) 10:30 Word Games (WL) 2:15 Sing with Rich (AR) 3:30 Get Energized</p>	<p>10:15 Coffee Time 10:15 Drum Circle (AR) 2:00 Winter Bingo 4:45 Multi-Sensory Visits 7:00 Ballroom Dancing (AR)</p> 
<p>9:45 Catholic Eucharistic Visits 10:15 Chapel Service With Chris (AR) 2:15 Sunday Social With Bob Findlay (AR)</p>	<p>8:30 Morning Chats 10:30 Winter Water Painting Morning 11:30 Sparkling Specs 2:00 TV Classics 2:15 Individual Programming</p>	<p align="center"><u>Elvis Lives Day</u> 12:30 Afternoon check in 2:15 Name that Elvis Song 3:00 Movement Matters 5:00 Popeye's and Elvis Movie (AR)</p>	<p>8:30 Morning Chats 10:00 Hope &amp; Reflection 10:30 BINGO 11:00 Chaplain Visits 2:15 Health Club Swim 2:15 Trivia 3:00 Pump it Up</p>	<p>8:30 Morning Chats 10:15 Music Makers 11:00 Body Balance 2:15 Bowling League (AR) 7:00 Bingo Night (AR)</p>	<p>8:30 Morning Chats 10:15 What's Cooking? (AR) 10:30 Thumb ball Pass Game 2:00 Walmart Shopping Trip 3:30 Get Energized</p>
<p>9:45 Catholic Eucharistic Visits 10:15 Chapel Service With Steve Males (AR) 2:15 Sunday Social With Mike Griffin (AR)</p>	<p align="center"><u>Diva Club Day</u> 8:15 Diva Club Breakfast 2:15 Diva Club: Spa Afternoon 7:00 Poet Tree (AR)</p>	<p>8:30 Morning Chats 10:30 Word Games 11:30 Sensory Visits 1:30 Sing with June 3:00 Movement Matters</p>	<p>8:30 Morning Chats 10:30 BINGO 11:30 Individual Programming 2:15 Health Club Swim 2:15 TV Classics 3:00 Pump it Up</p>	<p>8:30 Morning Chats 10:15 Music Makers 10:30 Manicures &amp; Sparkling Specs 11:00 Body Balance 2:15 Bowling League (AR) 7:00 Bingo Night (AR)</p>	<p>8:30 Morning Chats 10:15 What's Cooking? (AR) 10:30 TV Classics 10:15 Chaplain Visits 2:15 Ring Toss (WL) 3:30 Get Energized</p>
<p>9:45 Catholic Eucharistic Visits 10:15 Chapel Service With Chris (AR) 2:15 Sunday Social With Jim Ashby (AR)</p>	<p align="center"><u>English Toffee Day</u> 8:30 Morning Chats 10:30 Making English Toffee! (Recreation Kitchen) 2:15 English Toffee Word Games (WL) <small>Martin Luther King Day Tu B'Shevat</small></p>	<p>12:30 Afternoon Check in 2:15 Men's Club (AR) 3:00 Movement Matters 7:00 Karaoke night</p>	<p>8:30 Morning Chats 10:00 Inspire 10:30 BINGO 11:00 Chaplain Visits 2:15 Education 101 (AR) 2:15 Health Club Swim 3:00 Pump it Up</p>	<p>8:30 Morning Chats 10:15 Music Makers 11:00 Body Balance 2:15 Bowling League (AR) 7:00 Bingo Night (AR)</p>	<p>8:30 Morning Chats 10:15 What's Cooking? (AR) 2:15 Family Feud (AR) 3:30 Get Energized</p>
<p>9:45 Catholic Eucharistic Visits 10:15 Chapel Service With David Elliott(AR) 2:15 Sunday Social With Joel Horvath (AR)</p>	<p>8:30 Morning Chats 10:15 Finding Word Game 2:15 Winter Craft Corner 7:00 Celebration of Life Service (AR) <small>Australia Day (observed)</small></p>	<p>8:30 Morning Chats 10:30 Board Game Morning 2:15 Movie Classic 3:00 Movement Matters 5:00 Candlelight Dinner (AR) <i>*Reservations Only*</i></p>	<p align="center"><u>Multi Cultural Day</u> 8:30 Morning Chats 10:30 BINGO 2:15 Multi-Cultural Day Social (AR) 2:15 Health Club Swim 3:00 Pump it Up</p>	<p>8:30 Morning Chats 10:15 Music Makers 10:30 Manicures &amp; Sparkling Specs 11:00 Body Balance 2:15 Bowling League (AR) 7:00 Bingo Night (AR)</p>	<p align="center">Keep an eye out for weekly Volunteer Pet Visits, Catholic Eucharistic Visits and Manicures!</p>

For More information contact Jada in the Recreation office at ext 224