

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday



Saturday



February 2019

2nd Floor



 <h1>February 2019</h1> <h2>2nd Floor</h2> 		1 10:15 What's Cooking?-AR 2:15 Sing with Rich -AR	2 <u>Groundhog Day</u> 10:15 Drum Circle (AR) 11:00 Get Energized 2:15 Groundhog Day: The Movie -AR 7:00 Ballroom Dancing -AR			
3 <u>Super Bowl Sunday</u> 9:45 Catholic Eucharistic Visits 10:15 Chapel Service With Chris -AR 2:00 Chaplain Visits 2:15 Sunday Social With Double Take-AR 6:00 Super Bowl Party-	4 <u>Tea Day</u> 10:00 High Tea- AR 10:30 The History of Tea 10:45 Uses for Used Tea Bags 11:00 Movement Matters 11:15 Movie Outing To Landmark	5 <u>Chinese New Year</u> 9:45 Individual Visits 10:00 Town Hall Meeting- 10:30 Facts And Figures 10:45 Year Of The Pig 11:00 Pump It Up	6 <u>Queen Elizabeth</u> 9:30 Royal Visits 10:00 Bingo 10:30 Which Queen Am I? 11:00 Body Balance 2:00 Games Afternoon 2:20 Health Club Swim	7 10:00 Music Makers -AR 11:00 Body Balance Elisabeth will be in at 1:00 2:15 Bowling 7:00 Bingo Night -AR	8 10:15 What's Cooking? AR 10:15 Perspectives 2:00 Chaplain Visits	9 10:15 Heartbeats Club 11:00 Get Energized 2:00 Fancy Fingers 3:00 Afternoon Chats
10 9:45 Catholic Eucharistic Visits 10:15 Chapel Service With David Elliott-AR 2:15 Sunday Social With Cam Denomme -AR	11 9:45 Individual Visits 10:00 Word Games 11:00 Movement Matters 1:30 Chaplain Visits 2:15 Diva Club: 2 Hands Clay - AR 2:30 Sing-Along 7:00 Poet Tree (AR)	12 9:45 Individual Visits 11:00 Pump It Up 2:00 Roman Catholic Mass: AR	13 11:00 Body Balance 2:15 Wine & Cheese AR 2:20 Health Club Swim 7:00 Sing-a-Long AR	14 <u>Valentine's Day</u> 10:00 Music Makers AR 10:00 Bingo- NL 10:30 Valentine History 11:00 Body Balance-NL 2:15 Valentine's Day Social With Greg- AR 7:00 Bingo Night -AR	15 9:45 Individual Visits 10:00 Rosa Park Quotes 10:15 What's Cooking-AR 10:15 Black History In London 11:00 iPad Visits	16 10:15 Drum Circle (AR) 11:00 Get Energized 2:15 Snowflake Bingo -AR 2:30 Sing-Along
17 <u>Daytona 500</u> 9:45 Catholic Eucharistic Visits 10:15 Chapel Service With Chris -AR 2:15 Sunday Social With Jim Ashby -AR	18 <u>Family Day</u> 9:45 Individual Visits 10:00 Famous Families 10:30 Family Humour 11:00 Movement Matters 2:15 Family Feud Social AR	19 9:45 Individual Visits 10:00 Women Of Science 10:30 Did You Know? 10:45 Humour Time 11:00 iPad Visits 11:00 Pump It Up 2:15 Sing with June -AR	20 9:45 Individual 10:00 Bingo 11:00 Body Balance 2:00 Games Afternoon 2:20 Health Club Swim	21 10:00 Music Makers -AR 11:00 Body Balance 2:15 Bowling 7:00 Bingo Night -AR	22 <u>Black History Day</u> 10:15 What's Cooking-AR 10:15 Hope & Reflection 2:00 Chaplain Visits 2:15 Black History Social 2:45 Black History: Bringing Art & History Together -AR	23 10:15 Manicure Morning 11:00 Get Energized 2:15 February Birthday Party with Leanne Mayer -AR
24 9:45 Catholic Eucharistic Visits 10:15 Chapel Service With Steve Males-AR 2:15 Sunday Social With Bob Finlay -AR	25 9:45 Individual Visits 10:15 Word Games 11:00 Movement Matters 1:30 Chaplain Visits 2:15 Men's Club - AR 2:30 Inspire 7:00 Inspirational Video And Discussion AR	26 9:45 Individual Visits 10:00 Short Stories 10:30 Question Period 11:00 Pump It Up 2:00 Scavenger Hunt 2:15 Resident's Council & Food Advisory Meeting -AR	27 <u>Chocolate Day</u> 10:00 Chocolate Trivia 10:15 Chocolate Quotes 11:00 Body Balance 2:00 Willie Wonka And The Chocolate Factory 2:20 Health Club Swim 7:00 Sing-a-Long -AR	28 10:00 Music Makers -AR 10:00 Bingo 10:30 Funky Trivia 11:00 Body Balance 2:15 Bowling 7:00 Bingo Night -AR	AR = Activity Room SL = South Lounge NL = North Lounge EL = Elevator Lounge	