

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2019

Fourth Floor Recreation Calendar

			<p>1</p> <p>10:00 Town Hall Meeting 10:30 In The News 1:30 Body Balance -NL 2:00 Euchre- AR 2:20 Health Club Swim</p>	<p>2</p> <p>10:00 Music Makers -AR 2:15 Balloon Toss-AR 7:00 Bingo-AR</p>	<p>3</p> <p>10:15 What's Cooking? 1:30 Get Energized 2:00 Sing with Rich -AR</p>	<p>4</p> <p>10:15 Hot Chocolate, Trivia and Treats-AR 7:00 Ballroom Dancing-AR</p>
<p>5</p> <p><u>Cinco de Mayo Day</u> 9:45 Eucharistic Visits 10:15 Chapel Service With Steve Males 1:30 Movement Matters 2:15 Sunday Social- AR With Derek Byrne</p>	<p>6</p> <p>10:15 Poet Facts- NL 11:00 Friendly Visits 2:00 Manicures 3:00 Word Games 7:00 Poet Tree-AR 7:00 Artists at work-AR</p>	<p>7</p> <p>10:00 Individual Programming 1:30 Pump it Up -NL 7:00 Volunteer Manicures</p>	<p>8</p> <p>10:00 Hope & Reflection 1:30 Body Balance -NL 2:00 Euchre (AR) 2:15 Adult Colouring-EL 2:20 Health Club Swim</p>	<p>9</p> <p>10:00 Music Makers -AR 2:15 Bean Bag Toss- AR 7:00 Bingo-AR</p>	<p>10</p> <p>10:15 What's Cooking? 1:30 Get Energized 2:15 Individual Programming</p>	<p>11</p> <p><u>ALZHEIMER'S WALK</u> 10:00 Alzheimer's Walk At Springbank Gardens 11:00 Get Energized 7:00 Drum Circle (AR)</p>
<p>12</p> <p><u>Mother's Day</u> 9:45 Eucharistic Visits 10:15 Chapel Service With Chris -AR 1:30 Movement Matters 2:15 Mother's Day With Joel Horvath -AR</p>	<p>13</p> <p><u>MAKEOVER MONDAY</u> 10:00 Ladies Makeovers & photo shoot in the Garden 2:00 Ladies Makeovers 7:00 Artists at work-AR 7:00 Sing Along-SL</p>	<p>14</p> <p>10:15 Bingo 1:30 Pump it Up -NL 2:00 Roman Catholic Mass -AR 7:00 Movie Night-AR 7:00 Volunteer Manicures</p>	<p>15</p> <p><u>Chocolate Chip Cookie Day</u> 10:15 In The News 11:00 Friendly Visits 1:30 Body Balance -NL 2:00 Word Games 2:20 Health Club Swim</p>	<p>16</p> <p>10:00 Music Makers -AR 2:15 Horse Racing- AR 7:00 Bingo-AR</p>	<p>17</p> <p>10:15 What's Cooking? 1:30 Get Energized 2:00 Small Group Program 3:00 Sing Along</p>	<p>18</p> <p>10:15 A to Z May Flowers 2:15 Sunny Afternoon Walks & Garden Visits</p>
<p>19</p> <p>9:45 Eucharistic Visits 10:15 Hymn Sing (AR) 1:30 Movement Matters 2:15 Sunday Social AR With Mike Griffin</p>	<p>20</p> <p>10:15 Friendly Visits 2:15 Individual Programming 7:00 Artists at work-AR 7:00 Inspirational Video & Discussion (AR)</p>	<p>21</p> <p>10:15 Bingo 1:30 Pump it Up -NL 2:15 Sing with June -AR 7:00 Volunteer Manicures</p>	<p>22</p> <p>10:00 Perspectives 1:30 Body Balance -NL 2:15 Sing Along-EL 2:20 Health Club Swim</p>	<p>23</p> <p>10:00 Music Makers -AR 2:15 Individual Programming 7:00 Bingo-AR</p>	<p>24</p> <p>11:00 Individual Programming 1:30 Get Energized</p>	<p>25</p> <p>10:15 Things in a Bag- NL 2:15 May Birthday Party With Leanne Mayer 7:00 Drum Circle-AR</p>
<p>26</p> <p><u>SPRING SALE</u> <u>10:15-3:15</u> 9:45 Eucharistic Visits 1:30 Movement Matters Enjoy the day touring our annual Spring Sale in the Activity Room, Lobby and Solarium</p>	<p>27</p> <p>10:15 Friendly Visits 2:15 Individual Programming 7:00 Artists At Work- AR</p>	<p>28</p> <p>10:15 Bingo 1:30 Pump it Up -NL 2:15 Resident Council/ Food Advisory Meeting (AR) 7:00 Musical Bingo-WL 7:00 Volunteer Manicures</p>	<p>29</p> <p>10:15 In The News 1:30 Body Balance -NL 2:00 Euchre- AR 2:20 Health Club Swim</p>	<p>30</p> <p>10:00 Music Makers -AR 2:15 Parachute- AR 7:00 Bingo-AR</p>	<p>31</p> <p>10:15 What's Cooking? 1:30 Get Energized 2:00 Craft Corner 3:15 Friendly Visits</p>	

