

| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday  |
|--|---|---|--|---|--|---|
|   | <b>CANADA DAY 1</b><br>10:15 Canada Day Trivia<br>10:30 Balcony Visits<br>2:15 Canada Day Social With Mike Griffin<br><br>Wear Red & White!                                 | <b>2</b><br>10:00 Drum Circle (AR)<br>10:15 Bingo<br>1:30 Pump it Up-NL<br>2:15 Town Hall Meeting<br>2:45 Sparkling Specs   | <b>3</b><br>10:00 Hope & Reflection<br>10:15 Individual Programming<br>1:30 Body Balance-NL<br>2:15 Euchre – AR<br>2:20 Health Club Swim | <b>4</b><br>10:00 Music Makers –AR<br>2:15 Shuffle Board-AR<br>7:00 Bingo -AR   | <b>5</b><br>10:15 What's Cooking? - AR<br>10:30 Visits<br>1:30 Get Energized<br>2:15 Sing with Rich                                  | <b>6</b><br>11:00 Anna Mae's Lunch Outing<br>2:15 Summer Bubbles in the Garden<br>7:00 Ballroom Dancing With Joel Horvath |
| 9:45 Salvation Army Band In the Front<br>9:45 Eucharistic Visits<br>10:15 Chapel Service With Steve Males<br>11:00 Movement Matters<br>2:15 Sunday Social- AR With Derek Byrne | <b>7</b><br>10:15 Individual: Try Something New Today!<br>2:15 Individual Programming<br>7:00 Artists At Work- AR<br>7:00 Poet Tree (AR)                                    | <b>8</b><br><b>Cow Appreciation Day 9</b><br>10:15 Bingo<br>1:30 Pump it Up-NL<br>2:15 Cow facts<br>2:30 Learn to Milk a Cow<br>3:00 Pro Rodeo Videos                             | <b>10</b><br>10:15 In The News<br>1:30 Body Balance-NL<br>2:15 Euchre – AR<br>2:20 Health Club Swim                                      | <b>11</b><br>10:00 Music Makers –AR<br>11:00 Body Balance –NL<br>2:15 Shuffle Board-AR<br>7:00 Bingo Night -AR  | <b>12</b><br>10:15 What's Cooking<br>10:45 Mackies Lunch Outing in Port Stanley<br>1:30 Get Energized<br>2:15 Individual Programming | <b>13</b><br>10:15 Heartbeats Club-AR<br>3:00 Sing-Along  |
| 9:45 Eucharistic Visits<br>10:15 Chapel Service With Chris<br>11:00 Movement Matters<br>2:15 Sunday Social- AR With Walter Lonc  | <b>14</b><br><b>To the Moon &amp; Back 15</b><br>10:15 Apollo 11 Facts<br>10:30 Name That Constellation<br>2:15 The Martian Film<br>7:00 Artists At Work- AR                | <b>16</b><br>11:00 Mini Golf & Lunch Outing to Waltzing Weasel<br>1:30 Pump it Up-NL<br>2:15 Sing With June   | <b>17</b><br>10:00 Perspectives<br>11:00 Body Balance<br>1:30 Body Balance-NL<br>2:15 Afternoon in the Garden<br>2:20 Health Club Swim   | <b>18</b><br>10:00 Music Makers –AR<br>2:15 Shuffle Board-AR<br>7:00 Bingo -AR  | <b>19</b><br>10:15 What's Cooking? - AR<br>10:15 Friendly Visits<br>1:30 Get Energized<br>1:30 Bowling at Fleetway                   | <b>20</b><br>11:00 Get Energized<br>11:00 Home County Music & Art Festival  |
| 9:45 Eucharistic Visits<br>10:15 Chapel Service With David Elliott<br>11:00 Movement Matters<br>2:15 Sunday Social- AR With Jim Ashby  | <b>21</b><br>10:15 Individual: Try Something New Today!<br>7:00 Artists At Work- AR<br>7:00 Inspirational Videos  | <b>22</b><br>10:15 Bingo<br>1:30 Pump It Up-NL<br>2:15 Travelogue<br>2:45 Balcony Visits & Manicures  | <b>23</b><br>10:15 In The News<br>10:30 4 Pictures, 1 Word<br>1:30 Body Balance-NL<br>2:15 Euchre – AR<br>2:20 Health Club Swim          | <b>24</b><br>10:00 Music Makers –AR<br>2:15 Shuffle Board-AR<br>7:00 Bingo Night -AR  | <b>25</b><br>10:15 What's Cooking? - AR<br>11:00 Horse Barn Outing<br>1:30 Get Energized   | <b>26</b><br>10:15 Individual: Meet A New Friend Today!<br>2:30 June Birthday Party With Georgina Rae                     |
| 9:45 Eucharistic Visits<br>10:15 Hymn Sing (AR)<br>11:00 Movement Matters<br>2:15 Sunday Social- AR With Joel Horvath  | <b>27</b><br><b>The Fabulous 50's 29</b><br>10:15 50's News Stories<br>10:30 Remember the 50's<br>2:15 50's Hits Sing Along<br>3:15 Grease Film<br>7:00 Artists At Work- AR | <b>28</b><br><b>Hot Diggity Dog Day 30</b><br>10:15 Bingo<br>12:00 Hot Dog BBQ in The Garden<br>1:30 Pump it Up-NL<br>2:00 A Dog Movie<br>2:00 Resident Council/ Food Advisory-AR | <b>29</b><br>10:15 Individual Programming in the Garden!<br>1:30 Body Balance-NL<br>2:15 Euchre – AR<br>2:20 Health Club Swim            | <b>July 2019</b><br><b>FOURTH FLOOR</b><br><b>RECREATION CALENDAR</b>  |  |   |