


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>October 2019</p> <p>2nd Floor Recreation Calendar</p> 		<p>1</p> <p>10:15 Town Hall Meeting 11:00 Pump It Up 2:15 Crafters Corner 3:30 Visits</p>	<p>2</p> <p>10:00 Bingo- NL 10:15 Craft with Brescia Students 11:00 Body Balance 2:15 Euchre and Games- AR 2:20 Health Club Swim</p>	<p>3</p> <p>10:00 Music Makers -AR 11:00 Body Balance 11:00 Chats 2:15 Bowling- AR 7:00 BINGO-AR</p>	<p>4</p> <p>10:00 Perspectives 10:15 What's Cooking? - AR 2:15 Sing with Rich -AR</p>	<p>OKTOBERFEST 5</p> <p>10:15 Heartbeats -AR 11:00 Get Energized 2:15 Oktoberfest Social with Walt Lonc 7:00 Ballroom Dancing with Joel Horvath</p>
<p>6</p> <p>9:45 Eucharistic Visits 10:15 Chapel Service With Chris-AR 11:00 Body Balance 2:15 Sunday Social with Bob Finlay</p>	<p>7</p> <p>10:15 Seated Yoga 11:00 Movement Matters 2:15 Sewing Club 3:00 Friendly Visits 7:00 Artists At Work</p>	<p>8</p> <p>11:00 Pump It Up 2:00 Roman Catholic Mass -AR 2:15 Walmart Shopping Trip</p>	<p>9</p> <p>10:30 Gratitude Game 11:00 Body Balance 2:15 Afternoon Games 2:20 Health Club Swim</p>	<p>10</p> <p>10:00 Music Makers -AR 10:00 Bingo-NL 11:00 Body Balance 11:00 Chats 2:15 Bowling- AR 7:00 BINGO-AR</p>	<p>11</p> <p>10:15 What's Cooking? - AR 12:00 BBQ Lunch 2:15 Ball Toss</p>	<p>DOGGY DAY 12</p> <p>10:15 Dog Visits 11:00 Get Energized 2:00 Dog Movie & Visits</p>
<p>13</p> <p>9:45 Eucharistic Visits 10:15 Hymn Sing -AR 11:00 Body Balance 2:15 Sunday Social with Gary Munn</p>	<p>HAPPY THANKSGIVING 14</p> <p>10:15 Crafters Corner 11:00 Movement Matters 2:15 Thanksgiving Jeopardy -AR 7:00 Artists At Work</p>	<p>15</p> <p>10:15 Who/What Am I? 11:00 Pump It Up 2:15 2 Hands Clay -AR 3:30 Visits</p>	<p>16</p> <p>10:00 Bingo- NL 10:30 Fun Facts 11:00 Body Balance 2:15 Art with Erin 2:20 Health Club Swim</p>	<p>17</p> <p>10:00 Music Makers -AR 11:00 Body Balance -NL 11:00 Chats 2:15 Bowling- AR 7:00 BINGO-AR</p>	<p>BREAST CANCER AWARENESS DAY 18 <i>WEAR PINK</i></p> <p>8:30 Breakfast Club -AR 10:00 Hope & Reflection 2:15 Manicures and Sparkling Specs</p>	<p>19</p> <p>10:15 Drum Circle -AR 11:00 Get Energized 12:00 Lunch Outing</p>
<p>20</p> <p>9:45 Eucharistic Visits 10:15 Chapel Service With Chris -AR 11:00 Body Balance 2:15 Sunday Social with</p>	<p>FEDERAL ELECTIONS 21</p> <p>10:15 Crossword Puzzle 11:00 Movement Matters 2:15 Sewing Club 7:00 Artists At Work</p>	<p>22</p> <p>10:15 Eagle Heights 11:00 Pump It Up 2:15 Sing With June- AR 2:30 Fall Drive 3:30 Chats</p>	<p>LITTLE TRACKS PETTING ZOO 23</p> <p>11:00 Animal Visits 11:00 Body Balance 2:20 Health Club Swim</p>	<p>24</p> <p>10:00 Music Makers -AR 10:00 Bingo-NL 11:00 Body Balance 11:00 Chats 2:15 Bowling- AR 7:00 BINGO-AR</p>	<p>25</p> <p>10:15 What's Cooking with Erin? - AR 2:15 Word Games</p>	<p>26</p> <p>10:15 Shuffleboard -AR 11:00 Get Energized 2:15 Birthday Party with Mike Wittich</p>
<p>27</p> <p>9:45 Eucharistic Visits 10:15 Chapel Service With Steve Males 11:00 Body Balance 2:15 Sunday Social with Joel Horvath</p>	<p>PUMPKIN FEST in AR 28</p> <p>10:15 Pumpkin Carving 11:00 Movement Matters 2:00 Pumpkin Pie & Halloween Movie 3:00 Inspire 7:00 Poet Tree (AR)</p>	<p>29</p> <p>10:00 Drum Circle (AR) 10:15 Growing Greens 11:00 Pump It Up 2:15 Resident Council and Food Advisory Meeting 3:30 Chats</p>	<p>30</p> <p>10:00 Growing Greens-AR 11:00 Body Balance 2:15 Spooky Stories 2:20 Health Club Swim</p>	<p>HAPPY HALLOWEEN 31</p> <p>10:00 Pumpkin Carving -AR 11:00 Body Balance 2:15 Halloween Social -AR 7:00 Haunted BINGO-AR</p>	<p>Nothing is more honourable than a grateful heart</p> 