


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p style="text-align: center;"><b>October 2019</b></p> <p>4<sup>th</sup> Floor Recreation Calendar</p> 		<p style="text-align: right;"><b>1</b></p> <p>10:00 Town Hall Meeting</p> <p>10:15 Bingo</p> <p>1:30 Pump It Up</p> <p>2:15 In the News</p> <p>2:30 The Thankful Tree</p>	<p style="text-align: right;"><b>2</b></p> <p>9:30 Brescia Students</p> <p>10:00 Down In History</p> <p>1:30 Body Balance</p> <p>2:15 Euchre and Games- AR</p> <p>2:20 Health Club Swim</p> <p>7:00 Fall Colouring</p>	<p style="text-align: right;"><b>3</b></p> <p>10:00 Music Makers -AR</p> <p>11:00 Body Balance</p> <p>2:15 Bowling- AR</p> <p>7:00 BINGO-AR</p>	<p style="text-align: right;"><b>4</b></p> <p>10:15 What's Cooking?</p> <p>2:15 Sing with Rich -AR</p> <p>1:30 Get Energized</p>	<p style="text-align: right;"><b>5</b></p> <p style="text-align: center;"><u>OKTOBERFEST</u></p> <p>10:15 Heartbeats -AR</p> <p>11:00 Get Energized</p> <p>2:15 Oktoberfest Social with Walt Lonc</p> <p>7:00 Ballroom Dancing with Joel Horvath</p>	
	<p style="text-align: right;"><b>6</b></p> <p>9:45 Eucharistic Visits</p> <p>10:15 Chapel Service With Chris -AR</p> <p>2:15 Sunday Social with Bob Finlay</p> <p>1:30 Movement Matters</p>	<p style="text-align: right;"><b>7</b></p> <p>10:15 You say it we Play it</p> <p>11:00 Movement Matters</p> <p>2:15 Sewing Club</p> <p>7:00 Artists At Work</p>	<p style="text-align: right;"><b>8</b></p> <p>10:00 Bingo</p> <p>10:30 October Trivia</p> <p>1:30 Pump It Up</p> <p>2:00 Roman Catholic Mass -AR</p> <p>2:15 Walmart Shopping Trip</p>	<p style="text-align: right;"><b>9</b></p> <p>10:00 Hope &amp; Reflection</p> <p>1:30 Body Balance</p> <p>2:20 Health Club Swim</p>	<p style="text-align: right;"><b>10</b></p> <p>10:00 Music Makers -AR</p> <p>11:00 Body Balance</p> <p>11:00 Chats</p> <p>2:15 Bowling- AR</p> <p>7:00 BINGO-AR</p>	<p style="text-align: right;"><b>11</b></p> <p>10:15 What's Cooking?</p> <p>12:00 BBQ Lunch</p> <p>2:15 Word Games</p> <p>3:00 Friendly Visits</p> <p>1:30 Get Energized</p>	<p style="text-align: right;"><b>12</b></p> <p style="text-align: center;"><u>DOGGY DAY</u></p> <p>Dog visits this morning</p> <p>11:00 Get Energized</p> <p>2:00 Dog Movie &amp; visits</p>
	<p style="text-align: right;"><b>13</b></p> <p>9:45 Eucharistic Visits</p> <p>10:15 Hymn Sing -AR</p> <p>1:30 Movement Matters</p> <p>2:15 Sunday Social with Gary Munn</p>	<p style="text-align: right;"><b>14</b></p> <p style="text-align: center;"><u>HAPPY THANKSGIVING</u></p> <p>10:15 Crafters Corner</p> <p>11:00 Movement Matters</p> <p>2:15 Thanksgiving Jeopardy -AR</p> <p>7:00 Artists At Work</p>	<p style="text-align: right;"><b>15</b></p> <p>10:15 Bingo</p> <p>1:30 Pump It Up</p> <p>2:15 2 Hands Clay -AR</p> <p>3:30 Crosswords</p>	<p style="text-align: right;"><b>16</b></p> <p>10:00 Did you Know</p> <p>10:30 Fun Facts</p> <p>1:30 Body Balance</p> <p>2:15 Games Afternoon</p> <p>2:20 Health Club Swim</p>	<p style="text-align: right;"><b>17</b></p> <p>10:00 Music Makers -AR</p> <p>11:00 Body Balance -NL</p> <p>11:00 Chats</p> <p>2:15 Bowling- AR</p> <p>7:00 BINGO-AR</p>	<p style="text-align: right;"><b>18</b></p> <p style="text-align: center;"> <u>BREAST CANCER AWARENESS DAY</u> WEAR PINK</p> <p>8:30 Breakfast Club -AR</p> <p>1:30 Get Energized</p> <p>2:15 Manicures and Sparkling Specs</p>	<p style="text-align: right;"><b>19</b></p> <p>10:15 Drum Circle -AR</p> <p>11:00 Get Energized</p> <p>12:00 Lunch Outing</p> <p>3:00 Sing-Along</p>
	<p style="text-align: right;"><b>20</b></p> <p>9:45 Eucharistic Visits</p> <p>10:15 Chapel Service With Chris -AR</p> <p>1:30 Movement Matters</p> <p>2:15 Sunday Social with Susie Q</p>	<p style="text-align: right;"><b>21</b></p> <p style="text-align: center;"><u>FEDERAL ELECTIONS</u></p> <p>11:00 Movement Matters</p> <p>2:00 Afternoon Movie</p> <p>7:00 Artists At Work</p>	<p style="text-align: right;"><b>22</b></p> <p>10:15 Eagle Heights</p> <p>1:30 Pump It Up</p> <p>2:15 Sing With June- AR</p>	<p style="text-align: right;"><b>23</b></p> <p style="text-align: center;"><u>LITTLE TRACKS PETTING ZOO</u></p> <p>10:00 Perspectives</p> <p>10:30 Animal Visits</p> <p>1:30 Body Balance</p> <p>1:30 Animal Visits</p> <p>2:20 Health Club Swim</p>	<p style="text-align: right;"><b>24</b></p> <p>10:00 Music Makers -AR</p> <p>10:00 Feel Good Stories</p> <p>11:00 Body Balance</p> <p>2:15 Bowling- AR</p> <p>7:00 BINGO-AR</p>	<p style="text-align: right;"><b>25</b></p> <p>10:15 What's Cooking?</p> <p>1:30 Get Energized</p>	<p style="text-align: right;"><b>26</b></p> <p>10:15 Shuffleboard -AR</p> <p>11:00 Get Energized</p> <p>2:15 Birthday Party with Mike Wittich</p>
	<p style="text-align: right;"><b>27</b></p> <p>9:45 Eucharistic Visits</p> <p>10:15 Chapel Service With Steve Males</p> <p>1:30 Movement Matters</p> <p>2:15 Sunday Social with Joel Horvath</p>	<p style="text-align: right;"><b>28</b></p> <p style="text-align: center;"><u>PUMPKIN FEST</u> (in the Activity Room)</p> <p>10:15 Pumpkin Carving</p> <p>2:00 Pumpkin Pie &amp; Halloween Movie</p> <p>7:00 Artists at Work</p> <p>7:00 Poet Tree -AR</p>	<p style="text-align: right;"><b>29</b></p> <p>10:00 Drum Circle AR</p> <p>10:15 Growing Greens</p> <p>1:30 Pump It Up</p> <p>2:15 Resident Council and Food Advisory Meeting</p> <p>3:30 Chats</p>	<p style="text-align: right;"><b>30</b></p> <p>10:00 Did you Know</p> <p>10:30 Fun Facts</p> <p>1:30 Body Balance</p> <p>2:15 Euchre and Games- AR</p> <p>2:20 Health Club Swim</p> <p>2:30 Country Drive</p>	<p style="text-align: right;"><b>31</b></p> <p style="text-align: center;"><u>HAPPY HALLOWEEN</u></p> <p>10:00 Pumpkin Carving</p> <p>11:00 Body Balance</p> <p>2:15 Halloween Social</p> <p>7:00 Haunted BINGO-AR</p>	<p>Nothing is more honorable than a grateful heart</p> 	