

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2019

## 5<sup>th</sup> Floor Recreation Calendar



		<p><b>1</b></p> <p>11:00 Pump It Up 2:00 Town Hall Meeting 2:30 Thankful Tree AR 7:00 Karaoke - AR</p>	<p><b>2</b></p> <p>9:30 Brescia Students 2:15 Euchre and Games- AR 2:20 Health Club Swim 3:00 Body Balance</p>	<p><b>3</b></p> <p>10:00 Music Makers -AR 11:00 Body Balance 11:00 Sparkling Specs 2:15 Bowling- AR 7:00 BINGO-AR</p>	<p><b>4</b></p> <p>10:15 What's Cooking? 2:15 Sing with Rich -AR 3:15 Get Energized</p>	<p><b>5</b></p> <p><u>OKTOBERFEST</u></p> <p>10:15 Heartbeats -AR 2:15 Oktoberfest Social with Walt Lonc 7:00 Ballroom Dancing with Joel Horvath</p>
<p><b>6</b></p> <p>9:45 Eucharistic Visits 10:15 Chapel Service With Chris-AR 2:15 Sunday Social with Bob Finlay</p>	<p><b>7</b></p> <p>10:15 You say it we Play it 2:15 Sewing Club 3:00 Friendly Visits 3:00 Movement Matters 7:00 Artists At Work</p>	<p><b>8</b></p> <p>11:00 Pump It Up 2:00 Roman Catholic Mass -AR 2:15 Walmart Shopping Trip</p>	<p><b>9</b></p> <p>10:15 Bingo 2:15 Afternoon Games 2:20 Health Club Swim 3:00 Body Balance</p>	<p><b>10</b></p> <p>10:00 Music Makers -AR 10:00 Manicures 11:00 Body Balance 11:00 Chats 2:15 Bowling- AR 7:00 BINGO-AR</p>	<p><b>11</b></p> <p>10:00 Perspectives 10:15 What's Cooking? 12:00 BBQ Lunch 2:30 Walk &amp; Talk 3:15 Get Energized</p>	<p><b>12</b></p> <p><u>DOGGY DAY</u></p> <p>Dog visits this morning 2:00 Dog Movie &amp; visits</p>
<p><b>13</b></p> <p>9:45 Eucharistic Visits 10:15 Hymn Sing -AR 2:15 Sunday Social with Gary Munn</p>	<p><b>14</b></p> <p><u>HAPPY THANKSGIVING</u></p> <p>10:15 Word Game 2:15 Thanksgiving Jeopardy -AR 3:00 Movement Matters 7:00 Artists At Work</p>	<p><b>15</b></p> <p><u>THNAKFUL TUESDAY</u></p> <p>10:15 Thankful Activity 11:00 Pump It Up 2:15 2 Hands Clay -AR</p>	<p><b>16</b></p> <p>10:00 Hope &amp; Reflection 10:15 Friendly Visits 2:15 Autumn Painting 2:20 Health Club Swim 2:30 Country Drive 3:00 Body Balance</p>	<p><b>17</b></p> <p>10:00 Music Makers -AR 11:00 Body Balance -NL 2:15 Bowling- AR 7:00 BINGO-AR</p>	<p><b>18</b></p> <p><u>BREAST CANCER AWARENESS DAY</u> WEAR PINK</p> <p>8:30 Breakfast Club - AR 2:15 Board Games- WL 3:15 Get Energized</p>	<p><b>19</b></p> <p>10:15 Drum Circle -AR 12:00 Lunch Outing</p>
<p><b>20</b></p> <p>9:45 Eucharistic Visits 10:15 Chapel Service With Chris -AR 2:15 Sunday Social with Susie Q</p>	<p><b>21</b></p> <p><u>FEDERAL ELECTION</u></p> <p>10:15 Fall Colouring 3:00 Movement Matters 7:00 Artists At Work</p>	<p><b>22</b></p> <p>10:15 Eagle Heights 11:00 Pump It Up 2:15 Sing With June- AR 3:30 Chats</p>	<p><b>23</b></p> <p><u>LITTLE TRACKS PETTING ZOO</u></p> <p>10:15 Bingo 2:00 Little Tracks Petting Zoo -AR 2:20 Health Club Swim 3:00 Body Balance</p>	<p><b>24</b></p> <p>10:00 Music Makers -AR 10:00 Manicures &amp; Sparkling Specs 11:00 Body Balance 11:00 Chats 2:15 Bowling- AR 7:00 BINGO-AR</p>	<p><b>25</b></p> <p>10:00 Inspire 10:15 What's Cooking 2:15 October Trivia 3:15 Get Energized</p>	<p><b>26</b></p> <p>10:15 Shuffleboard -AR 2:15 Birthday Party with Mike Wittich</p>
<p><b>27</b></p> <p>9:45 Eucharistic Visits 10:15 Chapel Service With Steve Males 2:15 Sunday Social with Joel Horvath</p>	<p><b>28</b></p> <p><u>PUMPKIN FEST in AR</u></p> <p>10:15 Pumpkin Carving 2:00 Pumpkin Pie &amp; Halloween Movie 7:00 Artists at Work 7:00 Poet Tree (AR)</p>	<p><b>29</b></p> <p>10:00 Drum Circle (AR) 11:00 Pump It Up 2:15 Resident Council and Food Advisory Meeting 3:30 Chats</p>	<p><b>30</b></p> <p>10:00 Growing Greens-AR 2:20 Health Club Swim 2:30 Country Drive</p>	<p><b>31</b></p> <p><u>HAPPY HALLOWEEN</u></p> <p>10:00 Music Makers-AR 11:00 Body Balance 2:15 Halloween Social 7:00 Haunted BINGO-AR</p>	<p>Nothing is more Honourable than a Grateful Heart</p> 	