

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2022

						NEW YEAR'S DAY 1
						10:15 Word Games 11:00 Physio Exercises 11:00 Rose B. Parade 2:15 Calendar Visits 5:00 Rose Bowl <small>New Year's Day</small>
2	3	4	5	6	7	8
10:15 Virtual Chapel Service 11:15 Morning Chats 1:30 Physio Exercises 2:15 Manicures	10:15 Sing-a-long 11:15 Town Hall Meeting 2:15 Craft Afternoon	10:15 Bingo 11:00 Physio Exercises 11:15 Morning Chats 2:15 Ball Toss	10:00 Bible Study 10:30 Hymn Sing 2:15 Dogs on Netflix	10:15 In the News 10:30 Funny Jokes 1:30 Physio Exercises 2:15 Sing-a-long	10:15 Helping Hands 11:15 Morning Chats 2:15 Funny Videos	11:00 Physio Exercises 2:00 Hymn Sing 2:30 Movie Matinee: A Dog's Journey 2:45 Chaplain Visits
9	10	11	12	13	14	15
11:00 Chapel Service with Chris 1:30 Physio Exercises	10:15 Sing-a-long 11:15 Morning Chats 2:15 Helping Hands	10:15 Colourful Expressions 11:00 Physio Exercises 2:15 Montessori	10:15 Penguin Town on Netflix 11:15 Morning Chats 2:15 Individual Programs	10:15 Drum Circle 1:30 Physio Exercises 2:15 Sing-a-long 3:15 Afternoon Chats 6:30 Helping Hands	10:00 Daily Gratitude 10:30 Hymn Sing 2:15 Travelogue: Tropical Places	10:15 Word Games 11:00 Physio Exercises 11:15 Morning Chats 2:15 Kids Say The Darndest Things
16	17	18	19	20	21	22
10:15 Virtual Chapel Service 11:15 Morning Chats 1:30 Physio Exercises 2:15 Manicures	10:15 Sing-a-long 11:15 Morning Chats 2:00 The Puppet Lady <small>Martin Luther King Jr. Day</small>	10:15 Ball Toss 11:00 Physio Exercises 11:15 Morning Chats 1:45 Animal on Netflix <i>Recreation staff in a meeting</i>	10:15 Netflix Documentary: 7 Days Out 2:15 Chaplain Visits	10:15 In the News 10:30 Funny Jokes 1:30 Physio Exercises 2:15 Sing-a-long	10:15 Helping Hands 11:15 Morning Chats 2:15 Ipad Visits	11:00 Physio Exercises 2:15 Movie Matinee: Mama Mia 6:30 Chaplain Visits
23	Glamour Day 24	Robbie Burns Day 25	Australia Day 26	27	28	29
1:30 Physio Exercises 2:15 Chapel Service with Chris <small>Activity Professionals Week</small>	10:15 Hair & Make Up Morning 11:00 Physio Exercises 2:15 Glamour Shots	10:15 Bingo 11:00 Physio Exercises 11:15 Morning Chats 2:15 Helping Hands	2:15 Australian Snack 2:15 Chaplain Visits 3:15 Aussie Visits 6:30 Travel to Australia <small>Australia Day (observed)</small>	10:15 Drum Circle 1:30 Physio Exercises 2:15 Sing-a-long 3:15 Afternoon Chats 6:30 Helping Hands	10:00 Bible Study 10:30 Hymn Sing 2:15 Our Planet	10:15 Word Games 11:00 Physio Exercises 11:15 Morning Chats 2:15 Individual Programs
30	31	<h2>3rd Floor Recreation Calendar</h2> <p style="text-align: center;">You are never too old to set another goal or to dream a new dream - C.S. Lewis</p>				
10:15 Virtual Chapel Service 11:15 Morning Chats 1:30 Physio Exercises 2:15 Manicures	10:15 Sing-a-long 11:15 Morning Chats 2:15 Bingo 7:30 Poet Tree					

For more information contact Katie in the Recreation Department at ext. 224