

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2022

						NEW YEAR'S DAY 1 11:00 Rose Bowl Parade 2:15 Afternoon Movie: New Years Eve 5:00 Rose Bowl <small>New Year's Day</small>							
2 10:15 Virtual Chapel Service		3 10:00 Bingo 10:30 Bingo 2:15 New Years Traditions 3:00 Physio Exercises 6:00 Chaplain Visits		4 TRIVIA DAY 10:00 January IQ 10:30 EZ Does it 2:00 Daily Gratitude 2:30 Family Feud		5 2:15 Daily Chronicle 2:30 Wintertime Memories 3:00 Physio Exercises 6:00 Euchre Night		6 10:15 Adult Colouring 11:00 Physio Exercises 2:30 Seated Dance Workout Video		7 10:15 Beauty Care 2:15 Afternoon Visits 2:30 Word Game 3:15 Physio Exercises		8 10:15 Morning Manicures 2:00 Crafters Corner	
9 10:30 Monthly Gazette 11:00 Short Stories 3:00 Chapel Service with Chris		10 2:00 Bingo 2:30 Bingo 3:00 Physio Exercises 6:00 Montessori Programming		11 TONE IT UP TUESDAY 10:00 Hope & Reflection 10:30 Health & Fitness Word Search 2:30 Sit Fit Video		12 10:00 Jokes of the Day 10:15 Name that Sound 2:15 Crafters Corner 3:00 Physio Exercises		13 10:15 Family Feud 11:00 Physio Exercises 2:15 Fun Facts		14 10:15 Daily Chronicle 10:30 Horoscopes 2:15 Chaplain Visits 2:30 Games Afternoon 3:15 Physio Exercises		15 2:15 Afternoon Movie: Uncle Buck	
16 10:15 Virtual Chapel Service		17 10:30 Who Am I? 11:00 The Puppet Lady 2:00 Bingo 2:30 Bingo 3:00 Physio Exercises <small>Martin Luther King Jr. Day</small>		18 10:00 Inspire 10:15 Montessori Programming 1:30 Planet Earth <i>Recreation staff in a meeting</i>		19 2:00 Sparkling Specs 2:30 Room to Room: Price is Right 3:00 Physio Exercises 6:00 Short Stories		20 10:15 Travelogue: Antarctica 11:00 Physio Exercises 2:30 Games		21 SNOWFLAKE DAY 10:15 Snowflake Facts 2:15 Snowflake Craft 3:15 Physio Exercises		22 10:15 Morning Manicures 2:00 January IQ 2:30 Montessori Programming	
23 10:15 Chapel Service with Chris 2:15 Exercise Poem <small>Activity Professionals Week</small>		24 Residents' Council Meeting 2:00 Bingo 2:30 Bingo 3:00 Physio Exercises 5:00 Dinner Program		25 ROBBIE BURNS DAY 10:00 Bible Study 10:30 Hymn Sing 2:30 Adult Colouring		26 AUSTRALIA DAY 10:00 Fun Facts 2:15 Travelogue: Australia 2:30 Australian snack 3:00 Physio Exercises <small>Australia Day (observed)</small>		27 10:15 Crafters Corner 11:00 Physio Exercises 2:15 Montessori Programming 2:30 Games		28 10:15 Big Crossword Puzzle 2:15 Chaplain Visits 3:15 Physio Exercises		29 2:15 Movie Afternoon: A Dog's Journey	
30 10:15 Virtual Chapel Service		31 10:00 Bingo 10:30 Bingo 2:00 Poet Tree 3:00 Physio Exercises		5th Floor Recreation Calendar									

You are never too old to set another goal or to dream a new dream - C.S. Lewis

For more information contact Felicia in the Recreation Department at ext. 224