

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|--|---|--|
| May Day 1 10:15 Chapel Service with Chris 11:00 Physio Exercises <small>May Day</small> | 2 11:00 Physio Exercises 2:15 Travelogue | Flower Day 3 10:00 Flower Superstitions 10:30 Plants Predicting the Weather 11:00 Physio Exercises 2:15 Tour World Famous Gardens | 4 10:00 Town Hall Meeting 10:30 Inventions & Inventors 11:00 Physio Exercises 11:00 Visits 2:00 May The 4 th Be With You, Balcony Time | Cinco de Mayo 5 10:00 Independent Cinco de Mayo Word Search 11:00 Physio Exercises 2:15 Travel To Mexico 2:15 Chaplain Visits <small>Cinco de Mayo</small> | Lipton Tea 6 10:00 Lipton Tea History 10:30 Unique Uses For Used Tea Bags 11:00 Tea Guessing 2:15 Euchre Afternoon | 7 10:00 Horse Categories 10:30 History of the Kentucky Derby 11:00 Horse Names 2:30 Kentucky Derby 3:30 Horse Sense Visits |
| Mother's Day 8 10:15 Virtual Chapel Service 11:00 Physio Exercises 11:00 Motherly Visits 2:00 Remembering Songs About Mothers <small>Mother's Day</small> | World Laughter Day 9 10:00 Motherly Humour 10:30 Laughter Yoga 11:00 Physio Exercises 11:00 Laughter Visits 2:15 AFI: 100 Years, 100 Laughs 6:30 Poet Tree | 10 10:00 A to Z Trivia 10:30 Daily Horoscopes 11:00 Physio Exercises 2:15 Card Games | 11 10:15 Inspire 11:00 Physio Exercises 2:00 Movie Matinee: A Dog's Purpose | 12 10:00 Bingo 10:45 Deep Breathing 11:00 Physio Exercises 11:00 Visits 2:15 Virtual Tours Around The World | 13 10:15 Hope & Reflection 2:15 Chaplain Visits | 14 10:00 Coffee and Treats 10:30 Words Within A Word 11:00 Ipad Visits 2:15 Fancy Fingers 3:15 Visits |
| 15 Morning Pet Therapy Visits in the Garden 11:00 Chapel Service with Chris 11:00 Physio Exercises 2:15 Travel to Ireland 6:00 Sensory Visits | 16 11:00 Physio Exercises 2:15 Dutch Antilles | 17 10:00 Amtrak Travel 10:30 150 Landmarks 11:00 Physio Exercises 11:00 Visits 2:00 TV Classics <i>Recreation Staff in a Meeting</i> | 18 10:00 Jeopardy 10:30 Giggles 11:00 Physio Exercises 11:00 Visits 2:15 Balcony Fun Times 2:15 Chaplain Visits | 19 10:00 Bingo 10:45 Morning Humor 11:00 Physio Exercises 11:00 Room Visits 2:15 Tie-Dye Craft | 20 10:00 Smithsonian Archive Sampler Tour 10:45 Funny Book Titles 11:15 Laughter: Jogging On The Inside 2:00 It's Puzzling | 21 2:15 Afternoon Movie: The Blind Side <small>Armed Forces Day</small> |
| 22 11:00 Physio Exercises 2:00 Virtual Chapel Service | Victoria Day 23 10:00 Queen Victoria Trivia & Quotes 11:00 Physio Exercises 11:00 Visits 2:15 Tea Cart 6:30 Chaplain Visits <small>Victoria Day (Canada)</small> | 24 11:00 Physio Exercises 2:00 Manicures on the Balcony 6:00 Gentle Stretches 6:30 Evening Visits | 25 10:15 Bible Study 10:30 Hymn Sing 11:00 Physio Exercises 2:00 Yvette and Her Puppet Friends | 26 10:00 Bingo 10:45 Deep Breathing 11:00 Physio Exercises 11:00 Visits 2:00 Balcony Fun Times | 27 10:15 Daily Gratitude 2:15 Chaplain Visits 2:15 Residents' Council Meeting | Alzheimer's Walk 28 9:45 Walk for Alzheimer's at Springbank Gardens |
| 29 11:00 Physio Exercises 2:00 Hymn Sing Along 2:15 Chapel Service with Chris 6:00 Sensory Visits | 30 11:00 Physio Exercises 2:15 Australia Travelogue <small>Memorial Day</small> | 31 10:00 Words Within A Word 10:30 Occupations By Letter 11:00 Physio Exercises 11:00 Chit Chats 2:00 Games Afternoon | <h1>May 2022</h1> <h2>2nd Floor Recreation Calendar</h2> | | | |

For further information please contact the Recreation Office ext. 224