

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May Day 1 11:00 Chapel Service with Chris 1:30 Physio Exercises <small>May Day</small>	2 10:15 Sing-A-Long 11:00 Morning Chats 2:15 May Coloring Group	3 10:15 Chaplain Visits 11:00 Physio Exercises 2:15 Manicures 6:30 Evening Bingo	4 10:15 Garden Visits 11:00 Friendly Visits 2:15 Heartbeats	Cinco de Mayo 5 10:15 Chaplain Visits 1:30 Physio Exercises 2:15 Travelogue to Mexico 6:30 Ball Toss <small>Cinco de Mayo</small>	6 10:00 Daily Gratitude 10:30 Hymn Sing 2:15 Healing Hands	7 10:15 Morning Chats 11:00 Physio Exercises 2:15 Mother's Day Wrist Corsage Craft
Mother's Day 8 10:15 Virtual Church Service 1:30 Physio Exercises 2:15 Mother's Spa Day <small>Mother's Day</small>	9 10:15 Sing-A-Long 11:00 Morning Chats 2:15 Finish the Phrase 7:30 Poet Tree	10 10:15 Healing Hands 11:00 Physio Exercises 2:15 Craft Afternoon	11 11:00 Garden Visits 2:00 Bible Study 2:30 Hymn Sing	12 10:15 Manicures 1:30 Physio Exercises 2:30 Garden Visits	13 10:15 Helping Hands 11:00 Garden Visits 2:30 BINGO	14 11:00 Physio Exercises 2:00 Hymn Sing 2:30 Afternoon Movie: Vicky and Her Mystery
15 Morning Pet Therapy Visits in the Garden 1:30 Physio Exercises 2:15 Chapel Service with Chris	16 10:15 Sing-A-Long 11:00 Morning Chats 2:15 Men's Afternoon	17 11:00 Physio Exercises 2:15 Bubbles in the Garden 6:30 Manicures	18 10:15 Garden Visits 11:00 Funny Videos 2:15 Word Games	19 10:15 Drum Circle 1:30 Physio Exercise 2:30 Tie Dye 6:30 Evening Bingo	20 10:15 Hymn Sing 10:30 Bible Study 2:15 Chaplain Visits	21 10:15 Sing-A-Long 11:00 Physio Exercises 2:15 Ball Toss <small>Armed Forces Day</small>
22 10:15 Virtual Church Service 1:30 Physio Exercises 2:15 Outdoor Walks	Victoria Day 23 10:15 Queen Victoria Trivia & Quotes 10:30 Sing-A-Long 11:00 Morning Chats 2:15 Tea Cart <small>Victoria Day (Canada)</small>	24 10:15 Friendly Visits 11:00 Physio Exercises 2:15 Games Afternoon	25 10:15 Garden Visits 11:00 Yvette and Her Puppet Friends 2:15 Afternoon Movie	26 10:15 I-Pad Visits 1:30 Physio Exercises 2:15 Craft Afternoon	27 10:15 Garden Visits 2:30 BINGO	Alzheimer's Walk 28 9:45 Walk for Alzheimer's at Springbank Gardens 11:00 Physio Exercises 6:00 Chaplain Visits
29 1:30 Physio Exercises 3:00 Chapel Service with Chris	30 10:15 Sing-A-Long 11:00 Morning Chats 2:15 Heartbeats <small>Memorial Day</small>	31 10:15 Funny Videos 11:00 Physio Exercises 2:15 Garden Visits	<h1>May 2022</h1> <h2>3rd Floor Recreation Calendar</h2>			

For further information please contact the Recreation Office ext. 224