

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>May Day</b> 1 2:15 Chapel Service with Chris <small>May Day</small>	<b>2</b> 10:15 May Independent Word Search 11:15 Morning Visits 1:30 Physio Exercises	<b>3</b> 10:15 Morning Visits 1:30 Physio Exercises 2:15 Bird Watching Video	<b>May The 4<sup>th</sup> Be With You</b> 4 10:15 Hope & Reflection 11:15 Morning Visits 1:30 Physio Exercises 2:15 Trivia 2:15 Chaplain Visits 2:30 Star Wars Trilogy	<b>Cinco de Mayo</b> 5 10:15 Artist at Work 11:00 Individual Visits 2:15 Travelogue to Mexico <small>Cinco de Mayo</small>	<b>6</b> 10:15 Bingo 10:45 Room Visits 1:30 Physio Exercises 2:15 TV Classics	<b>7</b> 10:15 Planet Earth 1:30 Physio Exercises
<b>Mother's Day</b> 8 10:15 Virtual Chapel Service 3:00 Mother's Day Visits <small>Mother's Day</small>	<b>9</b> 10:00 Artist at Work 1:30 Physio Exercises 2:15 Sing-a-long 3:00 Poet Tree	<b>10</b> 10:00 TV Classics 1:30 Physio Exercises 2:15 Chaplain Visits	<b>11</b> 10:15 Trivia & Quiz 11:15 Morning Visits 1:30 Physio Exercises 2:15 Outdoor Walks	<b>12</b> 10:00 Making Tissue Flowers 2:15 Spring Tea Party	<b>13</b> 10:15 Bingo 10:45 Individual Visits 1:30 Physio Exercises 2:15 Sing-a-long	<b>14</b> 1:30 Physio Exercises 2:30 Movie Matinee: A Dog's Purpose 6:00 Chaplain Visits
<b>15</b> Morning Pet Therapy Visits in the Garden 3:00 Chapel Service with Chris	<b>16</b> 10:15 Feel Good News 10:30 Monthly Gazette 2:15 Dance Like Nobody's Watching	<b>17</b> 10:15 All About Plants 11:15 Morning Visits 1:30 Physio Exercises 2:15 Chaplain Visits <i>Recreation Staff in a Meeting</i>	<b>18</b> 10:15 Inspire 1:30 Physio Exercises 2:15 Word Games 3:00 Room Visits	<b>19</b> 10:15 Tie-Dye Craft 2:15 Manicures and Jokes	<b>20</b> 10:15 Bingo 10:45 Individual Visits 1:30 Physio Exercises 2:15 Spring Craft	<b>21</b> 1:30 Physio Exercises 2:00 Men's Afternoon 6:00 Evening Strolls 7:00 Goodnight Visits <small>Armed Forces Day</small>
<b>22</b> 10:15 Virtual Chapel Service 2:15 Garden Time 6:00 Short Stories	<b>Victoria Day</b> 23 10:15 Queen Victoria Word Search 1:30 Physio Exercises 2:15 Daily Gratitude 3:00 Chaplain Visits <small>Victoria Day (Canada)</small>	<b>24</b> 10:00 Bible Study 10:30 Hymn Sing 1:30 Physio Exercises 2:15 Most Beautiful Castles in the World	<b>25</b> 10:00 Yvette and Her Puppet Friends 1:30 Physio Exercises 2:15 Artist at Work 3:00 Individual Visits	<b>26</b> 10:15 Residents' Council Meeting 10:30 Balcony Visits 2:15 Dance Afternoon	<b>27</b> 10:15 Bingo 10:45 Outdoor Walks 1:30 Physio Exercises 2:15 Balcony Time	<b>Alzheimer's Walk</b> 28 9:45 Walk for Alzheimer's at Springbank Gardens 1:30 Physio Exercises 2:00 Hymn Sing 2:30 Afternoon Movie
<b>29</b> 10:15 Chapel Service with Chris	<b>30</b> 10:15 Laughter Is The Best Medicine 10:45 Outdoor Walks 2:15 Individual Program <small>Memorial Day</small>	<b>31</b> 10:15 Gaither Gospel with Jack 11:15 Morning Visits 1:30 Physio Exercises 2:15 Chaplain Visits	<b>4<sup>th</sup> Floor Recreation Calendar</b> <h1>May 2022</h1>			

For further information please contact the Recreation Office ext. 224