

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 July 2022					Happy Canada Day! 10:15 July Calendar Visits 2:15 Canada Day Treats <small>Canada Day</small>	1 10:15 Adult Colouring 2 2:15 Visits
3 10:15 Virtual Chapel Service	4 10:15 Sing-a-long 11:15 Morning Chats 2:15 Ball Toss 7:30 Poet Tree <small>Independence Day (US)</small>	5 10:15 Manicures 11:00 Physio Exercises 2:15 Celebration of Life Service in the Garden	6 10:00 Matching It Up 10:30 Ball Toss 2:30 Garden Visits Library pick up today	7 10:15 Summer Craft 1:30 Physio Exercises 2:15 Helping Hands	8 10:15 Funny Videos 11:15 Morning Visits 2:30 Colouring Afternoon	9 2:15 Afternoon Movie: Hairspray 6:00 Chaplain Visits
10 3:00 Chapel Service with Chris	11 10:15 Sing-a-long 11:15 Morning Chats 2:15 Ball Toss	12 10:30 Wal-Mart Shopping & Lunch Trip	13 10:00 Bingo 10:30 Room Visits 2:30 Garden Visits	14 10:15 Chaplain Visits 10:30 Adult Colouring 1:30 Physio Exercises 2:15 Helping Hands	15 10:15 Drum Circle 2:15 Afternoon Manicures	16 10:30 Pet Therapy in the Garden 2:30 Susie-Q Music in the Garden
17 10:15 Virtual Chapel Service	18 10:15 Sing-a-long 11:15 Morning Chats 2:15 Ball Toss	19 10:15 Daily Horoscope 10:30 In the News 11:00 Physio Exercises 2:15 Chaplain Visits	20 10:00 Higher or Lower 10:30 Ball Toss 2:30 Garden Visits	21 10:15 Summer Craft 1:30 Physio Exercises 2:15 Helping Hands	22 10:15 Garden Visits 2:15 Bubbles in the Garden	23 10:00 Pet Therapy in the Garden 2:00 Hymn Sing
24 10:15 Chapel Service with Chris	25 10:15 Sing-a-long 11:15 Morning Chats 2:15 Ball Toss	26 10:15 Bean Bag Toss 10:30 In the News 11:00 Physio Exercises 2:15 Chaplain Visits	27 10:00 Bingo 10:30 Room Visits 2:30 Garden Visits	28 10:15 Hymn Sing 10:30 Adult Colouring 1:30 Physio Exercises 2:15 Helping Hands	29 10:15 Manicures 11:15 Morning Visits 2:30 Colouring Afternoon	30 10:30 Pet Therapy in the Garden 2:15 Afternoon Movie: Grease
31 10:15 Virtual Chapel Service	 3rd Floor Recreation Calendar					

For further information please contact the Recreation Office ext. 224