

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>July 2022</h1>					<b>HAPPY CANADA DAY 1</b> 10:15 Canadian Bingo 10:45 Canadian Trivia 1:30 Physio Exercises 2:15 Canada's Got Talent & Treats <small>Canada Day</small>	<b>2</b> 10:15 Gaither Gospel with Jack 1:30 Physio Exercises 2:15 Town Hall Meeting
<b>3</b> 10:15 Virtual Chapel Service 2:15 Room Visits	<b>4</b> 10:30 Individual Canadian Word Search 1:30 Physio Exercises 3:00 Poet Tree <small>Independence Day (US)</small>	<b>5</b> 10:15 Celebration of Life Service in the Garden	<b>Ice Cream Month 6</b> 10:00 Ice Cream Trivia 11:00 Garden Time 1:30 Physio Exercises 2:15 Ice Cream Treats Library pick up today	<b>7</b> 10:15 Canadian Classic Recipes 11:00 Your Favorite Recipes 2:15 Summer Walks	<b>8</b> 10:15 Bingo 10:45 Walks 1:30 Physio Exercises 2:00 Summer Craft	<b>9</b> 1:30 Physio Exercises 2:00 Hymn Sing
<b>10</b> 11:00 Chapel Service with Chris	<b>11</b> 10:00 Wal-Mart Shopping & Lunch Trip 1:30 Physio Exercises 2:15 Summer Walks	<b>12</b> 10:15 Canadian Firsts 11:00 Canadian Landmarks 2:15 Travel Canada	<b>13</b> 10:00 Inspire 1:30 Physio Exercises 2:15 Chaplain Visits	<b>14</b> 10:15 Where In The World Am I? 11:00 Riddle Me This 1:30 Baseball Workout	<b>15</b> 10:15 Bingo 10:45 Walks 1:30 Physio Exercises 2:00 Manicures	<b>16</b> 10:15 Gaither Gospel with Jack 10:30 Pet Therapy 1:30 Physio Exercises 2:30 Susie-Q Music in the Garden
<b>17</b> 10:15 Virtual Chapel Service 2:15 Room Visits	<b>18</b> 10:30 Summer Crossword 1:30 Physio Exercises 2:15 Daily Gratitude 3:00 Chaplain Visits	<b>19</b> 2:15 Tuesday Matinee Hairspray	<b>Butter Tart Day 20</b> 10:15 Tart Facts 10:45 Canadian Butter Tarts 1:30 Physio Exercises 2:15 Tea and Tarts	<b>21</b> 10:15 Picnic Reminiscing 10:45 Favourite Foods 2:15 Drinks in the Garden	<b>22</b> 10:15 Bingo 10:45 Walks 1:30 Physio Exercises 2:00 Summer Craft 2:15 Chaplain Visits	<b>23</b> 1:30 Physio Exercises 6:00 Chaplain Visits
<b>24</b> 2:15 Chapel Service with Chris	<b>25</b> 10:15 Morning Manicures 1:30 Physio Exercises 2:15 Room Organization	<b>26</b> 10:15 Summer Trivia 11:00 Horoscopes 2:15 Summer Music Request	<b>27</b> 10:15 Hope & Reflection 1:30 Physio Exercises 2:15 Chaplain Visits	<b>Bird Watching 28</b> 10:15 Bird Videos 11:00 Birds of Paradise 2:15 Bird Watching Outdoors	<b>29</b> 10:15 Bingo 10:45 Walks 1:30 Physio Exercises 2:00 Manicures	<b>30</b> 10:15 Pet Therapy in the Garden 1:30 Physio Exercises 2:15 Outdoor Walks
<b>31</b> 10:15 Virtual Chapel Service 2:15 Room Visits	 <h2>4<sup>th</sup> Floor Recreation Calendar</h2>					

For further information please contact the Recreation Office ext. 224