

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

Second Floor

Programs are designed to meet a variety of needs and are subject to change to benefit the residents. Thank you in advance.



















							1 10:15 Virtual Chapel Service (activity room) 11:00 Physio 2:15 Gardening (serenity garden)	2 10:15 Roll & Stroll 2:15 Origami (activity room)
3 10:15 Virtual Worship (activity room) 2:15 Music in the Garden (serenity garden)	4 10:15 Room Visits (second floor) 11:00 Physio 2:15 Garden Social Labor Day	5 2:15 BINGO (activity room) 6:15 Mad Science (activity room)	6 10:15 Garden Visits (serenity garden) 11:00 Physio 2:15 Craft Corner "Saran wrap painting" (activity room)	7 11:00 Physio 2:15 Music w Gary McGill (activity room)	8 10:15 Chapel Service (activity room) 11:00 Physio 2:15 Room Visits (second floor)	9 10:15 What's that smell? "smell it challenge" (second floor) 2:15 Movie Afternoon (second floor)		
10 9:30 Kitty Visits 10:15 Virtual Worship (activity room) Grandparents Day	11 10:15 Room visits (second floor) 11:00 Physio	12 2:15 BINGO (activity room) 6:15 Bon Fire & S'mores (serenity garden)	13 10:15 Bubbles on the balcony (2nd floor balcony) 11:00 Physio 12:00 Residents BBQ (serenity garden) 2:15 Travel the World "Jamaica" (activity room)	14 10:15 Spa Day (activity room) 11:00 Physio 2:15 Spa Day (activity room) 6:15 Spa Day (activity room)	15 10:15 Chapel Service (activity room) 11:00 Physio 2:15 Water colour w Val (activity room) Rosh Hashanah Begins	16 10:15 Jewelry Making (activity room) 2:15 Batman movie social Oktoberfest Begins		
17 10:15 Virtual Worship (activity room) 2:15 Axe Throwing (activity room)	18 10:15 Room visits (second floor) 11:00 Physio 2:15 Reading Rainbow (second floor)	19 2:15 BINGO 6:15 Paint Night (activity room)	20 10:15 Get to know you dice game (second floor) 11:00 Physio 2:15 Sock Sorting (second floor)	21 11:00 Physio 2:15 Music w Gary Munn (activity room)	22 10:15 Chapel Service (activity room) 11:00 Physio 2:15 Activity Board (second floor)	23 10:15 Room Visits 2:15 Movie Afternoon (second floor) Autumn Begins		
24 10:15 Virtual Worship (activity room) 2:15 Bowling (activity room) Yom Kippur	25 10:15 Room visits (second floor) 11:00 Physio	26 10:15 Residents Council (Activity Room) 2:15 BINGO 6:15 Water-colour w Aimee (activity room)	27 10:15 Catholic Communion (activity room) 11:00 Physio 2:15 Sing w Richard (activity room)	28 10:15 AM Drive 11:00 Physio 2:15 Music w Jim Ashby (activity room)	29 10:15 Chapel Service (activity room) 11:00 Physio 2:15 Movie and Popcorn (activity room) Sukkot Begins	30 2:15 Cider Social (activity room)		

For further information contact the recreation office at ext. 224.

September 2023

Programs are designed to meet a variety of needs and are subject to change to benefit the residents. Thank you in advance!

Third Floor

<p>10:15 Virtual Chapel (Activity Room) 3</p> <p>2:15 Music in the Garden (serenity garden)</p>	<p>10:15 Back to School Photos (3rd Floor) 4</p> <p>2:15 Back to School Photos (3rd Floor)</p> <p>Labor Day </p>	<p>10:15 Visits 5</p> <p>1:30 Exercise (3rd Floor)</p> <p>2:15 BINGO (2nd and 3rd in Activity Room)</p> 	<p>10:15 Garden Visits (serenity garden) 6</p> <p>2:15 Craft Corner "Saran wrap painting" (activity room)</p>	<p>2:15 Music with Gary McGill (Activity Room) 7</p> <p>6:15 Beach Ball (3rd Floor)</p> 	<p>10:15 VR Chapel Service (Activity Room) 1</p> <p>1:30 Exercise (3rd Floor)</p> <p>2:15 Axe Throwing (Garden 3rd and 4th)</p> 	<p>10:15 Rolls & Strolls 2</p> <p>2:15 Origami (activity room)</p>
<p>10:15 Virtual Chapel (Activity Room) 10</p> <p>2:15 Musical Hangman (3rd Floor)</p> <p>Grandparents Day</p>	<p>2:15-Room Visits 11</p>	<p>10:15 Yahtzee (3rd Floor) 12</p> <p>1:30 Exercise (3rd Floor)</p> <p>2:15 BINGO (2nd and 3rd in Activity Room)</p> 	<p>10:15 Drum Circle (Activity Room) 13</p> <p>12:00 Resident BBQ</p> <p>2:15 Outdoor Visits</p> 	<p>SPA DAY 14</p> <p>10:15 - 11:15 2:15 - 3:15 6:15 - 7:15</p> 	<p>10:15 Chapel Service (Activity Room) 15</p> <p>1:30 Exercise (3rd Floor)</p> <p>2:15 Water Painting with Val (Activity Room)</p>  <p>Rosh Hashanah Begins</p>	<p>10:15 Jewelry Making (activity room) 16</p> <p>2:15 Batman movie social</p> <p>Oktoberfest Begins</p> 
<p>10:15 Virtual Chapel (Activity Room) 17</p>	<p>10:15 Poet Tree (Activity Room) 18</p> <p>2:15 Name that Tune (3rd and 5th)</p>	<p>10:15 Visits 19</p> <p>1:30 Exercise (3rd Floor)</p> <p>2:15 BINGO (2nd and 3rd in Activity Room)</p> 	<p>2:15- Garden Visits 20</p>	<p>2:15 Music with Gary Munn (Activity Room) 21</p> <p>6:15 Colouring (3rd Floor)</p> 	<p>10:15 Chapel Service (Activity Room) 22</p> <p>1:30 Exercise (3rd Floor)</p> <p>2:15 Craft Corner (3rd and 5th)</p> 	<p>10:15 Manicures (3rd Floor) 23</p> <p>2:15 Roll and Stroll</p> <p>Autumn Begins</p> 
<p>10:15 Virtual Chapel (Activity Room) 24</p> <p>2:15 Bowling (Activity Room)</p>  <p>Yom Kippur</p>	<p>2:15- Room Visits 25</p>	<p>10:15 Residents Council (Activity Room) 26</p> <p>1:30 Exercise (3rd Floor)</p> <p>2:15 BINGO (2nd and 3rd in Activity Room)</p> 	<p>10:15 Catholic Communion (Activity Room) 27</p> <p>2:15 Sing with Richard?</p> 	<p>2:15 Music with Jim Ashby (Activity Room) 28</p> <p>6:15 Baking (Activity Room)</p> 	<p>10:15 Chapel Service (Activity Room) 29</p> <p>1:30 Exercise (3rd Floor)</p> <p>2:15 Movie Day (Activity Room)</p>  <p>Sukkot Begins</p>	<p>2:15 Cider Social (Activity Room) 30</p>

4th FLOOR

September 2023

RECREATION FACILITATOR - THWISH

								<p>10:15 VR Chapel Service (Activity Room)</p> <p>2:15 Axe Throwing (Garden - 3rd and 4th floor)</p>	<p>10:15 ROLL AND STROLL (outside)</p> <p>2:15 ORIGAMI (Activity room)</p>
<p>10:15 Virtual Chapel (Activity Room)</p> <p>2:15 Music in the Garden (Garden)</p>	<p>2:15 Garden Social</p> <p>6.15 Exercise night (4th floor)</p> <p>Labor Day</p>	<p>11.00 PHYSIO</p> <p>2:15 TARGET TOSS (4th floor)</p> <p>6.15 MAD SCIENCE (2ND AND 4TH - Activity room)</p>	<p>1.30 PHYSIO</p> <p>2:15 1.1 activities</p> <p>6.15 Cranium crunches (Activity room)</p>	<p>10.15 BINGO (4TH AND 5TH Floor in activity room))</p> <p>11.00 PHYSIO</p> <p>2:15 Music with Gary McGill (Activity Room)</p>	<p>10:15 Chapel Service (Activity Room)</p> <p>2:15 Golf in the Garden</p>	<p>10:15 1.1 Activities</p> <p>2:15 Roll and Stroll (Outside)</p>			
<p>10:15 Virtual Chapel (Activity Room)</p> <p>2:15 Darts (4th floor)</p> <p>Grandparents Day</p>	<p>2:15 Music and Dance party (4th and 5th floor)</p> <p>6.15 MOVIE NIGHT! (4th Floor)</p>	<p>11.00 PHYSIO</p> <p>2:15 Musical Hangman (4th and 5th)</p> <p>6.15 ART STUDIO (4th floor)</p>	<p>10:15 Drum Circle (Activity Room)</p> <p>12:00 Residents BBQ</p> <p>1.30 PHYSIO</p> <p>2:15 TAVELOGUE TO JAMAICA (Activity room)</p>	<p>11.00 PHYSIO</p> <p>SPA DAY</p> 	<p>10:15 Chapel Service (Activity Room)</p> <p>2:15 Water Painting with Val (Activity Room)</p> <p>Rosh Hashanah Begins</p>	<p>10:15 Jewellery Making</p> <p>2.15 Batman Movie Social</p> <p>Oktoberfest Begins</p>			
<p>10:15 Virtual Chapel (Activity Room)</p> <p>2:15 AXE THROWING</p>	<p>10:15 Poet Tree (Activity Room)</p> <p>2:15 MANICURES</p>	<p>11.00 PHYSIO</p> <p>2:15 COLORING</p>	<p>10:15 Drive Outing (limited spots 4th &5th Floor)</p> <p>1.30 PHYSIO</p> <p>2:15 VISITS</p>	<p>10.15 BINGO (4TH AND 5TH Floor in activity room))</p> <p>11.00 PHYSIO</p> <p>2:15 Music with Gary Munn (Activity Room)</p>	<p>10:15 Chapel Service (Activity Room)</p> <p>2:15 GAMES (4TH FLOOR)</p>	<p>10:15 CHAIR EXERCISES (4TH FLOOR)</p> <p>2:15 Roll and Stroll (OUTDOORS)</p> <p>Autumn Begins</p>			
<p>10:15 Virtual Chapel (Activity Room)</p> <p>2:15 Bowling (Activity Room)</p> <p>Yom Kippur</p>	<p>2:15 MINI GOLF (4TH FLOOR)</p> <p>6.15 CROSSWORD SEARCH (4TH FLOOR)</p>	<p>10:15 Residents Council (Activity Room)</p> <p>11.00 PHYSIO</p> <p>2:15 CRAFT CORNER</p>	<p>10:15 Catholic Communion (Activity Room)</p> <p>1.30 PHYSIO</p> <p>2:15 Sing with Richard</p>	<p>10.15 BINGO (4TH AND 5TH Floor in activity room)</p> <p>11.00 PHYSIO</p> <p>2:15 Music with Jim Ashby (Activity Room)</p>	<p>10:15 Chapel Service (Activity Room)</p> <p>2:15 MOVIE AFTERNOON ! (Activity room)</p> <p>Sukkot Begins</p>	<p>10:15 Roll & Stroll (Weather Permitting)</p> <p>2:15 Cider Social</p>			

Programs are designed to meet a variety of needs and are subject to change to benefit the residents. Thank you in advance!


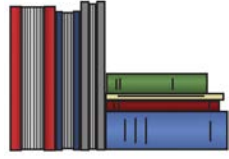



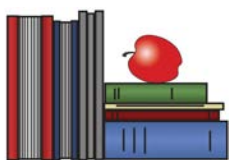

September 2023

5th FLOOR

Programs are designed to meet a variety of needs and are subject to change to benefit the residents. Thank you in advance!

10:15 Roll & Stroll
2:15 Origami (activity room)

Recreation Facilitator- Kira

<p>3 10:15 Virtual Worship (activity room) 2:15 Music in the Garden</p> 	<p>4 10:15 Room Visits 2:15 Garden Social 2:15 Garden Social</p> <p>Labor Day</p>	<p>5 10:15 Visits 6:15 MAD SCIENCE Activity room)</p> 	<p>6 2:15 Craft Corner (2nd & 5th Floor activity room) 6:15 Balloon Tennis (5th Floor)</p>	<p>7 10:15 Bingo (4th & 5th Floor activity room) 2:15 Music with Gary McGill (activity room)</p>	<p>8 10:15 Chapel & iPad Visits (activity room) 2:15 Golf in the Garden (3rd & 5th Floor Garden)</p>	<p>9 10:15 1.1 Activities 2:15 Roll and Stroll (Outside)</p>
<p>10 10:15 Virtual Worship (activity room)</p>  <p>Grandparents Day</p>	<p>11 10:15 Room Visits 2:15 Music & Dance (4th & 5th Floor activity room)</p>	<p>12 10:15 Visits 2:15 Musical Hangman (4th & 5th Floor)</p>	<p>13 10:15 Drum Circle (activity room) 12:00 Residents BBQ 2:15 Travelogue to Jamaica (activity room) 6:15 Roll a Rainbow (5th Floor)</p>	<p>14 SPA DAY 10:15 - 11:15 2:15 - 3:15 6:15 - 7:15</p> 	<p>15 10:15 Chapel (activity room) 2:15 Painting with Val</p> <p>Rosh Hashanah Begins</p>	<p>16 10:15 Jewellery Making 2:15 Batman Movie Social</p> <p>Oktoberfest Begins</p>
<p>17 10:15 Virtual Worship (activity room) 2:15 Axe Throwing</p> 	<p>18 10:15 Room Visits 10:15 Poet-tree (activity room) 2:15 Name That Tune (3rd & 5th Floor activity room)</p>	<p>19 10:15 Visits 6:15 Paint Night (activity room)</p> 	<p>20 10:15 Drive Outing (limited spots 4th & 5th Floor) 2:15 Ball Toss (5th Floor)</p>	<p>21 10:15 Bingo (4th & 5th Floor activity room) 2:15 Music with Gary Munn (activity room)</p>	<p>22 10:15 Chapel & iPad Visits (activity room) 2:15 Craft-Corner (3rd & 5th Floor activity room)</p>	<p>23 2:15 Roll and Stroll (OUTDOORS)</p> <p>Autumn Begins</p>
<p>24 10:15 Virtual Worship (activity room) 2:15 Bowling</p>  <p>Yom Kippur</p>	<p>25 10:15 Room Visits 2:15 Trivia Bowling (4th & 5th Floor activity room)</p>	<p>26 10:15 Residents Council (activity room) 2:15 Darts (5th Floor)</p>	<p>27 10:15 Catholic Communion 2:15 Sing With Richard (activity room) 6:15 Manicures (5th Floor)</p>	<p>28 10:15 Bingo (4th & 5th Floor activity room) 2:15 Music with Jim Ashby (activity room)</p>	<p>29 10:15 Chapel (activity room) 2:15 Movie Afternoon (activity room)</p> <p>Sukkot Begins</p>	<p>30 10:15 Roll & Stroll (Weather Permitting) 2:15 Cider Social</p>