
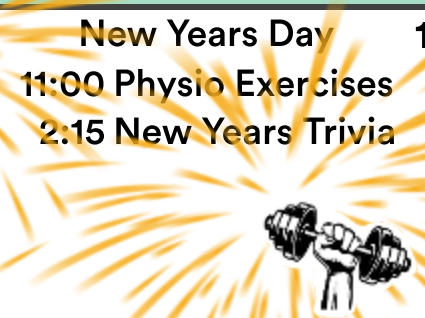


































Programs are designed to meet a variety of needs and are subject to change to benefit the residents. Thank you in advance.

January 2024

Chelsey Park Long Term Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 10:30 Virtual Worship 7 (activity room)	New Years Day 1 11:00 Physio Exercises 2:15 New Years Trivia 	6:15 Movie and Popcorn (activity room) 2 	10:30 BINGO (activity room) 3 11:00 Physio Exercises 2:15 Shoot A Deer (activity room)  	10:30 Sing Along 4 (second floor) 2:15 Music With Gary (activity room) 	10:30 Snowball Fight 5 10:30 Virtual Chapel Service (activity room) 11:00 Physio Exercises 2:15 Card Games (second floor) 	2:15 Balloon Tennis 6 (activity room)
10:30 Virtual Worship 7 (activity room)	11:00 Physio Exercises 8 2:15 Drum Circle (activity room) 	1:00 Health Club Swim (Rules Apply- See REC Staff) 9 6:15 Paint Night (activity room) 	10:00 Walmart Trip (Limited Space) 10 11:00 Physio Exercises 2:15 1:1 Visits (second floor) 	2:15 Tea Party 11 (activity room) 	10:30 Chapel Service 12 (activity room) 11:00 Physio Exercises 2:00 Horticulture (activity room) 	10:30 Baking Group 13 (activity room) 2:15 Saturday Movie Afternoon 
10:30 Virtual Worship 14 (activity room) 2:15 Axe Throwing (activity room) 	11:00 Physio Exercises 15 	2:15 Little Hobby Farm Visits 16 6:15 AGT Golden Buzzer  	10:30 BINGO (activity room) 17 11:00 Physio Exercises 2:15 Euchre Tournament (activity room)  	10:30 Reading Rainbow 18 2:15 Music With Georgina Rae 	10:30 Chapel Service 19 (activity room) 11:00 Physio Exercises 2:15 Movie 	10:30 Button Craft 20
10:30 Virtual Worship 21 (activity room) 2:15 Bocce Ball (activity room) 	10:30 Poet Tree 22 11:00 Physio Exercises 	10:30 Resident Council 23 2:15 Bowling (activity room) 6:15 Mad Science (activity room)  	10:00 Catholic Mass 24 10:30 BINGO (activity room) 11:00 Physio Exercises 2:00 Rec Staff In A 	10:30 Colouring 25 (second floor) 2:15 Music With The Finlay's (activity room) 	10:30 Chapel Service 26 (activity room) 11:00 Physio Exercises 2:15 Board Games (second floor) 	10:30 Karaoke 27 (activity room) 2:15 Saturday Movie Afternoon 
10:30 Virtual Worship 28 (activity room) 2:15 Horse Racing 	11:00 Physio Exercises 29 	2:15 Craft Corner 30 (activity room) 6:15 Amazing animal documentary  	10:30 BINGO (activity room) 31 11:00 Physio Exercises 2:45 You Name it We Play It Music Request 7:00 C 	<h1>2nd Floor</h1> <p>For further information, contact the recreation office at ext. 224.</p>		

3RD FLOOR

HAPPY NEW YEAR

January 2024

Chelsey Park Long Term Care




























Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<div>New Years Day 1</div>	<div>8:45 Handout planner and taking down decorations 2</div> <div>1:30 Phvsios Exercise</div>	<div>10:30 BINGO (activity room) 3</div> <div>2:15 Shoot A Deer (activity room)</div>	<div>2:15 Music With Gary (activity room) 4</div> <div>6:15 Manicures</div>	<div>10:30 Snowball Fight 5</div> <div>10:30 Virtual Chapel Service (activity room)</div> <div>1:30 EXERCISE</div> <div>2:15 Colouring</div>	<div>2:15 Balloon Tennis (activity room) 6</div>
<div>10:30 Virtual Worship (activity room) 7</div>	<div>10:30 Elvis Presley Music 8</div> <div>2:15 Drum Circle (activity room)</div>	<div>10:15 1:1 visits 9</div> <div>1:00 Health Club Swim (Rules Apply- See REC Staff)</div> <div>1:30 Exercise</div> <div>6:15 Paint Night (activity room)</div>	<div>10:00 Walmart Trip (Limited Space) 10</div> <div>2:15 Awesome Animal Documentary</div>	<div>2:15 Tea Party (activity room) 11</div> <div>6:15 Curling</div>	<div>10:30 Chapel Service (activity room) 12</div> <div>1:30 EXERCISE</div> <div>2:00 Horticulture (activity room)</div>	<div>10:30 Baking Group (activity room) 13</div> <div>2:15 Saturday Movie Afternoon</div>
<div>10:30 Virtual Worship (activity room) 14</div> <div>2:15 Axe Throwing (activity room)</div>	<div>10:30 Button art 15</div> <div>2:15 Bowling (activity room)</div>	<div>10:15 1:1 visits 16</div> <div>1:30 Exercise</div> <div>2:15 Little Hobby Farm</div>	<div>10:30 BINGO (activity room) 17</div> <div>2:15 Euchre Tournament (activity room)</div>	<div>2:15 Music With Georgina Rae 18</div> <div>6:15 Playing cards</div>	<div>10:30 Chapel Service (activity room) 19</div> <div>1:30 EXERCISE</div> <div>2:15 Movie</div>	<div>10:30 Button Craft 20</div>
<div>10:30 Virtual Worship (activity room) 21</div> <div>2:15 Bocce Ball (activity room)</div>	<div>10:30 Poet Tree 22</div> <div>2:15 Travelogue</div>	<div>10:30 Resident Council 23</div> <div>1:30 Exercise</div> <div>2:15 1:1 visits</div>	<div>10:00 Catholic Mass 24</div> <div>10:30 BINGO (activity room)</div> <div>2:00 Rec Staff In A</div>	<div>2:15 Music With The Finlay's (activity room) 25</div> <div>6:15 Manicures</div>	<div>10:30 Chapel Service (activity room) 26</div> <div>1:30 EXERCISE</div>	<div>10:30 Karaoke (activity room) 27</div> <div>2:15 Saturday Movie Afternoon</div>
<div>10:30 Virtual Worship (activity room) 28</div> <div>2:15 Horse Racing</div>	<div>10:30 Fun facts 29</div> <div>2:15 1:1 VISITS</div>	<div>10:15 1:1 visits 30</div> <div>1:30 Exercise</div>	<div>10:30 BINGO (activity room) 31</div> <div>2:45 You Name it We Play It Music Request</div> <div>7:00 Celebration of Life</div>	<div> <div>Programs are designated to meet variety's of needs and are subject to change to benefit the residents.</div> <div>for further information's, contact the recreation office at ext. 224</div> <div>"Happy New year"</div> <div>Thank you!</div> <div>Fatema</div> </div> <div> </div>		

January 2024

Chelsey Park Long Term Care

4th Floor



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<div>New Years Day 1 10:30 Hand Out Calendars 2:15 New Years Trivia </div>	<div>10:30 Guess The Song 2 2:15 Movie </div>	<div>1:30 Physio Exercises 3 2:15 Shoot A Deer (activity room) 6:15 Painting </div>	<div>10:30 BINGO (activity room) 4 11:00 Physio Exercises 2:15 Music With Gary (activity room) </div>	<div>10:30 Snowball Fight 5 10:30 Virtual Chapel Service (activity room) 6:15 Visits </div>	<div>10:30 Manicures 6 2:15 Balloon Tennis (activity room) </div>
<div>10:30 Virtual Worship (activity room) 7 2:15 Baking Group Reindeer Brownies </div>	<div>2:15 Drum Circle (activity room) 8 </div>	<div>1:00 Health Club Swim (Rules Apply- See REC Staff) 9 6:15 Paint Night (activity room) </div>	<div>10:00 Walmart Trip (Limited Space) 10 1:30 Physio Exercises 6:15 Axe Throwing </div>	<div>10:30 BINGO (activity room) 11 11:00 Physio Exercises 2:15 Tea Party (activity room) </div>	<div>10:30 Chapel Service (activity room) 12 3:00 Horticulture (activity room) </div>	<div>2:15 Saturday Movie Afternoon 13 </div>
<div>10:30 Virtual Worship (activity room) 14 2:15 Visits</div>	<div>10:30 Jewelry making 15 2:15 Travelogue Italy </div>	<div>10:30 Visits 16 2:15 Trivia </div>	<div>1:30 Physio Exercises 17 2:15 Euchre Tournament (activity room) 6:15 Watch A Hockey Game on Tv</div>	<div>10:30 BINGO (activity room) 18 11:00 Physio Exercises 2:15 Music With Georgina Rae </div>	<div>10:30 Chapel Service (activity room) 19 2:15 Movie </div>	<div>10:30 Button Craft 20 1:00 Visits </div>
<div>10:30 Virtual Worship (activity room) 21 2:15 Bocce Ball (activity room) </div>	<div>10:30 Poet Tree 22</div>	<div>10:30 Resident Council 23 2:15 Bowling (activity room) </div>	<div>10:00 Catholic Mass 24 1:30 Physio Exercises 2:00 Rec Staff In A Meeting 6:15 Documentary </div>	<div>10:30 BINGO (activity room) 25 11:00 Physio Exercises 2:15 Music With The Finlay's (activity room) </div>	<div>10:30 Chapel Service (activity room) 26 2:15 Karoke </div>	<div>2:15 Saturday Movie Afternoon 27 </div>
<div>10:30 Virtual Worship (activity room) 28</div>	<div>2:15 Craft Corner 29 </div>	<div>2:15 Manicures 30 </div>	<div>1:30 Physio Exercises 31 2:45 You Name it We Play It Music Request 7:00 Celebration of Life</div>	<div></div>		



January 2024



















Chelsey Park Long Term Care



SOUTHBRIDGE
CARE HOMES
Creating Caring Environments
For further info please contact the recreation office at 224

5th Floor

Recreation Facilitator -Kira

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 10:30 Virtual Worship (activity room) 7 2:15 Roll a Rainbow (5th floor) 	 New Years Day 1 11:00 Physio exercises (elevators) 8	 2	3 10:30 Reading (1:1) 1:30 Physio exercises 2:15 Shoot A Deer (activity room)	4 10:30 BINGO (activity room) 2:15 Music With Gary (activity room)	5 10:30 Virtual Chapel Service (activity room) 11:00 Physio exercises (elevators)	6 10:30 Manicures (5th floor) 2:15 Balloon Tennis (activity room)
 10:30 Virtual Worship (activity room) 14 2:15 Bocce Ball (activity room) 	 11:00 Physio exercises (elevators) 15 2:15 Bowling (activity room) 6:15 Cards	 16	 10:30 Reading (1:1) 17 1:30 Physio exercises 2:15 Euchre Tournament (activity room) 6:15 Colouring	 10:30 BINGO (activity room) 18 2:15 Music With Georgina Rae	19 10:30 Chapel Service (activity room) 11:00 Physio exercises (elevators) 2:15 Movie	 10:30 Button Craft 20 2:15 Visits (1:1) 
 10:30 Virtual Worship (activity room) 21 2:15 Bocce Ball (activity room)	22 10:30 Poet Tree 11:00 Physio exercises (elevators) 2:15 Baking Group (activity room) 6:15 Cards (5th floor)	 10:30 Resident Council 23	24 10:00 Catholic Mass 1:30 Physio exercises 2:00 Rec Staff In A Meeting	25 10:30 BINGO (activity room) 2:15 Music With The Finlay's (activity room)	26 10:30 Chapel Service (activity room) 11:00 Physio exercises (elevators) 2:15 Balloon Tennis (5th Floor)	 2:15 Saturday Movie Afternoon 27
 10:30 Virtual Worship (activity room) 28	29 11:00 Physio exercises (elevators) 2:15 Visits (1:1) 6:15 Cards (5th floor)	 10:30 Manicures (5th Floor) 30 2:15 Craft Corner (activity room)	31 10:30 Balloon Tennis (5th Floor) 1:30 Physio exercises 2:45 You Name it We Play It Music Request 7:00 Celebration of Life			Programs are designed to meet a variety of needs and are subject to change to benefit the residents. Thank you in advance!