


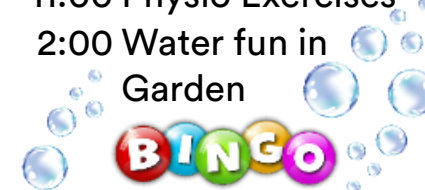
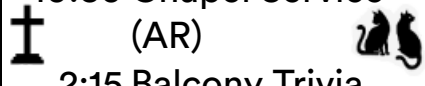



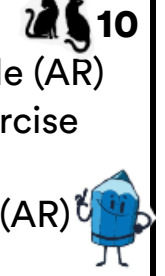

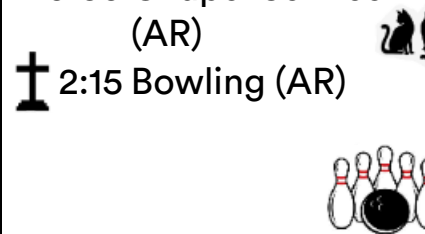






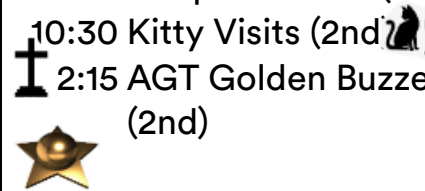




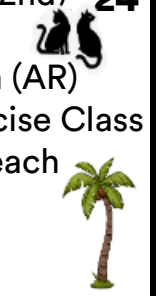






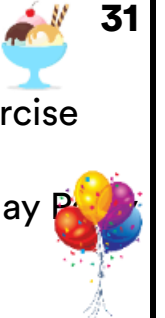



July 2024

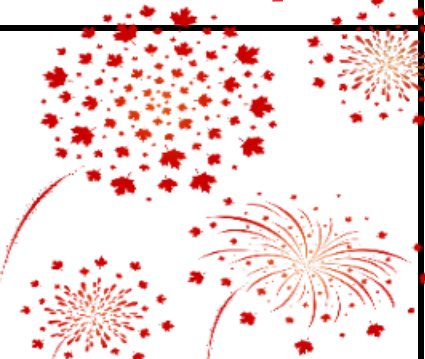
























Chelsey Park Long Term Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Canada Day 1 10:00 Calendar Visits 11:00 Physio Exercise Class 2:15 Canada Day Celebrations (G)	2:15 Musical Trivia 2 6:15 Campfire (G) 	9:00 Visits 3 10:00 Carnival Day 11:00 Physio Exercise Class 	9:00 Colouring (2nd) 4 10:30 BINGO (AR) 11:00 Physio Exercises 2:00 Water fun in Garden 	9:00 Kitty Visits (2nd) 5 10:30 Chapel Service (AR) 2:15 Balcony Trivia 	9:00 Ipad visits 6 10:30 Ball Catch (G) 2:00 Movie afternoon (AR)
9:00 Morning Tunes and Visits 7 10:30 Virtual Worship (AR) 2:15 Curling (AR) 	9:00 Colouring (2nd) 8 10:30 Good Morning, Good News (AR) 11:00 Physio Exercise Class 2:00 Card Games (AR) 	2:15 Men's Club (AR) 9 2:30 Balcony Chats (2nd) 6:15 Mad Science 	9:00 Kitty Visits 10 10:30 Drum Circle (AR) 11:00 Physio Exercise Class 2:15 Pictionary (AR) 	9:00 Colouring (2nd) 11 10:30 BINGO (AR) 11:00 Physio Exercises 2:15 Music with Gary McGill (AR) 	9:00 Kitty Visits (2nd) 12 10:30 Chapel Service (AR) 2:15 Bowling (AR) 	9:00 Room Visits (2nd) 13 10:30 BINGO (2nd) 2:15 Music with Bob 
9:00 Morning Tunes and Visits 14 10:30 Virtual Worship (AR) 10:30 Nature Walk 2:15 Cotton Candy in the Garden 	11:00 Physio Exercise Class 15 12:00 Luncheon; Rules apply, see REC (AR) 2:00 Card Games (AR) 	2:15 Garden Tea Party (G) 16 6:15 Water Colour w Aimee (2nd) 	10:30 Poet Tree (AR) 17 11:00 Physio Exercise Class 1:00 Jet Air Museum Tour (Rules Apply, See REC) 	10:30 BINGO (AR) 18 11:00 Physio Exercises 2:15 Music with Susie Q (AR) 	8:00 Breakfast Club 19 (AR) 10:30 Chapel Service (AR) 10:30 Kitty Visits (2nd) 2:15 AGT Golden Buzzer (2nd) 	9:00 Ipad Visits 20 10:15 Garden visit 2:15 Axe Throwing (G) 
9:00 Morning Tunes and Visits 21 10:30 Virtual Worship (AR) 2:00 Craft Corner (AR) 	9:00 Riddles and Word Games (2nd) 22 10:30 Sensory Bins (2nd) 11:00 Physio Exercise Class 2:00 Card Games (AR) 	10:30 Colouring (2nd) 23 6:00 Outdoor Movie Night (G) 	9:00 Kitty Visits (2nd) 24 10:00 Catholic Communion (AR) 11:00 Physio Exercise Class 2:15 Backyard Beach Party (G) 	10:30 BINGO (AR) 25 11:00 Physio Exercises 2:15 Music with the Goldies (AR) 	9:00 Kitty visits (2nd) 26 10:30 Virtual Service 2:15 Woman's Club (AR) 	9:00 Ipad visits 27 10:30 BINGO (2nd) 2:00 Movie Afternoon (AR) 
9:00 Morning Tunes and Visits 28 10:30 Virtual Worship (AR) 2:15 Craft Corner (2nd) 	10:00 Shopping Trip (Rules Apply, See REC) 29 11:00 Physio Exercise Class 2:00 Card Games (AR) 	10:30 Residents Council 30 1:00 Swimming (Rules Apply, see REC) 6:15 Glow Party 	10:30 Ice Cream Social (G) 31 11:00 Physio Exercise Class 2:15 July Birthday Party 	Programs are designed to meet a variety of needs and are subject to change to benefit the residents. For further information, please contact the recreation office at ext. 224 		

3rd Floor

July 2024


























Chelsey Park Long Term Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Canada Day 1 9:00 Chess 10:30 Reading 1:1(G) 2:15 Canada Day Celebrations (G) 6:15 Montessori 	2 9:00 Colouring 10:30 1:1 visits 1:30 Physio Exercise Class 6:15 Laundry Folding	3 9:00 Montessori 10:00 Carnival Day 	4 9:00 Busy bee 10:00 Bingo  6:15 Colouring 	5 9:00 Morning Table talk 10:30 Chapel Service (AR) 1:30 Physio Exercises 2:15 AGT Golden buzzer 6:15 Ball Toss	6 9:00 Morning stretch 10:15 Garden visit 2:00 Movie afternoon (AR)
7 9:00 Morning Tunes and Visits 10:30 Virtual Worship (AR) 2:15 Curling (AR) 	8 9:00 Chess 10:30 Good Morning, Good News (AR) 2:15 Balloon tennis (G) 	9 9:00 Rolls and strolls 10:30 1:1 visits 1:30 Physio Exercise Class 2:15 Men's Club (AR) 6:00 Movie Matinee 	10 9:00 Montessori 10:30 Drum Circle (AR) 2:15 Pictionary (AR) 6:15 Manicures 	11 9:00 Busy bee 10:00 Bingo  2:15 Music with Gary McGill (AR) 6:15 Colouring 	12 9:00 Morning Table talk 10:30 Chapel Service (AR) 1:30 Physio Exercises 2:15 Bowling (AR)	13 10:30 Ball Toss 2:15 Music with Bob 
14 9:00 Morning Tunes and Visits 10:30 Busy hands 10:30 Virtual Worship (AR) 2:15 Cotton Candy in the Garden 	15 9:00 Chess 12:00 Luncheon; Rules apply, see REC (AR) 2:15 Balloon tennis (G) 6:15 Montessori	16 9:00 Colouring 10:30 1:1 visits 1:30 Physio Exercise Class 2:15 Garden Tea Party (G) 6:15 Mini Golf 	17 9:00 Montessori 10:30 Poet Tree (AR) 2:15 Travelogue 6:15 Manicures 	18 9:00 Busy bee 10:00 Bingo  2:15 Music with Susie Q (AR) 6:15 Colouring 	19 8:00 Breakfast Club (AR) 9:00 Morning Table talk 10:30 Chapel Service (AR) 1:30 Physio Exercises 2:15 AGT Golden buzzer 6:15 Indoor Bowling 	20 9:00 Morning stretch 10:15 Garden visit 2:00 Movie afternoon (AR) 2:15 Axe Throwing (G) 
21 9:00 Morning Tunes and Visits 10:30 Virtual Worship (AR) 2:00 Craft Corner (AR)	22 9:00 Chess 10:30 Reading 1:1(G) 2:15 Balloon tennis (G) 6:15 Outdoor Walks 	23 9:00 Colouring 10:30 1:1 visits 1:30 Physio Exercise Class 2:15 Projector working 6:15 Manicures	24 9:00 Montessori 10:00 Catholic Communion (AR) 2:15 Backyard Beach Party (G) 6:15 Balloon Baseball	25 9:00 Busy bee 10:00 Bingo  2:15 Music with the Goldies (AR) 6:15 Colouring 	26 9:00 Morning Table talk 10:30 Virtual Service (AR) 1:30 Physio Exercises 2:15 Woman's Club (AR)	27 9:00 Morning stretch 10:30 Ball Toss 2:00 Movie afternoon (AR) 
28 9:00 Morning Tunes and Visits 10:30 Busy hands 10:30 Virtual Worship (AR) 2:15 Balloon Tennis (G)	29 9:00 Chess 10:00 Shopping Trip (Rules Apply, See REC) 10:30 Reading 1:1(G) 2:15 Balloon tennis (G) 6:15 Montessori	30 9:00 Colouring 10:30 1:1 visits 10:30 Residents Council 1:00 Swimming (Rules Apply, see REC) 1:30 Physio Exercise Class 6:15 Ice Cream Social	31 9:00 Montessori 10:30 Ice Cream Social (G) 2:15 July Birthday Party 6:15 Music & Dance Party	Programs are designated to meet variety's of needs and are subject to change to benefit the residents or due to weather . for further information's, contact the recreation office at ext. 224  Thank you! Recreational Aid Fatema 		

4th Floor

July 2024

Chelsey Park Long Term Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend AR- Activity Room B- Balcony G- Garden 	Canada Day 1 9:00 Piano Music 11:00 Physio Exercise Class 2:15 Canada Day Celebrations (G) 	9:00 Cat Visits 2 10:30 Balloon Tennis 11:00 Physio Exercises 2:15 Birdwatching & Feeding 	9:00 Piano Music 3 10:00 Carnival Day 1:30 Physio Exercises 6:15 Manicures 	9:00 1:1 Reminiscing 4 10:30 BINGO (AR) 2:15 Waterplay (G) 	9:00 1:1 Reading Visits 5 10:30 Chapel Service (AR) 11:00 Physio Exercise Class 2:15 Roll & Stroll 	9:00 Morning Reminiscing 6 10:30 Short Stories and Morning Stretch 2:15 Travelogue
9:00 Morning Tunes and Visits 7 10:30 Virtual Worship (AR) 2:15 Outdoor Walk (G)	9:00 Piano Music 8 10:30 Good Morning, Good News (AR) 11:00 Physio Exercise Class 2:00 Card Games (AR) 6:15 Campfire 	9:00 Cat Visits 9 10:30 Balloon Tennis 11:00 Physio Exercises 2:15 Men's Club (AR) 	9:00 Piano Music 10 10:30 Drum Circle (AR) 1:30 Physio Exercises 2:15 Pictionary (AR) 6:15 Documentary 	9:00 1:1 Reminiscing 11 10:30 BINGO (AR) 2:15 Music with Gary McGill (AR) 	9:00 1:1 Reading Visits 12 10:30 Chapel Service (AR) 11:00 Physio Exercise Class 2:15 Bowling (AR) 	9:00 Morning Reminiscing 13 10:30 Short Stories and Morning Stretch 2:15 Music with Bob
9:00 Morning Tunes and Visits 14 10:30 Virtual Worship (AR) 10:30 Nature Walk 2:15 Garden Visits	9:00 Piano Music 15 10:30 AGT 11:00 Physio Exercise Class 12:00 Luncheon; Rules apply, see REC (AR) 2:00 Card Games (AR) 	9:00 Cat Visits 16 10:30 Balloon Tennis 11:00 Physio Exercises 2:15 Garden Tea Party (G) 	9:00 Piano Music 17 10:30 Poet Tree (AR) 1:00 Jet Air Museum Tour (Rules Apply, See REC) 1:30 Physio Exercises 6:15 Manicures 	9:00 1:1 Reminiscing 18 10:30 BINGO (AR) 2:15 Music with Susie Q (AR) 	8:00 Breakfast Club (AR) 19 9:00 1:1 Reading Visits 10:30 Chapel Service (AR) 11:00 Physio Exercise Class 2:00 Movie Afternoon 	9:00 Morning Reminiscing 20 10:30 Craft Corner (AR) 2:15 Axe Throwing (G) 
9:00 Morning Tunes and Visits 21 10:30 Virtual Worship (AR) 2:00 Craft Corner (AR) 	9:00 Piano Music 22 11:00 Physio Exercise Class 2:00 Card Games (AR) 	9:00 Cat Visits 23 10:30 Balloon Tennis 11:00 Physio Exercises 2:00 Garden Walk (G)	9:00 Piano Music 24 10:00 Catholic Communion (AR) 1:30 Physio Exercises 2:15 Backyard Beach Party (G) 6:15 Travelogue	9:00 1:1 Reminiscing 25 10:30 BINGO (AR) 2:15 Music with the Goldies (AR) 	9:00 1:1 Reading Visits 26 10:30 Virtual Service (AR) 11:00 Physio Exercise Class 2:15 Woman's Club (AR)	9:00 Morning Reminiscing 27 10:30 Short Stories and Morning Stretch 2:15 Movie Afternoon 
9:00 Morning Tunes and Visits 28 10:30 Virtual Worship (AR) 2:15 Balloon Tennis (G) 	9:00 Piano Music 29 11:00 Physio Exercise Class 11:00 Shopping Trip (Rules Apply, See REC) 2:00 Card Games (AR) 6:15 Bean Bag Throw (AR)	9:00 Cat Visits 30 10:30 Residents Council 11:00 Physio Exercises 1:00 Swimming (Rules Apply, see REC)	9:00 Piano Music 31 10:30 Ice Cream Social (G) 1:30 Physio Exercises 2:15 July Birthday Party 6:15 Calender Visits 			Programs are designed to meet a variety of needs and are subject to change to benefit the residents. Facilitator- 4th Floor Recreation Aide

The summer is a more carefree season, reminding us all to live in the moment.
5th Floor

July 2024

Chelsey Park Long Term Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>LEGEND AR= Activity Room G= Garden 1:1= One To One Visit</p>	<p>Canada Day 1 11:00 Physio Exercise Class 2:15 Canada Day Celebrations (G) 6:15 Calendar Visits</p>	<p>9:00 Game Visits (1:1) 2 10:30 Travelogue 2:15 Birdwatching & Feeding</p>	<p>9:00 Kitty Visits 3 10:00 Carnival Day 11:00 Physio Exercise Class</p>	<p>9:00 Reading (1:1) 4 10:30 BINGO (AR) 2:15 Waterplay (G)</p>	<p>9:00 Morning Chats 5 10:30 Chapel Service (AR) 11:00 Physio Exercises 2:15 Roll & Stroll</p>	<p>9:00 Visits 6 10:30 Ball Catch (G) 2:15 Board Games</p>
<p>9:00 Morning Tunes and Visits 7 10:30 Virtual Worship (AR) 2:15 Brain Game</p>	<p>10:30 Good Morning, Good News (AR) 8 11:00 Physio Exercise Class 2:00 Card Games (AR) 6:15 Campfire</p>	<p>9:00 Game Visits (1:1) 9 10:30 1:1 Discussions 2:15 Men's Club (AR)</p>	<p>9:00 Kitty Visits 10 10:30 Drum Circle (AR) 11:00 Physio Exercise Class 2:15 Pictionary (AR)</p>	<p>9:00 Reading (1:1) 11 10:30 BINGO (AR) 2:15 Music with Gary McGill (AR)</p>	<p>9:00 Morning Chats 12 10:30 Chapel Service (AR) 11:00 Physio Exercises 2:15 Bowling (AR)</p>	<p>9:00 Visits 13 10:30 Music And Atmosphere (G) 2:15 Music with Bob</p>
<p>9:00 Morning Tunes and Visits 14 10:30 Virtual Worship (AR) 2:15 Balloon Tennis 8:00 Copa America 2024 Finals</p>	<p>11:00 Physio Exercise Class 15 12:00 Luncheon; Rules apply, see REC (AR) 2:00 Card Games (AR) 2:00 Manicures</p>	<p>9:00 Game Visits (1:1) 16 10:30 Colouring 2:15 Garden Tea Party (G)</p>	<p>9:00 Kitty Visits 17 10:30 Poet Tree (AR) 11:00 Physio Exercise Class 1:00 Jet Air Museum Tour (Rules Apply, See REC)</p>	<p>9:00 Reading (1:1) 18 10:30 BINGO (AR) 2:15 Music with Susie Q (AR)</p>	<p>8:00 Breakfast Club (AR) 19 9:00 Morning Chats 10:30 Chapel Service (AR) 11:00 Physio Exercises 2:00 Movie Afternoon</p>	<p>9:00 Visits 20 10:30 Craft Corner (AR) 2:15 Axe Throwing (G)</p>
<p>9:00 Morning Tunes and Visits 21 10:30 Virtual Worship (AR) 2:00 Craft Corner (AR)</p>	<p>11:00 Physio Exercise Class 22 2:00 Card Games (AR) 6:15 Trivia</p>	<p>9:00 Game Visits (1:1) 23 10:30 1:1 Discussions 2:00 Garden Walk (G)</p>	<p>9:00 Kitty Visits 24 10:00 Catholic Communion (AR) 11:00 Physio Exercise Class 2:15 Backyard Beach Party (G)</p>	<p>9:00 Reading (1:1) 25 10:30 BINGO (AR) 2:15 Music with the Goldies (AR)</p>	<p>9:00 Morning Chats 26 10:30 Virtual Service (AR) 11:00 Physio Exercises 2:15 Woman's Club (AR)</p>	<p>9:00 Visits 27 10:30 Storytelling 2:15 Movie Afternoon</p>
<p>9:00 Morning Tunes and Visits 28 10:30 Virtual Worship (AR) 2:15 Balloon Tennis (G)</p>	<p>10:00 Shopping Trip (Rules Apply, See REC) 29 11:00 Physio Exercise Class 2:00 Card Games (AR) 6:15 Bean Bag Throw (AR)</p>	<p>9:00 Game Visits (1:1) 30 10:30 Residents Council 1:00 Swimming (Rules Apply, see REC)</p>	<p>9:00 Kitty Visits 31 10:30 Ice Cream Social (G) 11:00 Physio Exercise Class 2:15 July Birthday Party</p>	<p>Programs are designated to meet variety's of needs and are subject to change to benefit the residents or due to weather . for further information's, contact the recreation office at ext. 224 Thank you! Recreational Aide Harneet</p>		