

2nd Floor

November 2024

Chelsey Park Long Term Care



















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9:00 Colouring (2nd) 1 10:30 Chapel Service (AR) 2:15 Button Making (2nd)	9:00 Ball Toss 1:1 2 10:30 BINGO (2nd) 2:15 Movie Afternoon (AR)
9:00 Morning Tunes and Visits 3 10:30 Virtual Worship (AR) 1:30 Country Drive	10:30 Manicures 4 11:00 Physio Exercise Class 2:15 Men's Club (AR)	2:15 Curling (AR) 5 6:15 Paint Night (2nd) 	9:00 Sensory Play (2nd) 6 10:30 Poet Tree (AR) 11:00 Physio Exercise Class 2:15 Card Games and Board Games (AR) 6:15 Nachos Night (AR) 	8:00 2nd Floor Breakfast Club 7 9:00 Puzzles (2nd) 10:30 BINGO (On Unit) 11:00 Physio Exercises 2:15 Music w Gary McGill (AR)	9:00 Craft Corner "Poppies" (2nd) 8 10:30 Chapel Service (AR) 2:15 Woman's Club (AR)	10:00 Baking Group 9 2:15 Music w Joel Horvath (AR)
9:00 Morning Tunes and Visits 10 10:30 Virtual Worship (AR)	10:45 Remembrance Day Service (AR) 11 11:00 Physio Exercise Class 12:00 Remembrance Day Luncheon (AR) 2:15 Card and Board Games (AR)	2:15 Don Robertson Magic Show (AR) 12 6:00 Movie Night (AR) 	9:30 Giant Tiger (Rules apply, see REC) 13 9:45 Drum Circle (AR) 11:00 Physio Exercise Class 6:15 Mini Golf (AR)	10:30 BINGO (AR) 14 11:00 Physio Exercises 2:15 4th Floor Christmas Decoration 	8:00 Breakfast Club 15 (AR/Rules Apply, see REC) 10:30 Chapel Service (AR) 2:15 AGT Golden Buzzer (2nd)	9:00 Fun filter photo shoot 16 10:30 BINGO (2nd) 2:15 Afternoon Movie (AR)
9:00 Morning Tunes and Visits 17 10:30 Virtual Worship (AR) 2:15 Horse Races (AR) 	10:30 Colouring 18 11:00 Physio Exercise Class 2:15 Baking (AR)	2:15 Knitting Club (AR) 19 6:15 Watercolour w Aimee (2nd)	9:00 Music Appreciation (2nd) 20 10:30 Inspire (AR) 11:00 Physio Exercise Class 2:15 Card Games and Board Games (AR) 6:15 Connect 4 Game (AR)	9:00 Escape Room Activities (2nd) 21 10:30 BINGO (AR) 11:00 Physio Exercises 2:15 Music w Judy Coyle (AR)	9:00 Word Games (2nd) 22 10:30 Chapel Service (AR) 2:15 Karaoke w Donna De (AR)	10:30 Manicures 23 2:15 2 Hands Clay (AR)
9:00 Morning Tunes and Visits 24 10:30 Virtual Worship (AR)	10:30 Craft Corner (AR) 25 11:00 Physio Exercise Class 2:15 November Birthday Party (AR) 6:00 Movie Night (AR)	10:30 Residents Council (AR) 26 1:00 Swimming (Rules apply, see REC) 6:15 Movie Night (AR)	10:00 Catholic Communion (AR) 27 11:00 Physio Exercise Class 2:15 Baking Group (AR) 6:00 Xmas Lights Tour (Rules apply, see REC)	10:30 BINGO (AR) 28 11:00 Physio Exercises 2:15 Music w Susie Q (AR) 6:00 American Thanksgiving Dinner (Rules apply, see REC)	9:00 Reading 29 Rainbow (2nd) 10:30 Chapel Service (AR) 2:00 Horse Visits	9:00 Music Appreciation (2nd) 30 10:30 BINGO (2nd) 2:15 Baking Group (AR)

3rd Floor

November 2024

Chelsey Park Long Term Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Programs are designated to meet variety's of needs and are subject to change to benefit the residents or due to weather . for further information's, contact the recreation office at ext. 224 or email: cpprograms@southbridgecare.com Thank you! Recreational Aid Fatema</p>					<p>9:00 Morning Table talk 1 10:30 Chapel Service (AR) 1:30 Physio Exercises</p> 	<p>9:00 Go with the flow 2 2:15 Movie Afternoon (AR)</p>
<p>9:00 Morning Tunes and Visits 3 10:30 Virtual Worship (AR) 1:30 Country Drive</p> 	<p>9:00 Chess 4 10:30 Reading 1:1(G) 2:15 Men's Club (AR)</p> 	<p>9:00 Colouring 5 10:30 1:1 visits 1:30 Physio Exercise Class 2:15 Curling (AR) 6:15 Manicures</p> 	<p>9:00 Montessori 6 10:30 Poet Tree (AR) 2:15 Card Games and Board Games (AR) 6:15 Nachos Night (AR)</p> 	<p>9:00 Morning Exercise 7 (AR) 10:30 BINGO (On Unit) 2:15 Music w Gary McGill (AR) 6:15 Projector Games (AR)</p> 	<p>9:00 Morning Table talk 8 10:30 Chapel Service (AR) 1:30 Physio Exercises 2:15 AGT Golden buzzer 6:00 Movie Night</p>	<p>9:00 Visits 9 10:00 Baking Group 2:15 Music w Joel Horvath (AR)</p>
<p>9:00 Morning Tunes and Visits 10 10:30 Virtual Worship (AR) 2:15 Painting(3rd)</p> 	<p>9:00 Chess 11 10:45 Remembrance Day Service (AR) 12:00 Remembrance Day Luncheon (AR) 2:15 UNO 6:15 Trivia Night</p>	<p>9:00 Colouring 12 10:30 1:1 visits 1:30 Physio Exercise Class 2:15 Don Robertson Magic Show (AR) 6:00 Movie Night (AR)</p>	<p>9:00 Montessori 13 9:30 Giant Tiger (Rules apply, see REC) 9:45 Drum Circle (AR) 6:15 Mini Golf (AR)</p> 	<p>9:00 Morning Exercise 14 (AR) 10:30 BINGO (AR) 2:15 4th Floor Christmas</p> 	<p>8:00 Breakfast Club 15 (AR/Rules Apply, see REC) 9:00 Morning Table talk 10:30 Chapel Service (AR) 1:30 Physio Exercises</p>	<p>9:00 Morning stretch 16 2:15 Afternoon Movie (AR)</p> 
<p>9:00 Morning Tunes and Visits 17 10:30 Virtual Worship (AR) 2:15 Horse Races (AR)</p>	<p>9:00 Chess 18 10:30 Reading 1:1(G) 2:15 Baking (AR)</p> 	<p>9:00 Colouring 19 10:30 1:1 visits 1:30 Physio Exercise Class 2:15 Knitting Club (AR)</p> 	<p>9:00 Montessori 20 10:30 Inspire (AR) 2:15 Card Games and Board Games (AR)</p> 	<p>9:00 Morning Exercise 21 (AR) 10:30 BINGO (AR) 2:15 Music w Judy Coyle (AR) 6:15 Painting</p>	<p>9:00 Morning Table talk 22 10:30 Chapel Service (AR) 1:30 Physio Exercises 2:15 Karaoke w Donna De (AR) 6:15 Balloon Tennis</p> 	<p>9:00 Visits 23 10:00 Manicures 2:15 2 Hands Clay (AR)</p>
<p>9:00 Morning Tunes and Visits 24 10:30 Virtual Worship (AR) 2:15 Baking (AR)</p>	<p>9:00 Chess 25 10:30 Reading 1:1(G) 10:30 Craft Corner (AR) 2:15 November Birthday Party (AR) 6:00 Movie Night (AR)</p>	<p>9:00 Colouring 26 10:30 1:1 visits 10:30 Residents Council (AR) 1:00 Swimming (Rules apply, see REC) 1:30 Physio Exercise Class 6:15 Colouring</p>	<p>9:00 Montessori 27 10:00 Catholic Communion (AR) 2:15 Baking Group (AR)</p> 	<p>9:00 Morning Exercise 28 (AR) 10:30 BINGO (AR) 2:15 Music w Susie Q (AR) 6:00 American Thanksgiving Dinner (Rules apply, see REC)</p>	<p>9:00 Morning Table talk 29 10:30 Chapel Service (AR) 1:30 Physio Exercises 2:00 Horse Visits</p>	<p>9:00 Morning stretch 30 10:30 Manicures 2:15 Baking Group (AR)</p> 



November 2024

Chelsey Park Long Term Care
















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Programs are designed to meet a variety of needs and are subject to change to benefit the residents.</p> <p>For further information, please contact the recreation office at ext. 224 or cpprograms@southbridge.com.</p> <p>I hope you have a great rest of your day :)</p>					<p>9:00 1:1 Reading Visits 1</p> <p>10:30 Chapel Service (AR)</p> <p>11:00 Physio Exercise Class</p> <p>2:00 Calendar Visits</p>	<p>9:00 Morning Reminiscing 2</p> <p>10:30 Short Stories and Morning Stretch</p> <p>2:15 Movie Afternoon (AR)</p>
<p>9:00 Morning Tunes and Visits 3</p> <p>10:30 Virtual Worship (AR)</p> <p>1:30 Country Drive</p>	<p>9:00 Piano Music 4</p> <p>10:15 Visits</p> <p>2:15 Men's Club (AR)</p>	<p>9:00 Cat Visits 5</p> <p>10:30 Balloon Tennis</p> <p>11:00 Physio Exercises</p> <p>2:15 Curling (AR)</p>	<p>9:00 Piano Music 6</p> <p>10:30 Poet Tree (AR)</p> <p>1:30 Physio Exercises</p> <p>2:15 Card Games and Board Games (AR)</p> <p>6:15 Nachos Night (AR)</p>	<p>9:00 Morning Exercise (AR) 7</p> <p>10:30 BINGO (On Unit)</p> <p>2:15 Music w Gary McGill (AR)</p>	<p>9:00 1:1 Reading Visits 8</p> <p>10:30 Chapel Service (AR)</p> <p>11:00 Physio Exercise Class</p> <p>2:15 Manicures</p>	<p>9:00 Morning Reminiscing 9</p> <p>10:00 Baking Group</p> <p>2:15 Music w Joel Horvath (AR)</p>
<p>9:00 Morning Tunes and Visits 10</p> <p>10:30 Virtual Worship (AR)</p> <p>2:15 4th Floor Christmas Board Decoration</p>	<p>9:00 Piano Music 11</p> <p>10:45 Remembrance Day Service (AR)</p> <p>12:00 Remembrance Day Luncheon (AR)</p> <p>2:15 Card and Board Game (AR)</p> <p>6:15 Trivia Night</p>	<p>9:00 Cat Visits 12</p> <p>10:30 Balloon Tennis</p> <p>11:00 Physio Exercises</p> <p>2:15 Don Robertson Magic Show (AR)</p> <p>6:00 Movie Night (AR)</p>	<p>9:00 Piano Music 13</p> <p>9:30 Giant Tiger (Rules apply, see REC)</p> <p>9:45 Drum Circle (AR)</p> <p>1:30 Physio Exercises</p> <p>2:15 Drum Circle (AR)</p> <p>6:15 Mini Golf (AR)</p>	<p>9:00 Morning Exercise (AR) 14</p> <p>10:30 BINGO (AR)</p> <p>2:15 4th Floor Christmas Decoration</p>	<p>8:00 Breakfast Club (AR/Rules Apply, see REC) 15</p> <p>10:30 Chapel Service (AR)</p> <p>11:00 Physio Exercise Class</p> <p>2:15 4th Floor Christmas Board Decoration</p>	<p>9:00 Morning Reminiscing 16</p> <p>10:30 Short Stories and Morning Stretch</p> <p>2:15 Afternoon Movie (AR)</p>
<p>9:00 Morning Tunes and Visits 17</p> <p>10:30 Virtual Worship (AR)</p> <p>2:15 Horse Races (AR)</p>	<p>9:00 Piano Music 18</p> <p>10:15 Visits</p> <p>2:15 Baking (AR)</p>	<p>9:00 Cat Visits 19</p> <p>10:30 Balloon Tennis</p> <p>11:00 Physio Exercises</p> <p>2:15 Knitting Club (AR)</p>	<p>9:00 Piano Music 20</p> <p>10:30 Inspire (AR)</p> <p>1:30 Physio Exercises</p> <p>2:15 Card Games and Board Games (AR)</p> <p>6:15 Connect 4 Game (AR)</p>	<p>9:00 Morning Exercise (AR) 21</p> <p>10:30 BINGO (AR)</p> <p>2:15 Music w Judy Coyle (AR)</p>	<p>9:00 1:1 Reading Visits 22</p> <p>10:30 Chapel Service (AR)</p> <p>11:00 Physio Exercise Class</p> <p>2:15 Karaoke w Donna De (AR)</p>	<p>9:00 Morning Reminiscing 23</p> <p>10:30 Short Stories and Morning Stretch</p> <p>2:15 2 Hands Clay (AR)</p>
<p>9:00 Morning Tunes and Visits 24</p> <p>10:30 Virtual Worship (AR)</p> <p>2:00 Manicures</p> <p>2:15 Baking (AR)</p>	<p>9:00 Piano Music 25</p> <p>10:30 Craft Corner (AR)</p> <p>2:15 November Birthday Party (AR)</p> <p>6:00 Movie Night (AR)</p>	<p>9:00 Cat Visits 26</p> <p>10:30 Balloon Tennis</p> <p>10:30 Residents Council (AR)</p> <p>11:00 Physio Exercises</p> <p>1:00 Swimming (Rules apply, see REC)</p> <p>6:15 Movie Night (AR)</p>	<p>9:00 Piano Music 27</p> <p>10:00 Catholic Communion (AR)</p> <p>1:30 Physio Exercises</p> <p>2:15 Baking Group (AR)</p> <p>6:00 Xmas Lights Tour (Rules apply, see REC)</p>	<p>9:00 Morning Exercise (AR) 28</p> <p>10:30 BINGO (AR)</p> <p>2:15 Music w Susie Q (AR)</p> <p>6:00 American Thanksgiving Dinner (Rules apply, see REC)</p>	<p>9:00 1:1 Reading Visits 29</p> <p>10:30 Chapel Service (AR)</p> <p>11:00 Physio Exercise Class</p> <p>2:00 Horse Visits</p>	<p>9:00 Morning Reminiscing 30</p> <p>10:30 Short Stories and Morning Stretch</p> <p>2:15 Baking Group (AR)</p>

“In November, the earth is growing quiet. It is making its bed, a winter bed for flowers and small creatures.”
5TH FLOOR

November 2024

Chelsey Park Long Term Care



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9:00 Morning Tunes and Visits 3 10:30 Virtual Worship (AR) 1:30 Country Drive	11:00 Physio exercises 4 2:15 Men's Club (AR) 6:15 Manicures 	9:00 Game Visits (1:1) 5 10:30 Current Events (AR) 2:15 Curling (AR)	9:00 Chat Visits 6 10:30 Poet Tree (AR) 11:00 Physio Exercise Class 2:15 Card Games and Board Games (AR) 6:15 Nachos Night (AR) 	9:00 Morning Exercise (AR) 7 10:30 BINGO (On Unit) 2:15 Music w Gary McGill (AR) 	9:00 Reading 1:1 8 10:30 Chapel Service (AR) 11:00 Physio Exercises	9:00 Visits 9 10:00 Baking Group 2:15 Music w Joel Horvath (AR) 
9:00 Morning Tunes and Visits 10 10:30 Virtual Worship (AR) 2:15 Kitty Visits 	10:45 Remembrance Day Service (AR) 11 11:00 Physio exercises 12:00 Remembrance Day Luncheon (AR) 2:15 Card and Board Games (AR) 6:15 Trivia Night 	9:00 Game Visits (1:1) 12 10:30 Current Events (AR) 2:15 Don Robertson Magic Show (AR) 6:00 Movie Night (AR) 	9:00 Chat Visits 13 9:30 Giant Tiger (Rules apply, see REC) 11:00 Physio Exercise Class 2:15 Drum Circle (AR) 6:15 Mini Golf (AR) 	9:00 Morning Exercise (AR) 14 10:30 BINGO (AR) 2:15 Christmas Decoration	8:00 Breakfast Club (AR/Rules Apply, see REC) 15 9:00 Reading 1:1 10:30 Chapel Service (AR) 11:00 Physio Exercises	9:00 Memory Lane 16 Room Visits 10:30 Craft Corner 2:15 Afternoon Movie (AR)
9:00 Morning Tunes and Visits 17 10:30 Virtual Worship (AR) 2:15 Horse Races (AR)	11:00 Physio exercises 18 2:15 Baking (AR) 6:15 Manicures 	9:00 Game Visits (1:1) 19 10:30 Current Events (AR) 2:15 Knitting Club (AR)	9:00 Chat Visits 20 10:30 Inspire (AR) 11:00 Physio Exercise Class 2:15 Card Games and Board Games (AR) 6:15 Connect 4 Game (AR) 	9:00 Morning Exercise (AR) 21 10:30 BINGO (AR) 2:15 Music w Judy Coyle (AR) 	9:00 Reading 1:1 22 10:30 Chapel Service (AR) 11:00 Physio Exercises 2:15 Karaoke w Donna De (AR)	9:00 Visits 23 10:30 Monthly Gazette 2:15 2 Hands Clay (AR)
9:00 Morning Tunes and Visits 24 10:30 Virtual Worship (AR) 2:15 Baking (AR)	10:30 Craft Corner (AR) 25 11:00 Physio exercises 2:15 November Birthday Party (AR) 6:00 Movie Night (AR) 	9:00 Game Visits (1:1) 26 10:30 Current Events (AR) 10:30 Residents Council (AR) 1:00 Swimming (Rules apply, see REC) 6:15 Movie Night (AR)	9:00 Chat Visits 27 10:00 Catholic Communion (AR) 11:00 Physio Exercise Class 2:15 Baking Group (AR) 6:00 Xmas Lights Tour (Rules apply, see REC) 	9:00 Morning Exercise (AR) 28 10:30 BINGO (AR) 2:15 Music w Susie Q (AR) 6:00 American Thanksgiving Dinner (Rules apply, see REC)	9:00 Reading 1:1 29 10:30 Chapel Service (AR) 11:00 Physio Exercises 2:00 Horse Visits	9:00 Memory Lane 30 Room Visits 10:30 Chair Yoga 2:15 Baking Group (AR)