

2nd Floor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Calendar Visit 1 10:30 Gingerbread House 10:30 Virtual Worship 2:15 Paper Snowflakes	11:00 Physio Exercise Class 2 2:15 Visits	2:15 All Request Hour 3 (2nd) 6:00 Movie Night "Home Alone" (AR)	9:00 2nd Floor Poetree 4 10:30 Music Appreciation 11:00 Physio Exercise Class 2:15 Music w Blue Skies (2nd)	10:00 Christmas Bazzar (10am-3pm) 5 11:00 Physio Exercises	9:00 Word Games (2nd) 6 10:30 Chapel Service 2:15 Men's and Women's Club (on floors) 2:15 Music with Sarah Hall	10:30 Movie Morning 7 2:15 Manicures
9:00 Morning Tunes and Visits 8 10:30 Virtual Worship	9:00 Visits (2nd) 9 10:30 Craft Corner (2nd) 11:00 Physio Exercise Class 2:15 Cards and Board Games (AR)	2:15 Smore Party (2nd) 10 6:00 Xmas Lights Bus Tour (2nd) (Rules apply, see REC)	9:00 Inspire 11 10:30 Cold Sensory Play (2nd) 11:00 Physio Exercise Class 2:15 Christmas Trivia (2nd)	10:30 BINGO (2nd) 12 11:00 Physio Exercises 2:15 Visits	9:00 Snap Chat Filter Photoshoot 13 10:30 Chapel Service 2:15 Homemade Syrup Pops	9:00 Snowball fight (2nd) 14 10:30 BINGO (2nd) 2:15 Movie Afternoon "Noelle" (AR)
9:00 Morning Tunes and Visits 15 9:00 Colouring (2nd) 10:30 Virtual Worship 2:15 Borax Ornaments (2nd)	10:30 Manicures 16 11:00 Physio Exercise Class 2:15 Cards and Board games (2nd)	10:30 Resident Council (AR) 17 1:00 Swimming (Rules apply, see REC) 2:15 Chocolate Fountain Fun (2nd)	10:00 Roman Catholic Communion 18 10:30 Christmas Carol Sing-along 11:00 Physio Exercise Class 7:00 Celebration of Life (See REC for details)	9:00 Mystery Games (2nd) 19 10:30 BINGO (2nd) 11:00 Physio Exercises 2:15 Cold Sensory (2nd)	9:00 Snowball fight (2nd) 20 10:30 Chapel Service - Christmas Candlelight Service 2:15 Salt dough ornaments	10:30 Visits 21 2:15 Colouring
9:00 Morning Tunes and Visits 22 10:30 Virtual Worship	9:00 Elf Name Calculator (2nd) 23 10:30 Woodworking 11:00 Physio Exercise Class 2:15 Cards and Board games (2nd)	9:00 Colouring 24 10:30 Saran Wrap present game (2nd) 2:15 Hot Chocolate visits (2nd)	10:00 Santa's Elves are coming to town 25 11:00 Physio Exercise Class	9:00 Visits 26 10:30 BINGO (2nd) 11:00 Physio Exercises 2:15 Travelogue (AR)	9:00 Would you rather? 27 10:30 Virtual Chapel Service 2:15 December Birthday Party (2nd)	9:00 Escape Room Activities 28 10:30 BINGO (2nd) 2:00 Movie Afternoon (AR)
9:00 Morning Tunes and Visits 29 10:30 Virtual Worship 2:15 Mad Science (AR)	9:00 Visits 30 10:30 New Years Trivia 11:00 Physio Exercise Class 2:15 Card and Board Games (2nd)	9:00 Colouring (2nd) 31 10:30 Craft Corner (2nd) 2:15 New Years Eve Party With Ashby			Programs are designed to meet a variety of needs and are subject to change to benefit the residents. For further information, please contact the recreation team at recreation office at ext. 224 or cpprograms@southbridgecare.com	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Calendar Visit 10:30 Virtual Worship 2:15 Movie (AR) 	9:00 Chess 10:30 Fun facts 2:15 Puzzle 	9:00 Colouring 10:30 1:1 visits 1:30 Physio Exercise Class 2:15 Hot Chocolate Cart 6:15 Manicures (3rd) 	8:00 Breakfast Club 9:00 Montessori 10:00 3rd Floor Poetree 2:15 Cards and Board Games (AR)	10:00 Christmas Bazaar (10am-3pm) 6:15 Travelogue (3rd) 	9:00 Morning Table talk 10:30 Chapel Service 1:30 Physio Exercises 2:15 Women's Club (AR) 6:15 Movie Night (3rd)	9:00 Visits 10:30 1:1 Reading 2:15 Movie Afternoon 
9:00 Morning Tunes and Visits 10:30 Virtual Worship 2:15 Manicures 	9:00 Chess 10:30 Fun facts 2:15 Colouring 	9:00 Colouring 10:30 1:1 visits 1:30 Physio Exercise Class 2:15 Music w Geogina Rae (3rd)	9:00 Montessori 2:15 Card & Board Games 6:00 Movie Night (3rd)	9:00 Chair Dancing 10:30 Bingo (3rd) 2:15 Sing Along (AR) 6:15 Craft Corner (3rd) 	9:00 Morning Table talk 10:30 Chapel Service 1:30 Physio Exercises 	9:00 Busy Bee 10:15 Rolls and strolls 2:15 AGT Golden Buzzer 
9:00 Morning Tunes and Visits 10:30 Virtual Worship 2:15 Movie (AR) 	9:00 Chess 10:30 Fun facts 2:15 Puzzle 2:15 Bracelet Making 6:15 Smores & Chocolate Dips Social (AR) 	9:00 Colouring 10:30 1:1 visits 10:30 Resident Council (AR) 1:00 Swimming (Rules apply, see REC) 1:30 Physio Exercise Class 6:15 Movie Night (3rd)	9:00 Montessori 10:00 Roman Catholic Communion 2:15 Christmas Carols With Richard 7:00 Celebration of Life (See REC for details)	9:00 Morning Exercise (OF) 10:30 Bingo (3rd) 2:15 Sing Along 6:15 Balloon Tennis (3rd)	9:00 Morning Table talk 10:30 Chapel Service - Christmas Candlelight Service 1:30 Physio Exercises 2:15 AGT Golden buzzer (3rd) 2:15 Salt Dough Ornaments 6:15 Colouring (3rd)	9:00 Visits 10:30 1:1 Reading 2:15 Travelogue
9:00 Morning Tunes and Visits 10:30 Virtual Worship 2:15 Colouring 	9:00 Chess 10:30 Fun facts 2:15 Gingerbread House Making 	9:00 Colouring 10:30 Good Morning, Good Coffee(AR) 1:30 Physio Exercise Class 2:15 Indoor Bowling 	9:00 Watch for Santa's Helpers 	9:00 Chair Dancing 10:30 Bingo (3rd) 2:15 Manicure 	9:00 Morning Table talk 10:30 Virtual Chapel Service 1:30 Physio Exercises 2:15 December Birthday Party 	9:00 Busy Bee 10:15 Rolls and strolls 2:15 AGT Golden Buzzer 
9:00 Morning Tunes and Visits 10:30 Virtual Worship 2:15 Movie (AR)	9:00 Chess 10:30 Fun facts 2:15 Puzzle 	9:00 Colouring 10:30 1:1 visits 1:30 Physio Exercise Class 2:15 New year Party With Jim Aishby 	LEGEND OF= On floor AR= Activity Room 1:1= One To One Visit 3F= 3RD Floor	Programs are designated to meet variety's of needs and are subject to change to benefit the residents or due to weather, Holidays, and Outbreak . for further information's, contact the recreation office at ext. 224 or email: cpprograms@southbridgecare.com Thank you! Happy Holidays! Fatema  		

4th Floor Recreation Aide:
Raghad
































Legend:
AR- Activity Room
OF - On Floor



December 2024

Chelsey Park Long Term Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Calendar Visit 10:30 Virtual Worship 2:15 Colouring 	9:00 Visits 10:30 1:1 Reading Visits 2:15 Card and Board Games 	9:00 Visits 10:30 Montessori 11:00 Physio Exercises 2:15 Manicures 	1:30 Physio Exercises 2:15 Cards and Board Games (AR) 6:00 Xmas Lights Bus Tour (4th) (Rules apply, see REC) 	10:00 Christmas Bazaar (10am-3pm) 	9:00 1:1 Reading Visits 10:30 Chapel Service 11:00 Physio Exercise Class 2:15 Men's and Women's Club (on floors) 	9:00 Morning Reminiscing 10:30 Short Stories and Morning Stretch 2:00 Movie Afternoon (OF) 
9:00 Morning Tunes and Visits 10:30 Virtual Worship 2:15 Colouring 	9:00 Visits 10:15 Trivia 2:15 Christmas Carols 	9:00 1:1 Reading Visits 10:30 Current Events 11:00 Physio Exercises 2:15 Music Appreciation 	10:00 Inspire 1:30 Physio Exercises 2:15 Christmas Painting 6:00 Movie Night (4th) 	9:00 Montessori 10:30 Bingo 2:15 Music w The Finlay's 	9:00 1:1 Reading Visits 10:30 Chapel Service 11:00 Physio Exercise Class 2:15 Trivia 	9:00 Morning Reminiscing 10:30 Short Stories and Morning Stretch 2:15 Manicures 
9:00 Morning Tunes and Visits 10:30 Virtual Worship 2:15 Colouring 	9:00 Visits 10:30 Giant Puzzle 2:15 Dip-in Chocolate Social (OF) 6:15 Smares & Chocolate Dips Social (AR) 	9:00 Christmas Memory Sharing 10:30 Resident Council (AR) 11:00 Physio Exercises 1:00 Swimming (Rules apply, see RE) 	10:00 Roman Catholic Communion 10:30 Christmas Carol Sing-along 1:30 Physio Exercises 2:15 Christmas Carols With Richard 7:00 Celebration of Life (See REC for details) 	9:00 Manicures 9:00 Morning Exercise (OF) 10:30 Bingo 2:15 Sing Along (AR) 	9:00 1:1 Reading Visits 10:30 Chapel Service - Christmas Candlelight Service 11:00 Physio Exercise Class 2:15 Christmas Cards-Making 	9:00 Morning Reminiscing 10:30 Short Stories and Morning Stretch 2:15 Baking Group 
9:00 Morning Tunes and Visits 10:30 Virtual Worship 2:15 Colouring 	9:00 Visits 10:30 Music Apprereciation 2:15 Card and Board Games 	9:00 Christmas Reminiscing 10:00 Gingerbread House-Making (OF) 11:00 Physio Exercises 2:15 Movie Afternoon 	9:00 Watch for Santa's Helpers 1:30 Physio Exercises 2:15 Christmas Carols Sing-Along 	10:30 Bingo 2:15 Hot Chocolate Social (OF) 	9:00 1:1 Reading Visits 10:30 Virtual Chapel Service 11:00 Physio Exercise Class 2:15 December Birthday Party 	9:00 Morning Reminiscing 10:30 Short Stories and Morning Stretch 2:15 Manicures 
9:00 Morning Tunes and Visits 10:30 Virtual Worship 2:15 Colouring 	9:00 Visits 2:15 Card and Board Games (2nd) 2:15 Baking Group 	9:00 Cat Visits 10:30 Balloon Tennis 11:00 Physio Exercises 2:15 HAPPY NEW YEAR With Cam! 			Programs are designed to meet a variety of needs and are subject to change to benefit the residents. For further information, please contact the recreation office at ext. 224 or cpprograms@southbridge.com . I hope you have a great rest of your day :)	

"December is a simple wish that brings spectacular moments."

5TH FLOOR

December 2024

Chelsey Park Long Term Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Calendar Visit 1 10:30 Virtual Worship 2:15 Trivia (5F) 	11:00 Physio exercises 2 2:15 Card and Board Games 6:15 Movie Night (5F) 	9:00 Game Visits (1:1) 3 10:30 Current Events (5F) 2:15 Christmas Painting 	9:00 Chat Visits 4 11:00 Physio Exercise Class 2:15 Cards and Board Games (AR) 	10:00 Christmas Bazzar (10am-3pm) 5  	9:00 Reading 1:1 6 10:30 Chapel Service 11:00 Physio Exercises 2:15 Men's and Women's Club (on floors) 	9:00 Visits 7 10:30 Garden Visits 2:15 Craft Corner (OF) 
9:00 Morning Tunes and Visits 8 10:30 Virtual Worship 2:15 Hot Chocolate Social (OF) 	11:00 Physio exercises 9 2:15 Balloon Tennis 6:00 Xmas Lights Bus Tour (5F) (Rules Social (OF) 	9:00 Game Visits (1:1) 10 10:30 Current Events (5F) 	9:00 Chat Visits 11 11:00 Physio Exercise 2:00 Inspire 	9:00 Morning Exercise 12 10:30 Bingo (5F) 2:15 Christmas Photo Booth (OF) 	9:00 Reading 1:1 13 10:30 Chapel Service 11:00 Physio Exercises 2:15 Christmas Carol Singing 	9:00 Visits (5F) 14 10:30 Morning Stretch (5F) 2:15 Movie Afternoon (5F) 
9:00 Morning Tunes and Visits 15 10:30 Virtual Worship 2:15 Trivia (5F) 	11:00 Physio exercises 16 2:15 Card And Board Games (OF) 6:15 Smores & Chocolate Dips Social (AR)	9:00 Game Visits (1:1) 17 10:30 Resident Council (AR) 10:30 Current Events (5F) 1:00 Swimming (Rules apply, see REC)	9:00 Chat Visits 18 10:00 Roman Catholic Communion 10:30 Christmas Carol Sing along 11:00 Physio Exercise Class 7:00 Celebration of Life (See REC for details) 	9:00 Morning Exercise (OF) 19 10:30 Bingo (5F) 2:15 Music w Tara (5th) 	9:00 Reading 1:1 20 10:30 Chapel Service - Christmas Candlelight Service 11:00 Physio Exercises 	9:00 Visits 21 10:30 Ornament Making (OF) 2:15 Gingerbread House Making (OF) 
9:00 Morning Tunes and Visits 22 10:30 Virtual Worship 2:15 S'mores And Chocolate Fountain Social (AR) 	9:00 Morning Visits 23 10:30 Baking Group (AR) 11:00 Physio exercises 2:15 Card and Board Games 	9:00 Game Visits (1:1) 24 10:30 Current Events (5F) 	9:00 Chat Visits 25 9:00 Watch for Santa's Helpers 11:00 Physio Exercise Class 2:00 Christmas Card And Gift Distribution (OF) 	9:00 Morning Walk 26 10:30 Bingo (5F) 2:15 Baking Group 	9:00 Reading 1:1 27 10:30 Virtual Chapel Service 11:00 Physio Exercises 2:15 December Birthday Party 	9:00 Visits 28 10:30 Morning Stretch 2:15 Movie Afternoon (5F) 
9:00 Morning Tunes and Visits 29 10:30 Virtual Worship 2:15 Trivia (5F) 	10:00 Morning Movie Social 30 11:00 Physio exercises 2:15 Card and Board Games (2nd) 	9:00 Game Visits (1:1) 31 10:30 Current Events (5F) 2:15 Year Ending Party with Cam 	LEGEND OF= On floor AR= Activity Room 1:1= One To One Visit 5F= 5th Floor	Programs are designated to meet variety's of needs and are subject to change to benefit the residents. For Further information, contact the recreation office at ext.224 or email at cpprograms@southbridgecare.com Thank You Recreation Aide-Harneet  		