

Legend
 2F - On floor
 AR - Activity Room
 B - Balcony
 G - Garden

2nd Floor

January 2025

Chelsey Park Long Term Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Programs are designed to meet a variety of needs and are subject to change to benefit the residents. For further information, please contact the recreation team. Recreation office at ext. 224 or email at cpprograms@southbridgecare.com.</p>			<p>9:00 Calendar Visits 1 10:30 Visit's 11:00 Physio Exercise Class 2:15 Christmas Take-down</p>	<p>10:30 BINGO (2F) 2 11:00 Physio Exercises 2:15 Music w Nicole Tan (2F)</p>	<p>10:30 Music 3 Appreciation (2F) 2:00 Shoot a deer (AR)</p>	<p>10:30 Good Morning chit chats (2F) 4 2:15 Manicures (2F)</p>
<p>9:00 Morning Tunes and Visits 5 10:30 Virtual Worship 2:15 Travelogue (2F)</p>	<p>10:30 Good Morning Visits (2F) 6 11:00 Physio Exercise Class 2:15 Cards & Board games (2F)</p>	<p>10:30 Visits (2F) 7 2:30 Trivia (2F)</p>	<p>9:00 Reading Rainbow (2F) 8 10:30 Colouring (2F) 2:15 Chapel Service 5:00 Chinese NY Dinner (Rules apply, see REC for details)</p>	<p>10:30 BINGO (2F) 9 11:00 Physio Exercises 2:15 Nacho Social (2F)</p>	<p>9:00 Tattoo Shop (2F) 10 10:30 Jeopardy (2F) 10:30 Get to know you dice game (2nd)</p>	<p>9:00 All Request Hour (2F) 11 10:30 BINGO (2F) 2:00 Movie Afternoon (AR)</p>
<p>9:00 Morning Tunes & Visits 12 10:30 Virtual Worship 2:15 Axe Throwing (2F)</p>	<p>10:30 Visits 13 11:00 Physio Exercise Class 2:15 Cards and Board Games (2F)</p>	<p>2:15 Craft Corner (2F) 14 6:00 Movie Night (AR)</p>	<p>9:00 Snap Chat Filter Photoshoot (2F) 15 10:30 Horse Races (2F) 11:00 Physio Exercise Class 2:00 Staff Meeting (AR) 2:15 Chapel Service</p>	<p>9:00 Murder Mystery Activity (2F) 16 10:30 BINGO (2F) 11:00 Physio Exercises 2:15 Cards and Board Games (2F)</p>	<p>9:00 Smell it challenge (2F) 17 10:30 Escape Room Activities 2:15 Trivia (2F)</p>	<p>10:30 Manicures (2F) 18 2:15 Colouring (2F)</p>
<p>9:00 Morning Tunes and Visits 19 10:30 Virtual Worship 2:15 Animal Documentary (2F)</p>	<p>9:00 Puzzles 20 10:30 Jewelry Making (2F) 11:00 Physio Exercise Class 2:15 Cards and Board Games (2F)</p>	<p>2:15 S'more Party (2F) 21 6:00 Water Colour w Aimee (2F)</p>	<p>9:00 Word Games (2F) 22 11:00 Physio Exercise Class 2:15 Cultural Awareness Social (2F) 2:15 Chapel Service</p>	<p>10:30 BINGO (2F) 23 11:00 Physio Exercises 2:15 Music w John Moorhouse (2F)</p>	<p>9:00 Good Morning Visits 24 10:30 Pictionary (2F) 2:15 All Request Hour (2F)</p>	<p>9:00 Comedy Hour (2F) 25 10:30 BINGO (2F) 2:00 Movie Afternoon (AR)</p>
<p>9:00 Morning Tunes and Visits 26 10:30 Virtual Worship 2:15 Giant Connect Four (2F)</p>	<p>10:30 Visits 27 11:00 Physio Exercise Class 2:15 Card and Board Games (2F)</p>	<p>10:00 Residents Council 28 1:00 Swimming (See REC, rules apply) 5:00 Movie Night (AR)</p>	<p>2nd Floor 29 Spa Day</p>	<p>9:00 Would you rather? 30 10:30 BINGO (2F) 11:00 Physio Exercises 2:15 Knitting Club (2F)</p>	<p>9:00 Reading Rainbow 31 10:30 Craft Corner (2F) 2:15 Did you know? (2F)</p>	

"Remember, no matter what the year brings, you are loved and you are strong."
 Happy New Year!
 3rd Floor



January 2025

Chelsey Park Long Term Care



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			9:00 Calendar Visit 1 10:30 Montessori 2:15 Christmas Take-down 	9:00 Morning Exercise 2 10:30 BINGO (3F) 2:15 Sing-Along 6:15 Movie Night 	9:00 Morning Table talk 3 10:30 Manicures 1:30 Physio Exercises 2:00 Shoot a dear (AR) 6:15 Colouring 	9:00 Busy Bee 4 10:15 AGT Golden Buzzer 2:15 Music w Joel Horvath (3F)
9:00 Morning Tunes and Visits 5 10:30 Virtual Worship 2:15 Movie Afternoon 	9:00 Memory Lane Room Visits 6 10:30 Fun facts 2:15 Card & Board Games 6:15 Smoothie Cart (OF) 	9:00 Colouring 7 10:30 Travelogue 1:30 Physio Exercise Class 2:15 Craft Corner 6:15 NY Resolutions 	9:00 Montessori 8 10:30 Chapel Service (3F) 2:15 Bracelet Making (AR) 	9:00 Morning Exercise 9 10:30 BINGO (3F) 2:15 Nachos Social (OF) 6:15 Movie Night 	9:00 Morning Table talk 10 10:30 Manicures 1:30 Physio Exercises 2:15 Projector Games (AR) 	9:00 Busy Bee 11 10:15 Board Games 2:15 AGT Golden Buzzer
9:00 Morning Tunes & Visits 12 10:30 Virtual Worship 2:15 Movie Afternoon 	9:00 Memory Lane Room Visits 13 10:30 Fun facts 2:15 Card & Board Games 	9:00 Colouring 14 10:30 Travelogue 1:30 Physio Exercise Class 2:15 Chocolate Dips Social (AR) 6:15 Balloon Tennis 	9:00 Montessori 15 10:30 Chapel Service (3F) 2:00 Staff Meeting (AR) 5:00 Chinese NY Dinner (Rules apply, see REC for details) 	9:00 Morning Exercise 16 10:30 BINGO (3F) 2:15 Sing-Along 6:15 Movie Night 	9:00 Morning Table talk 17 10:30 Manicures 1:30 Physio Exercises 2:15 Button Art 6:15 Colouring 	9:00 Busy Bee 18 10:15 Board Games 2:15 Baking Group (AR)
9:00 Morning Tunes and Visits 19 10:30 Virtual Worship 2:15 Movie Afternoon 	9:00 Memory Lane Room Visits 20 10:30 Fun facts 2:15 Card & Board Games 6:15 Hot Chocolate Cart (OF) 	9:00 Colouring 21 10:30 Travelogue 1:30 Physio Exercise Class 2:15 Smores Cart (OF) 6:15 Letter Writing 	9:00 Montessori 22 10:30 Chapel Service (3F) 2:15 Mini Golf (AR) 2:15 Culture Awareness (OF) 	9:00 Morning Exercise 23 10:30 BINGO (3F) 2:15 Music with Richard (AR) 6:15 Movie Night 	9:00 Morning Table talk 24 10:30 Women's Club (AR) 1:30 Physio Exercises 2:15 Manicures 	9:00 Busy Bee 25 10:15 Board Games 2:15 AGT Golden Buzzer
9:00 Morning Tunes and Visits 26 10:30 Virtual Worship 2:15 Movie Afternoon 	9:00 Memory Lane Room Visits 27 10:30 Fun facts 2:15 Card & Board Games 	9:00 Colouring 28 10:00 Residents Council 10:30 Travelogue 1:00 Swimming (See REC, rules apply) 1:30 Physio Exercise Class 6:15 Craft Corner 	9:00 Montessori 29 10:30 Chapel Service (3F) 2:15 January Birthday Party (OF) 	9:00 Morning Exercise 30 10:30 BINGO (3F) 2:15 Music w The Goldies (3F) 6:15 Movie Night 	9:00 Morning Table talk 31 10:30 Manicures 1:30 Physio Exercises 2:15 Balloon Tennis 6:15 Colouring 	LEGEND AR= Activity Room 1:1= One To One Visit 3F= 3rd Floor OF = On Floor



January 2025

Chelsey Park Long Term Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Programs are designed to meet a variety of needs and are subject to change to benefit the residents.</p> <p>For further information, please contact the recreation office at ext. 224 or cpprograms@southbridge.com.</p> <p>I hope you have a great rest of your day :)</p>			<p>9:00 Calendar Visits 1 1:30 Physio Exercises 2:15 Christmas Take-down</p>	<p>9:00 Travelogue 2 10:30 BINGO (4F) 2:15 Manicures</p>	<p>9:00 1:1 Reading Visits 3 10:30 Chapel Service 11:00 Physio Exercise Class 2:00 Shoot a deer (AR)</p>	<p>9:00 Morning Reminiscing 4 10:30 Short Stories and Morning Stretch 2:15 Baking (AR)</p>
<p>9:00 Morning Tunes and Visits 5 10:30 Virtual Worship 2:15 Colouring</p>	<p>9:00 Piano Music 6 10:30 Visits 2:15 Shortbread Cookies? Yes, Please (OF)</p>	<p>9:00 Current Events 7 10:30 Balloon Tennis 11:00 Physio Exercises 2:15 It's Trivia Time!</p>	<p>1:30 Physio Exercises 8 2:15 Nachos Social 6:00 Movie Night (OF)</p>	<p>9:00 Card & Board Games 9 10:30 BINGO (4F) 2:15 Music with Tara</p>	<p>9:00 1:1 Reading Visits 10 10:30 Chapel Service 11:00 Physio Exercise Class 2:15 Manicures</p>	<p>9:00 Morning Reminiscing 11 10:30 Short Stories and Morning Stretch 2:15 Ice Cream Social</p>
<p>9:00 Spill the Tea! 12 9:00 Morning Tunes & Visits 10:30 Virtual Worship 2:15 Colouring</p>	<p>9:00 Piano Music 13 10:30 Visits 2:15 Card and Board Games</p>	<p>8:00 Breakfast Club (4F) 14 10:30 Balloon Tennis 11:00 Physio Exercises 2:00 Movie Afternoon</p>	<p>1:30 Physio Exercises 15 2:00 Staff Meeting (AR) 6:30 Ipad Visits</p>	<p>9:00 Giant Puzzle 16 10:30 BINGO (4F) 2:15 AGT</p>	<p>9:00 1:1 Reading Visits 17 10:30 Chapel Service 11:00 Physio Exercise Class 2:15 Hot Chocolate Social</p>	<p>9:00 Morning Reminiscing 18 10:15 Baking (AR) 2:15 Manicures</p>
<p>9:00 Morning Tunes and Visits 19 10:30 Virtual Worship 2:15 Colouring</p>	<p>9:00 Piano Music 20 10:30 Say Cheese! 2:15 Card and Board Games</p>	<p>9:00 Current Events 21 10:30 Balloon Tennis 11:00 Physio Exercises 2:15 Smores Cart (OF)</p>	<p>1:30 Physio Exercises 22 2:15 Travel with me to Asia! 5:00 Chinese NY Dinner (Rules apply, see REC for details) 6:00 Manicures</p>	<p>9:00 Montessori 23 10:30 BINGO (4F) 2:15 It's Trivia Time!</p>	<p>9:00 1:1 Reading Visits 24 10:30 Chapel Service 11:00 Physio Exercise Class 2:15 Women's Club</p>	<p>9:00 Morning Reminiscing 25 10:30 Short Stories and Morning Stretch 2:00 Movie Afternoon (OF)</p>
<p>9:00 Morning Tunes and Visits 26 10:30 Virtual Worship 2:15 Colouring</p>	<p>9:00 Piano Music 27 10:30 Visits 2:15 Card and Board Games</p>	<p>9:00 Current Events 28 10:00 Residents Council 11:00 Physio Exercises 1:00 Swimming (See REC, rules apply)</p>	<p>1:30 Physio Exercises 29 2:15 January Birthday Party (OF) 6:45 It's Trivia Time</p>	<p>9:00 Hangman- Countries 30 10:30 BINGO (4F) 2:15 Manicures</p>	<p>9:00 1:1 Reading Visits 31 10:30 Chapel Service 11:00 Physio Exercise Class 2:15 Giant Connect Four</p>	

“Wishing you a joyous 2025 filled with peace, love, and success.”














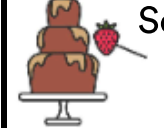














5th Floor
Harneet



January 2025

Chelsey Park Long Term Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Programs are designated to meet variety's of needs and are subject to change to benefit the residents. For Further information, contact the recreation office at ext.224 or email at cpprograms@southbridgecare.com</p> <p>Thank You Recreation Aide-Harneet</p>			<p>9:00 Calendar Visits 1 11:00 Physio Exercise Class 2:15 Christmas Take-down </p>	<p>9:00 Morning Exercise 2 10:30 Bingo (5F) 2:15 New Year Resolutions </p>	<p>9:00 Reading 1:1 3 11:00 Physio Exercises 2:00 Shoot a deer (AR) 2:15 Chapel Service </p>	<p>9:00 Visits 4 10:30 Monthly Gazette 2:15 Baking (AR) </p>
<p>9:00 Morning Tunes and Visits 5 10:30 Virtual Worship 2:15 Movie Afternoon </p>	<p>11:00 Physio exercises 6 2:15 Card and Board Games 6:15 Smoothie Cart (OF) </p>	<p>9:00 Game Visits (1:1) 7 10:30 Current Events (5F) 2:15 Craft Corner </p>	<p>9:00 Chat Visits 8 10:30 Manicures 11:00 Physio Exercise Class 2:15 Puzzle </p>	<p>9:00 Morning Exercise 9 10:30 Bingo (5F) 2:15 Nachos Social (OF) </p>	<p>9:00 Reading 1:1 10 10:30 Movie Afternoon 11:00 Physio Exercises 2:15 Chapel Service </p>	<p>9:00 Visits 11 10:30 Puzzle 2:15 Movie Afternoon </p>
<p>9:00 Morning Tunes & Visits 12 10:30 Virtual Worship 2:15 Baking Group </p>	<p>11:00 Physio exercises 13 2:15 Card and Board Games 6:15 Movie Night </p>	<p>9:00 Game Visits (1:1) 14 10:30 Current Events (5F) 2:15 Chocolate Dips Social (AR) </p>	<p>9:00 Chat Visits 15 10:30 Manicures 11:00 Physio Exercise Class 2:00 Staff Meeting (AR) </p>	<p>9:00 Morning Exercise 16 10:30 Bingo (5F) 2:15 Music w Gary McGill </p>	<p>9:00 Reading 1:1 17 10:30 Axe Throwing 11:00 Physio Exercises 2:15 Chapel Service </p>	<p>9:00 Visits 18 10:30 Manicures 2:15 Baking Group (AR) </p>
<p>9:00 Morning Tunes and Visits 19 10:30 Virtual Worship 2:15 Movie Afternoon </p>	<p>11:00 Physio exercises 20 2:15 Card and Board Games 6:15 Hot Chocolate Cart (OF) </p>	<p>9:00 Game Visits (1:1) 21 10:30 Current Events (5F) 2:15 Smores Cart (OF) </p>	<p>9:00 Chat Visits 22 10:30 Painting 11:00 Physio Exercise Class 2:15 Mini Golf </p>	<p>9:00 Morning Exercise 23 10:30 Bingo (5F) 2:15 Music with Richard (AR) </p>	<p>9:00 Reading 1:1 24 10:30 Women's Club (AR) 11:00 Physio Exercises 2:15 Chapel Service</p>	<p>9:00 Visits 25 10:30 Puzzle 2:15 Movie Afternoon </p>
<p>9:00 Morning Tunes and Visits 26 10:30 Virtual Worship 2:15 Baking Group </p>	<p>11:00 Physio exercises 27 2:15 Card and Board Games 6:15 Movie Night </p>	<p>9:00 Game Visits (1:1) 28 10:00 Residents Council 1:00 Swimming (See REC, rules apply) 2:15 Music by Request</p>	<p>9:00 Chat Visits 29 11:00 Physio Exercise Class 2:15 January Birthday Party (OF) 5:00 Chinese NY Dinner (Rules apply, see REC for details)</p>	<p>9:00 Morning Exercise 30 10:30 Bingo (5F) 2:15 Bracelet Making </p>	<p>9:00 Reading 1:1 31 10:30 Manicures 11:00 Physio Exercises 2:15 Chapel Service </p>	<p>LEGEND OF= On floor AR= Activity Room 1:1= One To One Visit 5F= 5th Floor</p>