"In February, let your aspirations soar higher than the winter sky."

5TH FLOOR

10:30 Virtual Worship

2:15 Trivia (5F)

3:30 Horse Visits

6:15 Movie Night (5F)

1:00 Swimming (Rules

2:15 Music Appreciation

details)

(5F)

Apply, See REC for

51 50

## February 2025

### Chelsey Park Long Term Care



Sunday **Monday Tuesday** Wednesday **Thursday Friday Saturday LEGEND** Programs are designated to meet variety's of needs and are 9:00 Calendar Visits (5F) subject to change to benefit the residents. For Further AR= Activity Room 10:30 Monthly Gazette information, contact the recreation office at ext.224 or email at 1:1= One To One 2:15 Painting (5F) cpprograms@southbridgecare.com. Thank You Visit Recreation Aide-Harneet 5F= 5th Floor 11:00 Physio exercises 3 9:00 Game Visits (1:1) **4** 9:00 Chat Visits (5F) 9:00 Reading 1:1 (5F) **7** 9:00 Visits (5F) 9:00 Morning Tunes 9:00 Morning 8 10:30 Hot Chocolate. and Visits Exercise (5F) 2:15 Cultural 10:30 Current Events 10:30 Manicures (5F) 10:30 Puzzle (5F) Happy Hour (5F) 10:30 Virtual Worship 10:30 Bingo (5F) 11:00 Physio Exercises (5F) Awareness 2:15 Movie Afternoon 11:00 Physio Exercise Class 2:15 Trivia (5F) 6:15 Movie Night (5F) 2:15 Sing - Along (5F) 2:15 Nutella Hot Coffee 2:15 Chapel Service (5F) 2:15 Cards and Board Social (5F) Games (AR) 9:00 Game Visits (1:1) **11** 9:00 Chat Visits (5F) 9:00 Morning 9:00 Reading 1:1 (5F) 14 9:00 Visits (5F) 9:00 Morning Tunes **Q** 11:00 Physio 10 15 10:30 Valentines Card and Visits exercises 10:30 Current Events Exercise 10:30 Manicures (5F) 10:30 Puzzle (5F) Exchange (5F) 2:15 Bubble Wrap Art 10:30 Virtual Worship (5F) 10:30 Valentine Theme 11:00 Physio Exercises 2:15 Baking Group (AR) 11:00 Physio Exercise Class 2:15 Chocolate Fondue 2:15 Baking Group (AR) 5:30 Valentines Day Bingo 2:15 Chapel Service (5F) 1:30 Staff Meeting Dinner 2:15 Music w Larry 6:15 Movie Night Smith 9:00 Morning Tunes 16 9:00 Reading 1:1 (5F) **21** 8:00 Breakfast Club 18 9:00 Chat Visits (5F) 9:00 Visits (5F) 11:00 Physio 9:00 Morning 22 10:30 Smoothie Cart (5F) and Visits exercises (5F) Exercise (5F) 10:30 Manicures (5F) 10:30 Puzzle (5F) 11:00 Physio Exercise Class 9:00 Game Visits (1:1) 10:30 Bingo (5F) 2:15 Painting (5F) 10:30 Virtual Worship 2:15 Craft Corner 11:00 Physio Exercises 2:15 Cards and Board 6:15 Smore's Social (5F) 10:30 Current Events (5F) 2:15 Banana Bread 2:15 Chapel Service (5F) 2:15 Trivia (5F) Games (AR) 2:15 Women's Club (AR) Baking (AR) 9:00 Reading 1:1 (5F) 28 9:00 Morning Tunes 23 11:00 Physio 9:00 Game Visits (1:1) 9:00 Chat Visits (5F) 26 9:00 Morning 24 10:30 Residents Council 10:00 Catholic and Visits exercises Exercise (5F) 10:30 Manicures (5F) Communion (AR) (AR)

11:00 Physio Exercise Class

7:00 Celebration Of Life

Service (AR)

2:15 Card And Board Games

10:30 Bingo (5F)

2:15 Nachos Social (5F)

11:00 Physio Exercises

2:15 Birthday Party

2:15 Chapel Service (5F)

4th Floor Recreation Aide: Raghad

Legend:
AR- Activity Room

10:30 Virtual Worship

2:15 Colouring

3:00 Horse Visits (4F)

(AR)

11:00 Physio Exercises

2:15 It's Trivia Time!

1:00 Swimming (Rules Apply.

See REC for details)

# February 2025

Chelsey Park Long Term Care



11:00 Physio Exercise Class

2:15 Birthday Party



1:30 Physio Exercises

2:15 Movie Afternoon (4F)

7:00 Celebration Of Life

Service (AR)

2:15 How It's Made

Documentary

In February, there is everything to hope for and nothing to regret."

3rd floor

# February 2025

#### Chelsey Park Long Term Care





9:00 Morning Tunes 2

and Visits

10:30 Virtual Worship

(3F)

(3F)

2:15 Movie Afternoon

9:00 Morning Tunes **Q** 

and Visits

10:30 Virtual Worship

2:15 Movie Afternoon

9:00 Morning Tunes 16

and Visits

10:30 Virtual Worship

2:15 Movie Afternoon

**LEGEND** 

AR= Activity Room

1:1= One To One Visit

3F= 3rd Floor

(3F)

(3F)

(3F)

10:30 Fun facts (3F)

9:00 Morning Visits

10:30 Fun facts (3F)

2:30 Horse Visits (3F)

(3F)

(3F)

2:15 Card & Board

Games (3F)

2:15 Card & Board Games

6:15 Smore's Social (5F)

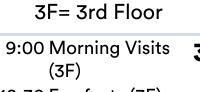
24

10:30 Fun facts (3F)

2:15 Card & Board

Games (3F)

9:00 Morning Visits 17



2:15 Card & Board Games (3F) 2:15 Cultural Awareness





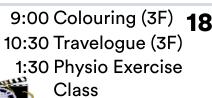
9:00 Colouring (3F)

10:30 Travelogue (3F)

1:30 Physio Exercise Class

2:15 Smoothie Social (3F)

6:15 Projector Games (AR)



2:15 Women's Club (AR) 6:15 Movie Night (3F)

9:00 Colouring (3F) 10:30 Residents Council (AR) 10:30 Travelogue (3F) 1:00 Swimming (Rules Apply,

See REC for details) 1:30 Physio Exercise Class 6:15 Movie Night (3F)



Programs are designated to meet variety's of needs and are subject to change to benefit the residents. For Further information, contact the recreation office at ext.224 or email at cpprograms@southbridgecare.com.

Thank You

#### Recreation Aide-Mantei

9:00 Montessori (3F) 10:30 Animal Documentary (3F) 2:15 Chapel Service (3F) 6:15 Craft Corner (AR)



10:30 Animal

10:30 Animal

Documentary (3F)

1:30 Staff Meeting 2:15 Chapel Service (3F) 7:00 Montessori

Documentary (3F)

2:15 Chapel Service (3F)

6:15 Axe Throwing (AR)



BINGO 9:00 Morning Exercise (3F) 10:30 BINGO (3F) 2:15 Music Appreciation

Social (3F)

6:15 Movie Night (3F)

Exercise (3F)

2:15 Nutella Hot Coffee

9:00 Morning

10:30 BINGO (3F)

5:30 Valentines Day Dinner (AR)

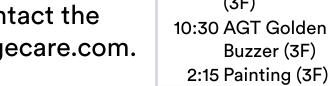
6:15 Movie Night (3F)



10:30 BINGO (3F) 2:15 Music w Blue Skies

(3F) 6:15 Movie Night (3F)





9:00 Puzzle (3F)

9:00 Puzzle (3F)

10:30 Manicures (3F)

1:30 Physio Exercises

6:15 Colouring (3F)

9:00 Puzzle (3F)

9:00 Puzzle (3F)

10:30 Manicures (3F)

1:30 Physio Exercises

2:15 Projector Games

2:15 Projector Games (3F)

10:30 Manicures (3F)

1:30 Physio Exercises

2:15 Projector Games



9:00 Busy Bee (3F) 10:30 AGT Golden Buzzer (3F) 2:15 Painting (3F)

9:00 Calendar visits

Buzzer (3F)

(3F)







28

9:00 Reading 1:1 (3F) 22 10:30 AGT Golden Buzzer (3F) 2:15 Craft Corner (3F)









9:00 Montessori (3F) 10:00 Catholic Communion (AR) 10:30 Animal Documentary

(3F) 2:15 Chapel Service (3F) 7:00 Celebration Of Life

Service (AR)

10:30 BINGO (3F) 2:15 French Fries Social (AR) 6:15 Movie Night (3F)

BINGO

10:30 Manicures (3F)

20

1:30 Physio Exercises 2:15 Birthday Party 6:15 Colouring (3F)



9:00 Morning Tunes 93 and Visits 10:30 Virtual Worship

2:15 Baking Group (AR)

Recreation Facilitator - Aimee Legend 2F - Second Floor 2nd Floor AR - Activity Room

B - Balcony

# February 2025



# Chelsey Park Long Term Care

G-Garden						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Programs are designed to meet a variety of needs and are subject to change to benefit the residents. For further information, please contact the recreation office at ext. 224 or email at cpprograms@southbridgecare.com		SMILE KISS LOVE HUG ME TRUE TRUE		"The greatest thing is just to love, and t		9:00 Calendar Visits 1 10:30 Manicures (2F) 2:15 Colouring (2F)
9:00 Morning Tunes 2 and Visits 10:30 Virtual Worship 2:15 Balloon Tennis (2F)	9:00 Colouring (2F) 10:30 Good Morning, Good News (AR) 11:00 Physio Exercise Class 2:15 Cultural Awareness	2:15 Face Paint and 4 Body Art (2F) 6:15 Sensory play (2F)	9:00 Escape Room (2F) 5 10:30 Chapel Service (AR) 11:00 Physio Exercise Class 2:15 Cards and Board Games (AR)	10:00 BINGO (2F) 11:00 Physio Exercises 2:15 Visits	9:00 Snap Chat Photo <b>7</b> Shoot (2F) 10:30 Clay Creations 2:15 Axe Throwing (2F)	9:00 Baking (AR) 10:30 BINGO (2F) 2:00 Movie Afternoon (AR)
9:00 Morning Tunes and Visits 10:30 Virtual Worship 2:15 Superbowl Party (2F)	10:30 Activity Sheets 10 11:00 Physio Exercise Class 2:15 Card and Board Games	2:15 Projector Games (2F) 5:30 Valentines Day Dinner 7:00 Sensory Visits	9:00 Reading Rainbow 12 10:30 Chapel Service (2F) 11:00 Physio Exercise Class 1:30 Staff Meeting	9:00 Smell it challenge (2F) 10:00 BINGO (2F) 11:00 Physio Exercises 2:15 Bocce Ball (2F)	9:00 Colouring (2F) <b>14</b> 10:30 Love Song Trivia (2F) 2:15 Valentines Day Party (2F)	9:00 Visits 10:30 Manicures (2F) 2:15 Colouring (2F)
9:00 Morning Tunes <b>16</b> and Visits 10:30 Virtual Worship 2:15 Balloon Tennis (2F)	9:00 Visits 10:30 Bowling (AR) 11:00 Physio Exercise Class 2:15 Paint Clay Creations (2F)	2:15 Mario Cart 18 Challenge (AR) 6:15 Paint Night (AR)	9:00 Would You Rather (2F) 10:30 Chapel Service (AR) 11:00 Physio Exercise Class 2:15 Cards and Board Games (AR)	10:00 BINGO (2F) 11:00 Physio Exercises 2:15 Visits	9:00 Murder 21 Mystery (2F) 10:30 Craft Corner (2F) 2:15 Darts (2F)	9:00 Visits 22 10:30 BINGO (2F) 2:00 Movie Afternoon (AR)
9:00 Morning Tunes <b>23</b> and Visits 10:30 Virtual Worship 2:15 Trivia (2F)	10:30 Activity Sheets <b>24</b> 11:00 Physio Exercise Class 2:00 Horse Visits (2F)	10:30 Residents Council (AR)  1:00 Swimming (Rules Apply, See REC for details) 6:00 Movie Night (AR)	9:00 Colouring (2F) 10:00 Catholic Communion (AR) 10:30 Chapel Service (AR) 11:00 Physio Exercise Class 2:15 Travelogue (2F) 7:00 Celebration Of Life Service (AR)	9:00 Tattoo Shop (2F)  10:00 BINGO (2F)  11:00 Physio Exercises  2:15 Music w Jim Ashby  (2F)	9:00 Good Morning 28 Visits (2F)  10:30 All Request Hour (2F)  2:15 Birthday Party	