

"In February, let your aspirations soar higher than the winter sky."

5TH FLOOR



February 2025

Chelsey Park Long Term Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		LEGEND AR= Activity Room 1:1= One To One Visit 5F= 5th Floor	Programs are designated to meet variety's of needs and are subject to change to benefit the residents. For Further information, contact the recreation office at ext.224 or email at cpprograms@southbridgecare.com . Thank You Recreation Aide-Harneet			9:00 Calendar Visits (5F) 1 10:30 Monthly Gazette 2:15 Painting (5F)
9:00 Morning Tunes and Visits 2 10:30 Virtual Worship 2:15 Trivia (5F)	11:00 Physio exercises 3 2:15 Cultural Awareness 6:15 Movie Night (5F)	9:00 Game Visits (1:1) 4 10:30 Current Events (5F) 2:15 Sing - Along (5F)	9:00 Chat Visits (5F) 5 10:30 Hot Chocolate, Happy Hour (5F) 11:00 Physio Exercise Class 2:15 Cards and Board Games (AR)	9:00 Morning Exercise (5F) 6 10:30 Bingo (5F) 2:15 Nutella Hot Coffee Social (5F)	9:00 Reading 1:1 (5F) 7 10:30 Manicures (5F) 11:00 Physio Exercises 2:15 Chapel Service (5F)	9:00 Visits (5F) 8 10:30 Puzzle (5F) 2:15 Movie Afternoon (5F)
9:00 Morning Tunes and Visits 9 10:30 Virtual Worship 2:15 Baking Group (AR)	11:00 Physio exercises 10 2:15 Bubble Wrap Art 5:30 Valentines Day Dinner 6:15 Movie Night	9:00 Game Visits (1:1) 11 10:30 Current Events (5F) 2:15 Chocolate Fondue	9:00 Chat Visits (5F) 12 10:30 Valentines Card Exchange (5F) 11:00 Physio Exercise Class 1:30 Staff Meeting	9:00 Morning Exercise 13 10:30 Valentine Theme Bingo 2:15 Music w Larry Smith	9:00 Reading 1:1 (5F) 14 10:30 Manicures (5F) 11:00 Physio Exercises 2:15 Chapel Service (5F)	9:00 Visits (5F) 15 10:30 Puzzle (5F) 2:15 Baking Group (AR)
9:00 Morning Tunes and Visits 16 10:30 Virtual Worship 2:15 Trivia (5F)	11:00 Physio exercises 17 2:15 Craft Corner 6:15 Smore's Social (5F)	8:00 Breakfast Club (5F) 18 9:00 Game Visits (1:1) 10:30 Current Events (5F) 2:15 Women's Club (AR)	9:00 Chat Visits (5F) 19 10:30 Smoothie Cart (5F) 11:00 Physio Exercise Class 2:15 Cards and Board Games (AR)	9:00 Morning Exercise (5F) 20 10:30 Bingo (5F) 2:15 Banana Bread Baking (AR)	9:00 Reading 1:1 (5F) 21 10:30 Manicures (5F) 11:00 Physio Exercises 2:15 Chapel Service (5F)	9:00 Visits (5F) 22 10:30 Puzzle (5F) 2:15 Painting (5F)
9:00 Morning Tunes and Visits 23 10:30 Virtual Worship 2:15 Trivia (5F)	11:00 Physio exercises 24 3:30 Horse Visits 6:15 Movie Night (5F)	9:00 Game Visits (1:1) 25 10:30 Residents Council (AR) 1:00 Swimming (Rules Apply, See REC for details) 2:15 Music Appreciation (5F)	9:00 Chat Visits (5F) 26 10:00 Catholic Communion (AR) 11:00 Physio Exercise Class 2:15 Card And Board Games 7:00 Celebration Of Life Service (AR)	9:00 Morning Exercise (5F) 27 10:30 Bingo (5F) 2:15 Nachos Social (5F)	9:00 Reading 1:1 (5F) 28 10:30 Manicures (5F) 11:00 Physio Exercises 2:15 Birthday Party 2:15 Chapel Service (5F)	



February 2025

Chelsey Park Long Term Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Happy Valentine's Day</i></p>		<p>Programs are designed to meet a variety of needs and are subject to change to benefit the residents.</p> <p>For further information, please contact the recreation office at ext. 224 or cpprograms@southbridge.com.</p> <p>I hope you have a great rest of your day :)</p>				<p>9:00 Calendar Visits 1 2:15 My Forever Valentine (4F)</p>
<p>9:00 Morning Tunes and Visits 2 10:30 Virtual Worship 2:15 Baking (AR)</p>	<p>9:00 Piano Music 3 10:30 Visits 2:15 Cultural Awareness 2:15 Painting (4F)</p>	<p>9:00 Current Events 4 10:30 Balloon Tennis 11:00 Physio Exercises 2:15 Valentine's Day Board Decoration (4F)</p>	<p>1:30 Physio Exercises 5 2:15 Cards and Board Games (AR) 6:15 Craft Corner (AR)</p>	<p>9:00 Coffee Social (4F) 6 10:30 BINGO (4F) 2:15 Music w The Finleys (4F)</p>	<p>9:00 1:1 Reading Visits 7 10:30 Chapel Service 11:00 Physio Exercise Class 2:15 Manicures</p>	<p>9:00 Morning Reminiscing 8 10:30 Short Stories and Morning Stretch 2:15 It's Trivia Time!</p>
<p>9:00 Morning Tunes and Visits 9 10:30 Virtual Worship 2:15 Super Bowl Highlights (4F)</p>	<p>9:00 Piano Music 10 10:30 Visits 2:15 Card and Board Games</p>	<p>9:00 Current Events 11 10:30 Chocolate Fondue (4F) 11:00 Physio Exercises 2:15 Manicures</p>	<p>1:30 Physio Exercises 12 1:30 Staff Meeting 5:30 Valentines Day Dinner (AR) 7:00 Ball Toss (4F)</p>	<p>9:00 Game Visits 13 10:30 BINGO (4F) 2:15 Mario Kart Challenge (4F)</p>	<p>9:00 1:1 Reading Visits 14 10:30 Chapel Service 11:00 Physio Exercise Class 2:15 Valentine's Day Party (4F)</p>	<p>9:00 Morning Reminiscing 15 10:30 Short Stories and Morning Stretch 2:00 Movie Afternoon (4F)</p>
<p>9:00 Morning Tunes and Visits 16 10:30 Virtual Worship 2:15 Baking (AR)</p>	<p>9:00 Piano Music 17 10:30 Visits 2:15 Family Day Social (4F)</p>	<p>9:00 Current Events 18 10:30 Balloon Tennis 11:00 Physio Exercises 2:15 Women's Club (AR)</p>	<p>1:30 Physio Exercises 19 2:15 Cards and Board Games (AR) 6:15 Axe Throwing (AR)</p>	<p>9:00 Montessori 20 10:30 BINGO (4F) 2:15 Smoothies Social (4F)</p>	<p>9:00 1:1 Reading Visits 21 10:30 Chapel Service 11:00 Physio Exercise Class 2:15 Manicures</p>	<p>9:00 Morning Reminiscing 22 10:30 Short Stories and Morning Stretch 2:15 Giant Connect Four</p>
<p>9:00 Morning Tunes and Visits 23 10:30 Virtual Worship 2:15 Colouring</p>	<p>9:00 Piano Music 24 10:30 Visits 3:00 Horse Visits (4F)</p>	<p>9:00 Current Events 25 10:30 Residents Council (AR) 11:00 Physio Exercises 1:00 Swimming (Rules Apply, See REC for details) 2:15 It's Trivia Time!</p>	<p>10:00 Catholic Communion (AR) 26 1:30 Physio Exercises 2:15 Movie Afternoon (4F) 7:00 Celebration Of Life Service (AR)</p>	<p>9:00 Giant Puzzle 27 10:30 BINGO (4F) 2:15 How It's Made Documentary</p>	<p>9:00 1:1 Reading Visits 28 10:30 Chapel Service 11:00 Physio Exercise Class 2:15 Birthday Party</p>	<p>9:00 Morning Reminiscing 29 10:30 Short Stories and Morning Stretch 2:15 It's Trivia Time!</p>

In February, there is everything to hope for and nothing to regret.”

February 2025



3rd floor



Chelsey Park Long Term Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>LEGEND</p> <p>AR= Activity Room</p> <p>1:1= One To One Visit</p> <p>3F= 3rd Floor</p>	<p>Programs are designated to meet variety's of needs and are subject to change to benefit the residents. For Further information, contact the recreation office at ext.224 or email at cpprograms@southbridgecare.com.</p> <p>Thank You Recreation Aide-Mantei</p>				<p>9:00 Calendar visits (3F) 1</p> <p>10:30 AGT Golden Buzzer (3F)</p> <p>2:15 Painting (3F)</p>
<p>9:00 Morning Tunes and Visits 2</p> <p>10:30 Virtual Worship</p> <p>2:15 Movie Afternoon (3F)</p>	<p>9:00 Morning Visits (3F) 3</p> <p>10:30 Fun facts (3F)</p> <p>2:15 Card & Board Games (3F)</p> <p>2:15 Cultural Awareness</p>	<p>9:00 Colouring (3F) 4</p> <p>10:30 Travelogue (3F)</p> <p>1:30 Physio Exercise Class</p> <p>2:15 Smoothie Social (3F)</p> <p>6:15 Projector Games (AR)</p>	<p>9:00 Montessori (3F) 5</p> <p>10:30 Animal Documentary (3F)</p> <p>2:15 Chapel Service (3F)</p> <p>6:15 Craft Corner (AR)</p>	<p>9:00 Morning Exercise (3F) 6</p> <p>10:30 BINGO (3F)</p> <p>2:15 Nutella Hot Coffee Social (3F)</p> <p>6:15 Movie Night (3F)</p>	<p>9:00 Puzzle (3F) 7</p> <p>10:30 Manicures (3F)</p> <p>1:30 Physio Exercises</p> <p>2:15 Projector Games (3F)</p>	<p>9:00 Busy Bee (3F) 8</p> <p>10:30 AGT Golden Buzzer (3F)</p> <p>2:15 Painting (3F)</p>
<p>9:00 Morning Tunes and Visits 9</p> <p>10:30 Virtual Worship</p> <p>2:15 Movie Afternoon (3F)</p>	<p>9:00 Morning Visits (3F) 10</p> <p>10:30 Fun facts (3F)</p> <p>2:15 Card & Board Games (3F)</p>	<p>9:00 Colouring (3F) 11</p> <p>10:30 Travelogue (3F)</p> <p>1:30 Physio Exercise Class</p> <p>2:15 Chocolate Fondue</p> <p>6:30 Animal Documentary (3F)</p> <p>7:00 Ball Toss (3F)</p>	<p>9:00 Montessori (3F) 12</p> <p>10:30 Animal Documentary (3F)</p> <p>1:30 Staff Meeting</p> <p>2:15 Chapel Service (3F)</p> <p>7:00 Montessori</p>	<p>9:00 Morning Exercise (3F) 13</p> <p>10:30 BINGO (3F)</p> <p>2:15 Music Appreciation (3F)</p> <p>5:30 Valentines Day Dinner (AR)</p> <p>6:15 Movie Night (3F)</p>	<p>9:00 Puzzle (3F) 14</p> <p>10:30 Manicures (3F)</p> <p>1:30 Physio Exercises</p> <p>2:15 Projector Games (3F)</p> <p>6:15 Colouring (3F)</p>	<p>9:00 Busy Bee (3F) 15</p> <p>10:30 AGT Golden Buzzer (3F)</p> <p>2:15 Baking Group (AR)</p>
<p>9:00 Morning Tunes and Visits 16</p> <p>10:30 Virtual Worship</p> <p>2:15 Movie Afternoon (3F)</p>	<p>9:00 Morning Visits (3F) 17</p> <p>10:30 Fun facts (3F)</p> <p>2:15 Card & Board Games (3F)</p> <p>6:15 Smore's Social (5F)</p>	<p>9:00 Colouring (3F) 18</p> <p>10:30 Travelogue (3F)</p> <p>1:30 Physio Exercise Class</p> <p>2:15 Women's Club (AR)</p> <p>6:15 Movie Night (3F)</p>	<p>9:00 Montessori (3F) 19</p> <p>10:30 Animal Documentary (3F)</p> <p>2:15 Chapel Service (3F)</p> <p>6:15 Axe Throwing (AR)</p>	<p>9:00 Morning Exercise (3F) 20</p> <p>10:30 BINGO (3F)</p> <p>2:15 Music w Blue Skies (3F)</p> <p>6:15 Movie Night (3F)</p>	<p>9:00 Puzzle (3F) 21</p> <p>10:30 Manicures (3F)</p> <p>1:30 Physio Exercises</p> <p>2:15 Projector Games (3F)</p>	<p>9:00 Reading 1:1 (3F) 22</p> <p>10:30 AGT Golden Buzzer (3F)</p> <p>2:15 Craft Corner (3F)</p>
<p>9:00 Morning Tunes and Visits 23</p> <p>10:30 Virtual Worship</p> <p>2:15 Baking Group (AR)</p>	<p>9:00 Morning Visits (3F) 24</p> <p>10:30 Fun facts (3F)</p> <p>2:15 Card & Board Games (3F)</p> <p>2:30 Horse Visits (3F)</p>	<p>9:00 Colouring (3F) 25</p> <p>10:30 Residents Council (AR)</p> <p>10:30 Travelogue (3F)</p> <p>1:00 Swimming (Rules Apply, See REC for details)</p> <p>1:30 Physio Exercise Class</p> <p>6:15 Movie Night (3F)</p>	<p>9:00 Montessori (3F) 26</p> <p>10:00 Catholic Communion (AR)</p> <p>10:30 Animal Documentary (3F)</p> <p>2:15 Chapel Service (3F)</p> <p>7:00 Celebration Of Life Service (AR)</p>	<p>9:00 Morning Exercise (3F) 27</p> <p>10:30 BINGO (3F)</p> <p>2:15 French Fries Social (AR)</p> <p>6:15 Movie Night (3F)</p>	<p>9:00 Puzzle (3F) 28</p> <p>10:30 Manicures (3F)</p> <p>1:30 Physio Exercises</p> <p>2:15 Birthday Party</p> <p>6:15 Colouring (3F)</p>	

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<p>Programs are designed to meet a variety of needs and are subject to change to benefit the residents. For further information, please contact the recreation office at ext. 224 or email at cpprograms@southbridgecare.com</p>				<p>"The greatest thing you'll ever learn, is just to love, and be loved in return." - Moulin Rouge</p>		<p>9:00 Calendar Visits 1 10:30 Manicures (2F) 2:15 Colouring (2F)</p>
<p>9:00 Morning Tunes and Visits 2 10:30 Virtual Worship 2:15 Balloon Tennis (2F)</p>	<p>9:00 Colouring (2F) 3 10:30 Good Morning, Good News (AR) 11:00 Physio Exercise Class 2:15 Cultural Awareness</p>	<p>2:15 Face Paint and Body Art (2F) 4 6:15 Sensory play (2F)</p>	<p>9:00 Escape Room (2F) 5 10:30 Chapel Service (AR) 11:00 Physio Exercise Class 2:15 Cards and Board Games (AR)</p>	<p>10:00 BINGO (2F) 6 11:00 Physio Exercises 2:15 Visits</p>	<p>9:00 Snap Chat Photo Shoot (2F) 7 10:30 Clay Creations 2:15 Axe Throwing (2F)</p>	<p>9:00 Baking (AR) 8 10:30 BINGO (2F) 2:00 Movie Afternoon (AR)</p>
<p>9:00 Morning Tunes and Visits 9 10:30 Virtual Worship 2:15 Superbowl Party (2F)</p>	<p>10:30 Activity Sheets 10 11:00 Physio Exercise Class 2:15 Card and Board Games</p>	<p>2:15 Projector Games (2F) 11 5:30 Valentines Day Dinner 7:00 Sensory Visits</p>	<p>9:00 Reading Rainbow 12 10:30 Chapel Service (2F) 11:00 Physio Exercise Class 1:30 Staff Meeting</p>	<p>9:00 Smell it challenge (2F) 13 10:00 BINGO (2F) 11:00 Physio Exercises 2:15 Bocce Ball (2F)</p>	<p>9:00 Colouring (2F) 14 10:30 Love Song Trivia (2F) 2:15 Valentines Day Party (2F)</p>	<p>9:00 Visits 15 10:30 Manicures (2F) 2:15 Colouring (2F)</p>
<p>9:00 Morning Tunes and Visits 16 10:30 Virtual Worship 2:15 Balloon Tennis (2F)</p>	<p>9:00 Visits 17 10:30 Bowling (AR) 11:00 Physio Exercise Class 2:15 Paint Clay Creations (2F)</p>	<p>2:15 Mario Cart Challenge (AR) 18 6:15 Paint Night (AR)</p>	<p>9:00 Would You Rather (2F) 19 10:30 Chapel Service (AR) 11:00 Physio Exercise Class 2:15 Cards and Board Games (AR)</p>	<p>10:00 BINGO (2F) 20 11:00 Physio Exercises 2:15 Visits</p>	<p>9:00 Murder Mystery (2F) 21 10:30 Craft Corner (2F) 2:15 Darts (2F)</p>	<p>9:00 Visits 22 10:30 BINGO (2F) 2:00 Movie Afternoon (AR)</p>
<p>9:00 Morning Tunes and Visits 23 10:30 Virtual Worship 2:15 Trivia (2F)</p>	<p>10:30 Activity Sheets 24 11:00 Physio Exercise Class 2:00 Horse Visits (2F)</p>	<p>10:30 Residents Council (AR) 25 1:00 Swimming (Rules Apply, See REC for details) 6:00 Movie Night (AR)</p>	<p>9:00 Colouring (2F) 26 10:00 Catholic Communion (AR) 10:30 Chapel Service (AR) 11:00 Physio Exercise Class 2:15 Travelogue (2F) 7:00 Celebration Of Life Service (AR)</p>	<p>9:00 Tattoo Shop (2F) 27 10:00 BINGO (2F) 11:00 Physio Exercises 2:15 Music w Jim Ashby (2F)</p>	<p>9:00 Good Morning Visits (2F) 28 10:30 All Request Hour (2F) 2:15 Birthday Party</p>	