



# March 2025

## Chelsey Park Long Term Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Programs are designed to meet a variety of needs and are subject to change to benefit the residents.</p> <p>For further information, please contact the recreation office at ext. 224 or <a href="mailto:cpprograms@southbridge.com">cpprograms@southbridge.com</a>.</p> <p>I hope you have a great rest of your day :)</p>						
<p>9:00 Morning Tunes and Visits <b>2</b></p> <p>10:30 Virtual Worship</p> <p>2:15 Baking(AR)</p>	<p>9:00 Piano Music <b>3</b></p> <p>10:30 Visits</p> <p>2:15 Craft Corner (4F)</p>	<p>Shrove Tuesday <b>4</b></p> <p>9:00 Current Events</p> <p>10:30 Balloon Tennis</p> <p>11:00 Physio Exercises</p> <p>2:15 Pancake Bar (4F)</p>	<p>Ash Wednesday <b>5</b></p> <p>10:00 Catholic Communion (AR)</p> <p>1:30 Physio Exercises</p> <p>2:15 Cards and Board Games (AR)</p> <p>6:00 Movie Night (4F)</p>	<p>9:00 Travelogue <b>6</b></p> <p>10:30 BINGO (4F)</p> <p>2:15 Mardi Gras Craft (4F)</p>	<p>9:00 1:1 Reading Visits <b>7</b></p> <p>10:30 Virtual Worship</p> <p>11:00 Physio Exercise Class</p> <p>2:15 Mardi Gras Party Cart</p>	<p>9:00 Calendar Visits <b>1</b></p> <p>10:30 Short Stories and Morning Stretch</p> <p>2:15 It's Trivia Time!</p>
<p>9:00 Morning Tunes and Visits <b>9</b></p> <p>10:30 Virtual Worship</p> <p>2:15 Baking Group</p> <p>2:15 Giant Puzzle</p>	<p>9:00 Piano Music <b>10</b></p> <p>10:30 Visits</p> <p>2:15 Manicures</p>	<p>9:00 Current Events <b>11</b></p> <p>10:30 Balloon Tennis</p> <p>11:00 Physio Exercises</p> <p>2:15 Johnny Appleseed, Apple Crisp Baking (AR)</p>	<p>1:30 Physio Exercises <b>12</b></p> <p>2:15 High Tea Party (AR)</p> <p>6:15 Mario Kart Challenge (4F)</p>	<p>9:00 Montessori <b>13</b></p> <p>10:30 BINGO (4F)</p> <p>2:15 Music w Gary McGill</p>	<p>9:00 1:1 Reading Visits <b>14</b></p> <p>10:30 Tie-Dye Day (4F)</p> <p>11:00 Physio Exercise Class</p> <p>2:15 Chapel Service</p>	<p>9:00 Morning Reminiscing <b>15</b></p> <p>10:30 Short Stories and Morning Stretch</p> <p>2:15 Barbie Movie (AR)</p>
<p>9:00 Morning Tunes and Visits <b>16</b></p> <p>10:30 Virtual Worship</p>	<p>St. Patricks Day <b>17</b></p> <p>9:00 Piano Music</p> <p>10:30 Visits</p> <p>2:15 Green Beer, Good Times</p>	<p>9:00 Current Events <b>18</b></p> <p>10:30 Balloon Tennis</p> <p>11:00 Physio Exercises</p> <p>2:15 Manicures</p>	<p>10:30 STAFF Baking (AR) <b>19</b></p> <p>1:30 Physio Exercises</p> <p>2:15 Card &amp; Board Games (AR)</p> <p>6:15 Hangman</p>	<p>9:00 FUN FACTS! <b>20</b></p> <p>10:30 BINGO (4F)</p> <p>2:15 Happy Day Cookies</p>	<p>9:00 1:1 Reading Visits <b>21</b></p> <p>10:30 Chapel Service</p> <p>11:00 Physio Exercise Class</p> <p>2:15 Smoothie Bar (4F)</p>	<p>9:00 Morning Reminiscing <b>22</b></p> <p>10:30 Short Stories and Morning Stretch</p> <p>2:15 AGT</p>
<p>9:00 Morning Tunes and Visits <b>23</b></p> <p>10:30 Virtual Worship</p> <p>2:15 Colouring</p>	<p>9:00 Piano Music <b>24</b></p> <p>10:30 Visits</p> <p>2:15 Ms. Pretzels (4F)</p>	<p>9:00 Current Events <b>25</b></p> <p>10:30 Balloon Tennis</p> <p>11:00 Physio Exercises</p> <p>2:00 Swimming (See Rec for details)</p>	<p>1:30 Physio Exercises <b>26</b></p> <p>2:15 March Birthday Party</p> <p>6:15 iPad Visits</p>	<p>9:00 Travelogue <b>27</b></p> <p>10:30 BINGO (4F)</p> <p>2:15 Jewelry Making (4F)</p>	<p>9:00 1:1 Reading Visits <b>28</b></p> <p>10:30 Chapel Service</p> <p>11:00 Physio Exercise Class</p> <p>2:15 It's Trivia Time</p>	<p>9:00 Morning Reminiscing <b>29</b></p> <p>10:30 Short Stories and Morning Stretch</p> <p>2:15 Movie Afternoon (4F)</p>
<p>9:00 Morning Tunes and Visits <b>30</b></p> <p>10:30 Virtual Worship</p> <p>2:15 Baking Group (AR)</p>	<p>9:00 Piano Music <b>31</b></p> <p>10:30 Visits</p> <p>2:15 Giant Connect Four</p>	<p>"By March, the worst of the winter would be over. The snow would thaw, the rivers begin to run and the world would wake into itself again."</p> <p>-Neil Saiman</p>				



March, when days are getting long, Let thy growing hours be strong to set right some wintry wrong.  
5th Floor



# March 2025

## Chelsey Park Long Term Care



**SOUTHBRIDGE**  
CARE HOMES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>Programs are designated to meet variety's of needs and are subject to change to benefit the residents. For Further information, contact the recreation office at ext.224 or email at <a href="mailto:cpprograms@southbridgecare.com">cpprograms@southbridgecare.com</a>. Thank You</p> <p>Recreation Aide-Nidhi</p>				<p>9:00 Calendar Visits <b>1</b> 10:30 Puzzle 2:15 Movie Afternoon</p>
<p>9:00 Morning Tunes and Visits <b>2</b> 10:30 Virtual Worship 2:15 Trivia</p>	<p>10:15 Colouring (5F) <b>3</b> 11:00 Physio exercises 2:00 All Request Music Hour</p>	<p>Shrove Tuesday <b>4</b> 9:00 Morning Visits 10:30 Current Events 2:15 Pancake Social (AR)</p>	<p>Ash Wednesday <b>5</b> 9:00 Game Visits 10:00 Catholic Communion (AR) 10:30 Manicures 11:00 Physio Exercise Class 2:15 Cards and Board Games (AR)</p>	<p>9:00 Morning Exercise <b>6</b> 10:30 BINGO 2:15 Cheezy Nachos Cart</p>	<p>9:00 Reading 1:1 <b>7</b> 10:30 Mardi Gras Craft 11:00 Physio Exercises 2:15 Mardi Gras Party Cart 2:15 Virtual Worship</p>	<p>9:00 Visits <b>8</b> 10:30 Puzzle 2:15 Movie Afternoon</p>
<p>9:00 Morning Tunes and Visits <b>9</b> 10:30 Virtual Worship 2:15 Trivia</p>	<p>9:00 Rolls &amp; Strolls <b>10</b> 11:00 Physio exercises 2:15 Card &amp; Board Games (AR) 6:15 Movie Night</p>	<p>9:00 Morning Visits <b>11</b> 10:30 Mario Cart Challenge (AR) 2:15 Johnny Appleseed, Apple Crisp Baking (AR)</p>	<p>9:00 Game Visits <b>12</b> 10:15 Chapel Service (5F) 11:00 Physio Exercise Class 2:15 High Tea Party (AR)</p>	<p>9:00 Morning Exercise <b>13</b> 10:30 BINGO 2:15 Holi Festive Craft</p>	<p>9:00 Reading 1:1 <b>14</b> 10:30 Manicures 11:00 Physio Exercises 2:00 Tie - Dye Day</p>	<p>9:00 Visits <b>15</b> 10:30 Mini Golf 2:15 Movie Afternoon</p>
<p>9:00 Morning Tunes and Visits <b>16</b> 10:30 Virtual Worship 2:15 Baking Group (AR)</p>	<p>St. Patricks Day <b>17</b> 11:00 Physio exercises 2:15 Green Beer, Good Times 6:15 Current Events</p>	<p>9:00 Morning Visits <b>18</b> 10:30 Trivia Time 2:15 Spring Season Craft (AR)</p>	<p>9:00 Game Visits <b>19</b> 10:30 STAFF Baking (AR) 11:00 Physio Exercise Class 2:15 Card &amp; Board Games (AR)</p>	<p>9:00 Morning Exercise <b>20</b> 10:30 BINGO 2:15 Music w Susie Q 2:15 Happy Day Cookies Cart</p>	<p>9:00 Reading 1:1 <b>21</b> 10:30 Manicures 11:00 Physio Exercises 2:15 Chapel Service (5F)</p>	<p>9:00 Visits <b>22</b> 10:30 Puzzle 2:15 Movie Afternoon</p>
<p>9:00 Morning Tunes and Visits <b>23</b> 10:30 Virtual Worship 2:15 Trivia</p>	<p>11:00 Physio exercises <b>24</b> 2:15 Card &amp; Board Games (AR) 6:15 Movie Night</p>	<p>9:00 Morning Visits <b>25</b> 11:00 Residents Council Meeting 2:00 Swimming (See Rec for details)</p>	<p>9:00 Game Visits <b>26</b> 10:30 Sing Along 11:00 Physio Exercise Class 2:15 March Birthday Party</p>	<p>9:00 Morning Exercise <b>27</b> 10:30 BINGO 2:15 French Fries Social (AR)</p>	<p>9:00 Reading 1:1 <b>28</b> 10:30 Manicures 11:00 Physio Exercises 2:15 Chapel Service (5F)</p>	<p>9:00 Visits <b>29</b> 10:30 Connect 4 Game 2:15 Movie Afternoon</p>
<p>9:00 Morning Tunes and Visits <b>30</b> 10:30 Virtual Worship 2:15 Baking Group (AR)</p>	<p>11:00 Physio exercises <b>31</b> 2:15 Card &amp; Board Games (AR) 6:15 Clay Modelling</p>	<p><b>HAPPY ST. PATRICK'S DAY</b></p>				<p><b>LEGEND</b></p> <p>AR= Activity Room</p> <p>1:1= One To One Visit</p> <p>5F= 5th Floor</p>



Legend  
 2F - Second Floor  
 AR - Activity Room  
 B - Balcony  
 G - Garden

2nd Floor

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<p>9:00 Morning Tunes and Visits <b>2</b>                  10:30 Virtual Worship                  2:15 Room Visits</p>	<p>9:00 Good Morning Visits <b>3</b>                  10:30 Trivia (2F)                  11:00 Physio Exercise Class                  2:15 Switch Bowling (2F)</p>	<p>Shrove Tuesday <b>4</b>                  2:15 Pancake Cart (2F)                  8:00 Movie Night (AR)</p>	<p>Ash Wednesday <b>5</b>                  9:00 Room Visits                  10:00 Catholic Communion (AR)                  11:00 Physio Exercise Class                  2:15 Cards and Board Games (AR)</p>	<p>9:00 Reading 1:1 2F <b>6</b>                  10:00 BINGO (2F)                  11:00 Physio Exercises                  2:15 Bowling (AR)</p>	<p>9:00 Good Morning Chit Chats <b>7</b>                  10:30 Mardi Gras Craft Corner (AR)                  2:15 Mardi Gras Party Cart</p>	<p>9:00 Visits <b>8</b>                  10:30 BINGO (2F)                  2:00 Movie Afternoon (AR)</p>
<p>9:00 Morning Tunes and Visits <b>9</b>                  10:30 Virtual Worship                  2:15 Baking (2F)</p>	<p>10:30 Visits <b>10</b>                  11:00 Physio Exercise Class                  2:15 Balloon Tennis 2F</p>	<p>8:00 Breakfast Club (2F) <b>11</b>                  2:15 Painting (2F)                  6:15 Johnny Appleseed Day - Apple Crisp</p>	<p>9:00 Craft Corner <b>12</b>                  10:30 High Tea Party (AR)                  11:00 Physio Exercise Class</p>	<p>9:00 Good Morning Visits <b>13</b>                  10:00 BINGO (2F)                  11:00 Physio Exercises                  2:15 Sing-a-long</p>	<p>9:00 Reading Rainbow <b>14</b>                  10:30 Chapel Service (AR)                  2:00 Tie - Dye Day</p>	<p>9:00 Manicures 2F <b>15</b>                  10:30 Baking (AR)                  2:15 Craft Corner (2F)</p>
<p>9:00 Morning Tunes and Visits <b>16</b>                  10:30 Virtual Worship                  2:15 Visits</p>	<p>St. Patricks Day <b>17</b>                  9:00 Bedroom Bingo (2F)                  10:30 Music Appreciation (2F)                  11:00 Physio Exercise Class                  2:15 Green Beer, Good Times</p>	<p>2:15 Knitting Club (2F) <b>18</b>                  6:00 Movie Night (AR)</p>	<p>9:00 STAFF Bake Day <b>19</b>                  10:30 Chapel Service (AR)                  11:00 Physio Exercise Class                  2:15 Card &amp; Board Games (AR)</p>	<p>10:00 BINGO (2F) <b>20</b>                  11:00 Physio Exercises                  2:15 Happy Day Cookies</p>	<p>9:00 Morning Visits <b>21</b>                  10:30 Spring Craft Corner (2F)                  2:15 Comedy Hour (2F)</p>	<p>9:00 Morning Visits <b>22</b>                  10:30 BINGO (2F)                  2:00 Movie Afternoon (AR)</p>
<p>9:00 Morning Tunes and Visits <b>23</b>                  10:30 Virtual Worship                  2:15 Large Connect Four (2F)</p>	<p>10:30 Bocce Ball (2F) <b>24</b>                  11:00 Physio Exercise Class                  2:15 Word Games 2F</p>	<p>10:00 Residents Council (AR) <b>25</b>                  2:00 Swimming (See Rec for details)                  6:15 Craft Corner</p>	<p>9:00 Room Visits <b>26</b>                  10:30 Chapel Service (AR)                  11:00 Physio Exercise Class                  2:15 March Birthday Party</p>	<p>9:00 Murder Mystery <b>27</b>                  10:00 BINGO (2F)                  11:00 Physio Exercises                  2:00 Music w Tara (2F)</p>	<p><b>28</b>                  Spa Day</p>	<p>9:00 Rolls &amp; Strolls <b>29</b>                  10:30 Colouring                  2:15 Manicures</p>
<p>9:00 Morning Tunes and Visits <b>30</b>                  10:30 Virtual Worship                  2:15 Walk around the Block</p>	<p>9:00 Ipad Visits (2F) <b>31</b>                  10:30 Ball Toss (2F)                  11:00 Physio Exercise Class                  2:15 Balcony Visits (B)</p>					



March is the month that brings hope to the soul and warmth to the heart.”

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<p>9:00 Morning Tunes and Visits <b>2</b> 10:30 Virtual Worship 2:15 Baking(AR)</p>	<p>9:00 Morning Visits <b>3</b> 10:30 Fun facts 2:15 Clay Modelling 6:15 Montessori</p>	<p>Shrove Tuesday <b>4</b> 9:00 Colouring 10:30 Travelogue 1:30 Physio Exercise Class 2:15 Pancake Social (AR) 6:15 Movie Night</p>	<p>Ash Wednesday <b>5</b> 9:00 Montessori 10:00 Catholic Communion (AR) 10:30 Animal Documentary 2:15 Chapel Service (3F)</p>	<p>9:00 Morning Exercise <b>6</b> 10:30 BINGO (3F) 2:15 Music w Cam Denomme (AR)</p>	<p>9:00 Puzzle <b>7</b> 10:30 Mardi Gras Craft 1:30 Physio Exercises 2:15 Mardi Gras Party Cart</p>	<p>9:00 Reading 1:1 <b>8</b> 10:30 Board Games 2:15 Movie Afternoon</p>
<p>9:00 Morning Tunes and Visits <b>9</b> 10:30 Virtual Worship 2:15 Baking Group (AR)</p>	<p>9:00 Morning Visits <b>10</b> 10:30 Fun facts 2:15 Card &amp; Board Games</p>	<p>9:00 Colouring <b>11</b> 10:30 Travelogue 1:30 Physio Exercise Class 2:15 Johnny Appleseed, Apple Crisp Baking (AR)</p>	<p>9:00 Montessori <b>12</b> 10:30 High Tea Party (AR) 2:15 Chapel Service</p>	<p>9:00 Morning Exercise <b>13</b> 10:30 BINGO (3F) 2:15 Holi Festive Craft</p>	<p>9:00 Puzzle <b>14</b> 10:30 Manicures 1:30 Physio Exercises 2:00 Tie - Dye Day</p>	<p>9:00 Reading 1:1 <b>15</b> 10:30 AGT Golden Buzzer 2:15 Movie Afternoon</p>
<p>9:00 Morning Tunes and Visits <b>16</b> 10:30 Virtual Worship 2:15 Baking Group (AR)</p>	<p>St. Patricks Day <b>17</b> 9:00 Morning Visits 10:30 Fun facts 2:15 Green Beer, Good Times</p>	<p>9:00 Colouring <b>18</b> 10:30 Travelogue 1:30 Physio Exercise Class 2:15 Spring Season Craft (AR)</p>	<p>9:00 Montessori <b>19</b> 10:30 STAFF Baking (AR) 2:15 Chapel Service (3F)</p>	<p>9:00 Morning Exercise <b>20</b> 10:30 BINGO (3F) 2:15 Happy Day Cookies</p>	<p>9:00 Puzzle <b>21</b> 10:30 Manicures 1:30 Physio Exercises 2:15 Sing Along</p>	<p>9:00 Reading 1:1 <b>22</b> 10:30 Board Games 2:15 Movie Afternoon</p>
<p>9:00 Morning Tunes and Visits <b>23</b> 10:30 Virtual Worship 2:15 Baking Group (AR)</p>	<p>9:00 Morning Visits <b>24</b> 10:30 Fun facts 2:15 Card &amp; Board Games 6:15 Montessori</p>	<p>9:00 Colouring <b>25</b> 10:30 Travelogue 1:30 Physio Exercise Class 2:00 Swimming (See Rec for details) 2:15 Smoothie Cart 6:15 Movie Night</p>	<p>9:00 Montessori <b>26</b> 2:15 Chapel Service (3F) 2:15 March Birthday Party 6:15 iPad Visits</p>	<p>9:00 Morning Exercise <b>27</b> 10:30 BINGO (3F) 2:15 French Fries Social (AR) 6:15 Movie Night</p>	<p>9:00 Puzzle <b>28</b> 10:30 Manicures 1:30 Physio Exercises 2:15 Music Appreciation 6:15 Colouring</p>	<p>9:00 Reading 1:1 <b>29</b> 10:30 AGT Golden Buzzer 2:15 Painting</p>
<p>9:00 Morning Tunes and Visits <b>30</b> 10:30 Virtual Worship 2:15 Baking Group (AR)</p>	<p>9:00 Morning Visits <b>31</b> 10:30 Fun facts 2:15 Card &amp; Board Games 6:15 Montessori</p>	<p><b>HAPPY St. Patrick's DAY</b></p>				<p>LEGEND</p> <p>AR= Activity Room</p> <p>1:1= One To One Visit</p> <p>3F= 3rd Floor</p>