


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9:00 Calendar visit 1 10:30 Chapel Service (AR) 1:30 Physio Exercises 2:15 Manicures 6:15 Colouring	9:00 Visits 2 10:30 Java Music (AR) 2:15 Baking Group (AR)
9:00 Hymn Sing(3F) 3 10:30 Virtual Worship 2:15 BINGO (G)	9:00 Morning Visits 4 10:30 Fun Facts 2:15 Card & Board Games 6:15 Campfire (G)	9:00 Colouring 5 10:30 Mobility with Matt (AR) 1:30 Physio Exercise Class 2:15 Go with the flow 6:15 Balloon Toss	9:45 Poetry (AR) 6 10:30 VR Sets 2:15 Hawaiian Beach Party (G) 6:15 Card and board games	9:00 Busy Bee Activities 7 10:30 BINGO (3F) 2:15 Sing-Along (3F)	9:00 Puzzle 8 10:30 Chapel Service (AR) 1:30 Physio Exercises 2:15 Axe Throwing (G) 6:15 Colouring	9:00 Visits 9 10:30 Garden Visits 2:15 Hand Massages (3F)
9:00 Hymn sing (3F) 10 10:30 Virtual Worship 2:15 Movie Afternoon	9:00 Morning Visits 11 10:30 Fun Facts 2:15 Card & Board Games 6:15 Montessori	9:00 Colouring 12 10:30 Mobility with Matt (AR) 1:30 Physio Exercise Class 2:15 Women's Club (G) 6:15 Axe Throwing	9:00 1:1 Reading 13 9:45 Drum Circle (AR) 2:15 Knitting Club (G) 6:15 Ice Cream Party w Tara	9:00 Busy Bee Activities 14 10:30 BINGO (3F) 2:15 Music w Susie Q (AR) 6:15 Target Practice (Nerf Guns)	9:00 Puzzle 15 10:30 Chapel Service (AR) 1:30 Physio Exercises 2:15 Manicures 6:15 Colouring	9:00 Visits 16 10:30 Java Music (AR) 2:15 Baking Group (AR)
9:00 Hymn sing (3F) 17 10:30 Virtual Worship 2:15 Water Balloon Fight (G)	9:00 Morning Visits 18 10:30 Fun Facts 2:15 Card & Board Games 6:15 French Fry Day (AR/G)	9:00 Colouring 19 10:30 Mobility with Matt (AR) 1:30 Physio Exercise Class 2:15 Go with the flow 6:15 Balloon Toss	9:00 1:1 Reading 20 1:45 Staff Meeting 6:15 Card and Board games 7:00 Celebration Of Life Service (AR)	9:00 Busy Bee Activities 21 10:30 BINGO (3F) 2:15 Sing-Along (3F)	9:00 Puzzle 22 10:30 Chapel Service (AR) 1:30 Physio Exercises 2:15 Manicures 6:15 Colouring	9:00 Visits 23 10:30 Garden Visits 2:15 Cotton Candy (G)
9:00 Hymn sing (3F) 24 10:30 Virtual Worship 2:15 Movie Afternoon	9:00 Morning Visits 25 10:30 Fun Facts 2:15 Card & Board Games 6:15 Montessori	9:00 Colouring 26 10:30 Mobility with Matt (AR) 1:30 Physio Exercise Class 2:15 August Birthday Party (G) 6:15 Axe Throwing	9:00 1:1 Reading 27 10:00 Catholic Communion (AR) 10:30 Residents Council (AR) 11:00 Mandarin (Rules Apply, See REC for details)	9:00 Busy Bee Activities 28 10:30 BINGO (3F) 2:15 Music with Larry Smith (AR) 6:15 Target Practice (Nerf Guns)	9:00 Puzzle 29 10:30 Chapel Service (AR) 1:30 Physio Exercises 2:15 Manicures 6:15 Colouring	9:00 Visits 30 10:30 Java Music (AR) 2:15 Baking Group (AR)
9:00 Hymn sing (3F) 31 10:30 Virtual Worship 2:15 Popsicles in the Garden (G)	Programs are designed to meet a variety of needs and are subject to change to benefit the residents. For further information please contact the recreation office @ ext. 224					

Legend
L- Lobby
G- Garden
2F- Second Floor
AR- Activity Room
2B- Second Floor Balcony

2nd

August 2025
Chelsey Park Long Term Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9:00 Calendar Visits 1 10:30 Chapel Service (AR) 2:15 Music in the Garden (G)	9:00 Kitten Visits 2 10:30 UNO Competition (2F) 2:15 Garden Visits (G)
9:00 Morning Tunes and Visits 3 10:30 Virtual Worship 2:15 BINGO (G)	9:00 Balcony Visits (2B) 4 10:30 Craft Corner (2F) 11:00 Physio Exercise Class 2:15 Cards & Board Games (AR)	10:30 Mobility with Matt (AR) 5 2:15 Puzzles 6:00 Movie Night (AR)	9:00 Kitty Visits 6 9:45 Poetry (AR) 11:00 Physio Exercise Class 2:15 Hawaiian Beach Party (G) 6:15 Movie Night (AR)	10:00 BINGO (2F) 7 11:00 Physio Exercises 2:15 Java Music (2F)	9:00 Visits 8 10:30 Chapel Service (AR) 2:15 Axe Throwing (G)	9:00 Baking (2F) 9 10:30 BINGO (2F) 2:00 Movie Afternoon (AR)
9:00 Morning Tunes and Visits 10 10:30 Virtual Worship 2:15 Connect Four Competitions (2F)	9:00 Ipad Visits (2F) 11 10:30 Manicures (2F) 11:00 Physio Exercise Class 2:15 Cards & Board Games (AR)	10:30 Mobility with Matt (AR) 12 2:15 VR Games (2F) 6:15 Smores by the fire (G)	9:45 Drum Circle (AR) 13 11:00 Physio Exercise Class 2:15 Knitting Club (G) 6:15 Ice Cream Party w Tara	9:00 Kitty Visits (2F) 14 10:00 BINGO (2F) 11:00 Physio Exercises 2:15 Music w Susie Q (AR)	9:00 Coffee/Tea Cart (2F) 15 10:30 Chapel Service (AR) 2:15 Popsicles in the Garden (G)	9:00 Kitten Visits 16 10:30 Short Stories (2F) 2:15 Travelogue (2F)
9:00 Morning Tunes and Visits 17 10:30 Virtual Worship 2:15 Water Balloon Fight (G)	9:00 Kitty Visits (2F) 18 10:30 Java Music (2F) 11:00 Physio Exercise Class 2:15 Cards & Board Games (AR)	10:30 Mobility with Matt (AR) 19 2:15 Manicures (2F)	8:00 Breakfast Club (AR) (See Rec for Details) 20 9:00 Ipad Visits (2F) 10:30 Trivia on the Balcony (2B) 11:00 Physio Exercise Class 1:45 Staff Meeting 7:00 Celebration Of Life Service (AR)	8:00 Eggs Your Way (2F) 21 10:00 BINGO (2F) 11:00 Physio Exercises 2:15 Music with Jim Chapman (AR)	9:00 Word Games (2F) 22 10:30 Chapel Service (AR) 2:15 All Request Hour (G)	9:00 Colouring (2F) 23 10:30 BINGO (2F) 2:00 Movie Afternoon (AR)
9:00 Morning Tunes and Visits 24 10:30 Virtual Worship 2:15 Giant Tetris (2F)	9:00 1:1 Short Stories 25 10:30 Manicures (2F) 11:00 Physio Exercise Class 2:15 Cards & Board Games (AR)	10:30 Mobility with Matt (AR) 26 2:15 August Birthday Party (G) 6:00 Movie Night (AR)	10:00 Catholic Communion (AR) 27 10:30 Residents Council (AR) 11:00 Physio Exercise Class 11:00 Mandarin (Rules Apply, See REC for details)	9:00 Visits (2F) 28 10:00 BINGO (2F) 11:00 Physio Exercises 2:15 Cherryhill Mall Outing (Rules apply, see REC for details)	9:00 Kitty Visits (2F) 29 10:30 Chapel Service (AR) 2:15 Reading Rainbow (2F)	9:00 Kitten Visits 30 10:30 Colouring (2F) 2:15 Switch Bowling (2F)
9:00 Morning Tunes and Visits 31 10:30 Virtual Worship 2:15 Popsicles in the Garden (G)						Programs are designed to meet a variety of needs and are subject to change to benefit the residents. For further information please contact the recreation office @ ext. 224 or cpprograms@southbridgecare.com

Legend:
G- Garden
O- Outdoor
4F - Fourth Floor
AR- Activity Room

4th

August 2025
Chelsey Park Long Term Care













Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9:00 Calendar Visits 1 11:00 Physio Exercise Class 2:15 Chapel Service (AR)	9:00 Morning Reminiscing 2 10:30 Short Stories and Morning Stretch 2:15 Baking (AR)
9:00 Morning Tunes and Visits 3 10:30 Virtual Worship 2:15 BINGO (G)	9:00 Kitten Visits 4 10:30 Piano Music 2:15 Cards & Board Games (AR)	9:00 Current Events 5 10:30 Mobility with Matt (AR) 11:00 Physio Exercises 2:15 It's Trivia Time! (4F)	10:45 Poet Tree (G) 6 1:30 Physio Exercises 2:15 Hawaiian Beach Party (G) 6:15 Movie Night (AR)	9:00 Animal Documentary 7 10:30 BINGO (4F) 2:15 Music w Nicole Tan (AR)	9:00 Outdoor Walks (O) 8 10:30 Manicures 11:00 Physio Exercise Class 2:15 Chapel Service (AR)	9:00 Morning Reminiscing 9 10:30 Java Music (AR) 2:15 Word in Word (G)
9:00 Morning Tunes and Visits 10 10:30 Virtual Worship 2:15 Darts (AR)	9:00 Kitten Visits 11 10:30 Piano Music 2:15 Cards & Board Games (AR)	9:00 Current Events 12 10:30 Mobility with Matt (AR) 11:00 Physio Exercises 2:15 Women's Club (G)	10:00 Drum Circle (AR) 13 1:30 Physio Exercises 2:15 Knitting Club (G) 6:15 Ice Cream Party w Tara	9:00 Rolls and Strolls (O) 14 10:30 BINGO (4F) 2:15 Axe Throwing (G)	9:00 1:1 Reading Visits 15 10:30 Manicures 11:00 Physio Exercise Class 2:15 Chapel Service (AR)	9:00 Morning Reminiscing 16 10:30 Short Stories and Morning Stretch 2:15 Baking (AR)
9:00 Morning Tunes and Visits 17 10:30 Virtual Worship 2:15 Water Balloon Fight (G)	9:00 Kitten Visits 18 10:30 Piano Music 2:15 Cards & Board Games (AR)	9:00 Current Events 19 10:30 Mobility with Matt (AR) 11:00 Physio Exercises 2:15 Movie Afternoon (4F)	8:00 Breakfast Club (AR) 20 (See Rec for Details) 1:30 Physio Exercises 1:45 Staff Meeting 7:00 Celebration Of Life Service (AR)	9:00 Kitten Visits 21 10:30 BINGO (4F) 2:15 Virtual Reality (4F)	9:00 Outdoor Walks (O) 22 10:30 Manicures 11:00 Physio Exercise Class 2:15 Chapel Service (AR)	9:00 Morning Reminiscing 23 10:30 Java Music (AR) 2:15 Giant Connect Four (G)
9:00 Morning Tunes and Visits 24 10:30 Virtual Worship 2:15 It's Trivia Time! (4F)	9:00 Kitten Visits 25 10:30 Piano Music 2:15 Cards & Board Games (AR)	9:00 Current Events 26 10:30 Mobility with Matt (AR) 11:00 Physio Exercises 2:15 August Birthday Party (G)	10:00 Catholic Communion (AR) 27 10:30 Residents Council Meeting (G) 12:00 Luncheon (AR/G) (Rules apply, see REC for details) 1:30 Physio Exercises 6:15 Kitten Good NighT Visits	9:00 Montessori 28 10:30 BINGO (4F) 2:15 Music with Larry Smith (AR)	9:00 1:1 Reading Visits 29 10:30 Manicures 11:00 Physio Exercise Class 2:15 Virtual Worship	9:00 Morning Reminiscing 30 10:30 Short Stories and Morning Stretch 2:15 Baking (AR)
9:00 Morning Tunes and Visits 31 10:30 Virtual Worship 2:15 Popsicles in the Garden (G)					Programs are designed to meet a variety of needs and are subject to change to benefit the residents. For further information, please contact the recreation office at ext. 224 or cpprograms@southbridge.com .	

Legend
AR - Activity Room
G - Garden
5F - 5th Floor

5th

August 2025
Chelsey Park Long Term Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<div>9:00 Reading 1:1 10:30 Manicures 11:00 Physio Exercises 2:15 Chapel Service (AR)</div> <div>1</div>	<div>9:00 Visits 10:30 Java Music (AR) 2:15 Baking Group (AR)</div>  <div>2</div>
<div>9:00 Morning Tunes and Visits 10:30 Virtual Worship 2:15 BINGO (G)</div> <div>3</div>	<div>11:00 Physio exercises 2:15 Cards & Board Games (AR) 6:15 Campfire (G)</div> <div>4</div>	<div>9:00 Morning Visits 10:30 Mobility with Matt (AR) 2:15 Bean Bag Toss (5F)</div> <div>5</div>	<div>8:00 Eggs Your Way (5F) 9:00 Visits 10:45 Poet Tree (G) 11:00 Physio Exercise Class 2:15 Hawaiian Beach Party (G)</div> <div>6</div>	<div>9:00 1:1 Chats 10:15 BINGO (5F) 2:15 Music w Nicole Tan (AR)</div> <div>7</div>	<div>9:00 Reading 1:1 10:15 Sing-Along with Barb 11:00 Physio Exercises 2:15 Chapel Service (AR)</div> <div>8</div>	<div>9:00 Cat Visits 10:30 Garden Visits 2:15 Axe Throwing (5F)</div> <div>9</div>
<div>9:00 Morning Tunes and Visits 10:30 Virtual Worship 2:15 Balloon Toss (G)</div> <div>10</div>	<div>11:00 Physio exercises 2:15 Cards & Board Games (AR) 6:15 Movie Night (5F)</div> <div>11</div>	<div>9:00 Morning Visits 10:30 Mobility with Matt (AR) 2:15 Craft Corner (5F)</div> <div>12</div>	<div>9:00 Visits 10:00 Drum Circle (AR) 11:00 Physio Exercise Class 2:15 Knitting Club (G) 6:15 Ice Cream Party w Tara</div> <div>13</div>	<div>9:00 1:1 Chats 10:15 BINGO (5F) 2:15 Painting (5F)</div> <div>14</div>	<div>9:00 Reading 1:1 10:30 Manicures 11:00 Physio Exercises 2:15 Chapel Service (AR)</div> <div>15</div>	<div>9:00 Visits 10:30 Java Music (AR) 2:15 Baking Group (AR)</div>  <div>16</div>
<div>9:00 Morning Tunes and Visits 10:30 Virtual Worship 2:15 Water Balloon Fight (G)</div>  <div>17</div>	<div>11:00 Physio exercises 2:15 Cards & Board Games (AR) 6:15 French Fry Day (AR/G)</div>  <div>18</div>	<div>9:00 Morning Visits 10:30 Mobility with Matt (AR) 2:15 Magnetic Darts (AR)</div> <div>19</div>	<div>9:00 Visits 10:30 Outdoor Walks 11:00 Physio Exercise Class 1:45 Staff Meeting 7:00 Celebration Of Life Service (AR)</div> <div>20</div>	<div>9:00 1:1 Chats 10:15 BINGO (5F) 2:15 Music with Jim Chapman (AR)</div> <div>21</div>	<div>9:00 Reading 1:1 10:30 Manicures 11:00 Physio Exercises 2:15 Chapel Service (AR)</div> <div>22</div>	<div>9:00 Cat Visits 10:30 Garden Visits 2:15 Trivia (5F)</div> <div>23</div>
<div>9:00 Morning Tunes and Visits 10:30 Virtual Worship 2:15 Ring Toss (5F)</div> <div>24</div>	<div>11:00 Physio exercises 2:15 Cards & Board Games (AR) 6:15 Movie Night (5F)</div> <div>25</div>	<div>9:00 Morning Visits 10:30 Mobility with Matt (AR) 2:15 August Birthday Party (G)</div> <div>26</div>	<div>10:00 Catholic Communion (AR) 10:30 Residents Council Meeting (G) 11:00 Physio Exercise Class 12:00 Luncheon (AR/G) (Rules apply, see REC for details)</div> <div>27</div>	<div>9:00 1:1 Chats 10:15 BINGO (5F) 2:15 Cherryhill Mall Outing (Rules apply, see REC for details)</div> <div>28</div>	<div>9:00 Reading 1:1 10:30 Manicures 11:00 Physio Exercises 2:15 Virtual Worship</div> <div>29</div>	<div>9:00 Visits 10:30 Java Music (AR) 2:15 Baking Group (AR)</div>  <div>30</div>
<div>9:00 Morning Tunes and Visits 10:30 Virtual Worship 2:15 Popsicles in the Garden (G)</div> <div>31</div>	<div>hello</div> <div>SUMMER</div>				<div>Programs are designated to change. For further information, please contact recreation office @ ext.224</div>	